

Garden Island Sobriety

'Step One'



“We admitted we were powerless over alcohol, that our lives had become unmanageable.”



He said: Right from drink one, I wanted to control my drinking. I was afraid of what the drink could do. I was on a double date, and very careful, but my date threw up on the car. The next time I was with the guys passing around a quart of beer and this time I threw up. However, I was determined. I threw up every day that summer and by the time I entered my senior year of high school, I had gotten past that daily throwing up stage.

I'd like to say things got better, in a way they did. I didn't throw up as often, but it was tough going back to classes after drinking lunch. It was all a matter of control, a series of “this isn't going to happen again.” I had the idea that if I could just manage things better, life would be easier; yet my life became increasingly unmanageable. As I twisted this way and that, to control my drinking and its outcome, the consequences kept changing.

I had no idea that I was alcoholic, or that what I was experiencing were predictable behaviors exhibited by alcoholics. Add to my list a growing rage, resentments, boycotts of people (they let me down) and places (they disrespected me), accidents, encounters with the police (why don't they do real police work?), breakdown of relationships with friends, family, community (all their fault). Health problems mounted as my teeth decayed. Money was an issue. Morality changed to fit the situation – I had a code; who needs morality?

I had the symptoms of a condition that I could not have caused and did not deserve. I did the same thing everyday as I did in the beginning, promising myself that “this wasn't going to happen again.” One day it didn't. What had changed? I tried to credit it to a prayer, an event, or an awakening of some sort... but seriously, all I did to deserve that first sober day was to drink the day before. Sobriety came as a surprise. I was fully accustomed to breaking my promises.

Having heard of AA, I knew it was a place for non-drinkers. There I said the “right” things, and I got sober. I went to meetings, got a sponsor, joined a group, read



She said: When I first came into sobriety and the rooms of AA, I honestly didn't see the first part of Step One, the powerless over alcohol part. I knew my life was unmanageable, that I no longer had periods where I could regain control. And I definitely had the incomprehensible demoralization. Thank goodness I soon discovered after a relatively short time how much in denial I was, that my powerlessness over alcohol was directly related to my life being unmanageable.

Today with a little time under my belt I no longer have the obsession to drink but am still powerless over people, places and things. If I don't remember this fact my cunning, baffling, powerful disease is waiting for the opportunity to remind me.

An example of this very thing happened recently. I was completely caught up in fear about the economy. I had my grip so tight on our finances that when one thing came up that I didn't plan for I had a total meltdown. And this had a huge rippling effect. I was trying to control *everything*.

Then I had an “ah-ha” moment and saw how unmanageable my life had become, yet again. I really thought I had power over the economy. When I surrendered, after much pain (of course), my life again began to be more manageable.

My unmanageability is either outward, inside or both. When this happens I am back to the behaviors that got me in trouble to begin with. As always I need to get back to the basics: Open-mindedness, honesty, and willingness. Am I being open-minded about the situation or am I just wanting it go my way? And how about honesty...am I being completely honest with myself or others? Finally am I even considering being willing...willing to try something different, or maybe just let go and remember that I am powerless.

I find that no matter how much time we have, when our lives are unmanageable it goes hand in hand with being powerless. Initially it's over alcohol, later it's over people, places & things. If I don't recognize the



the book, and did the Steps ... all to stay sober. I did everything except admit that I was in fact powerless to get myself sober. I had proved that for years. When I gave it careful thought I realized that I didn't have a desire to drink; staying sober was effortless.

I tried hard to manage my sobriety; this was nothing more than my old idea that I could manage my drinking consequences ---- morphing into a sober thing. I worked so hard at never exhibiting anger that I became a very depressed door mat.

The First Step in trusting God is based on an admission of personal powerlessness and unmanageability – and accepting that this condition will never change. The Big Book uses the example of a man who has lost his legs, pointing out that he will never be normal. Alcoholism does not go away; just the desire to drink is removed. Recovery involves the loss of the illusion that we can manage our lives or that we can ensure our sobriety. Alcoholics are incapable of keeping themselves sober; a Higher Power removes the desire to drink. Seeking a spiritual way of life with The Steps helps us cope with our abnormality (alcoholism).

Anonymous, Kauai

connection I *will* once again be *powerless* over alcohol. Then my life will be genuinely unmanageable all over again. Vicious cycle isn't it?

~Kathie G., Kauai

Happy Birthday

Lopaka	12/13	1972	37 yrs
Carl K.	12/19	1981	27 yrs
Peggy S.	12/19	1986	22 yrs
Big Matt	12/16	2006	1 yr !

~About Publishing Birthdays~

Birthdays are published *the month following their occurrence*. Contact Jerrie S. luv2bnh@hawaii.rr.com to have your birthday published in the newsletter.

From Our Readers Your Thoughts on Step 1

❖ **My unmanageable life** was not seen from the surface. Everything appeared somewhat neat and tidy at first glance but inside I could not manage my emotions and my relentless self loathing thoughts. They controlled me as did my addictions.

Sobriety date 5/10/08

❖ **I had to "prove" to myself** over and over that I was powerless over alcohol. Luckily, I still made it to this fellowship. **So many us don't make it back.** I revisit Step One's truth every morning and ask God for help staying sober. As a newcomer, I remember thinking that the powerlessness made me weak but now I see that admitting it has set me free. Step One is not a cop out but rather a way out.

Sobriety date 11/2/05

Birthday Celebrations

South Shore

- **Koloa Aloha Women's 'As Bill Sees It'** - 4:30 p.m. Last Monday of month. **Cake & potluck.**
- **Aloha Group** - 7:30 p.m. Last Tuesday of the month - **Cake for Birthdays!**

East Side

- **Hui Ohana** - 7:00-8:00a.m. Last Saturday of the month. **Cake for Birthdays!**
- **Steps to Freedom** - 6:30 p.m. Last Monday of the month. **Cake & Potluck** (7:30-8:30 pm meeting).

North Shore

- **North Shore Aloha Group** - 7:30 p.m. Last Monday of the month - **Cake for Birthdays!**
- **Princeville-Hanalei Group** - 7:30 p.m. Last Thursday of the Month - **Cake for Birthdays!**



Get your Newsletter by email, send requests to:

District6newsletter@hotmail.com



It's a Spiritual Program

The Spark of the Creative Miracle

In this crucible of life our spirits are refined but the great truth for me is that this is not *my* life to be claimed anymore.

At a very crucial turning point in my life, I stopped stumbling down the road of insanity just long enough to make a decision to turn my life and will over to the care of God. Thus I found AA and sobriety.

Today it is no longer my life to use or to give away, to flaunt or to abuse, to revel in or to be proud of. This life beating inside of me belongs to God, these hands, and eyes, and voice to use. God's *timing* I have claimed to be my ally and friend. All that I encounter I ask to be used by God's strength and wisdom to an end of good. All disappointments, all suffering and hardships borne are only the crucible refining my spirit.

This is an honorable and amazing prayer to set my heart upon, yet I fall short of it every day. So I long for wisdom in handling life's obstacles but what I have found is that on a daily basis what really gets me by are gratitude and trust. These are the practical tools, the spiritual qualities I set my attitude upon, that sustain me on the journey of staying sober.

God's will 'for me' is to be useful to others and some innate part of me resonates with this. Yet I confuse God's sort of usefulness with my own instinctual needs for love and security, for acceptance and safety, for power and greed, and a reinforcement of my own pride.

My actions and feelings are distorted by human instinct and I have a built-in denial system that veils the distortion. The true nature of my motives is usually hiding behind the veil.

Anything really good that has ever happened to me, anything that has the Spark of the Creative Miracle in it, has not happened by my planning or by my power. I did not know that it was coming, it just came. It came through me not by me. It came as a *gift*. It came in a moment of receptivity that I did not control and often I did not have forewarning of its arrival. I was just willing.

This is how the power of God works in my life. This experience explains to my mind why trust is the key to living and why gratitude will keep the door to recovery from alcoholism open.

I know only a little. But I do know that I would never have gotten sober, never be sober today, without this power, the 'Higher' Power of God, and the ignited spark of the creative miracle in the 12 Steps of Alcoholics Anonymous.

~Linda B.



~ From The Big Book

Chapter 2, 'There is a Solution' Page 25, fourth edition

'The great fact is just this, and nothing less. That we have had deep and effective spiritual experiences which have revolutionized our whole attitude toward life, toward our fellows and toward God's universe. The central fact of our lives today is the absolute certainty that our Creator has entered into our hearts and lives in a way which is indeed miraculous He has commenced to accomplish those things for us which we could never do by ourselves.'



For Newcomers

HAPPY NEW YEAR!

TIME IS A CIRCLE. THE END IS THE BEGINNING.

Day by day, a year comes and goes. Today's end is the beginning of the rest of our lives. We take with us what we have learned today. We are the same and not the same.

As long as we are alive, we will continue to wrestle with questions, seek answers, and solve problems. Let's be gentle with ourselves and others, choosing to respond with non-judging love and acceptance instead of unrealistic demands of perfection.

We have found a blueprint for recovery. Our preoccupation with not enough and too much has led us to a spiritual solution. Each day brings us new opportunities to express our development - a more patient response to a traffic jam, the ability to empathize with a child's embarrassment, the acceptance of a disappointment. Today is another day to learn how to be serene, to nurture body and spirit so that we may function as an integrated totality. We will continue to learn and grow toward recovery.

**I WILL BEGIN AND END TODAY BY LISTENING TO
MY INNER VOICE.**

Excerpts from 'Inner Harvest' by Elisabeth L. Copyright 1990 by Hazelden Foundation. Used by permission of the publisher.

ABOUT THESE SLOGANS

'ONE DAY AT A TIME'



The Program of Recovery as outlined in the Big Book is a 24 hour deal. We do this thing 'A Day at a Time.'

Before I was admitted to rehab, I was sent to see a Social Worker/ Drug Therapist. She asked if I was ready to stop drinking and drugging and I told her that I didn't want to continue life the way it was going, but wasn't sure that I could stay stopped forever. Then she asked, "Could I not drink and drug just for today?" I said that I would try. Before I left her office she told me that it would take a few days to get me into a 30 day rehab and it 'might' be better for me if I was not all juiced up. I recalled what it was like detoxing in 1974 at Riker's Island when I was all juiced on heroin and thunderbird. That was *not* any kind of fun.

I made up my mind to give it my best shot and was doing pretty well up until about three days before I was scheduled to be admitted. Some friends came over to the house with weed and drinks and at first I said no because I was going to quit. They were like "Come on it's your last Hurrah, you need to party like it's your last time." And so I did. But nothing happened. Everyone else was on Cloud Nine and I could not get a buzz, no matter how much I consumed. I did not smoke, snort or drink anything the following day, but I knew the stuff was still in my system.

I checked into the rehab on June 1, 1994. For the first three days all I could do was sleep and eat. My body and mind were totally depleted from endless nights and days of drinking and using. After the first week I was introduced to AA by way of panels and speakers coming in to share their stories. I began to relate almost immediately, but kept trying to talk myself out of having to do all the 'stuff' they did.

I thought if I could just make it to the end of this rehab deal, and get back into good graces at work, I could stay away from the stuff *all by myself*. That thinking changed when one of the guys who had been there when I first arrived was wheeled in drunk out of his head. He had celebrated 90 days clean and sober but was really in bad shape now. He told me that he *had to* drink because he could not live with the skeletons in the closet. I did not know that he was talking about the 4th and 5th Steps. He had most certainly forgotten about Step 1.

One Day At A Time that is the most important thing for me to remember. By The Grace of a Loving God and the Program of AA, I am Clean and Sober today.

Thank you for allowing me to be of service.

~Ron A



KAUAI

is Hosting

The Orientation Assembly For New GSR'S

January 24-25 2009

- **Location:** The Lihue Neighborhood Center, at 3353 Eono Street.
- **Purpose:** To familiarize the new GSR's with their duties and how Hawaii Area 17 functions.
- **Format:** 'Roundtable Sharing Sessions'.

Kauai, we need help.

Transportation Pick up our visitors from the airport and take them back. Status as of Dec. 16th: "Right now I have 6 people signed up and we need a few more", Alejandro reports.

Homestay If you have an extra room and bed you can help us by taking these GSR's to your home for one night only – **Saturday, January 24.**

Food You can also help by preparing meals.

Be part of this Service Experience - call:

Transportation: Alejandro 652-3128

(NEW ORGANIZER) Homestay: Susan O'N. 212-1858

Food: Mo 651-9116



Big Island Bash

Speakers Convention

April 24 - 29, 2009

The 21st Annual Big Island Bash will be held at the magnificent Sheraton Keauhou Bay Resort & Spa
For Registration, Schedule of Events & Accommodations

Go to www.bigislandbash.com



Oldies but Goodies

~Let's Hear it from the Old-Timers~

Back in the day - 1989/90, AA on Kauai was a bit larger than it is today. There were quarterly gatherings for picnics, and annual roundups that routinely attracted 200 or more sober AA's. All activities were free. The endorsing and certification of involuntary AA attendance was a new untested idea. Iniki had not yet arrived.

There was only one reading meeting (Koloa 12x12); neither Chapter 5 nor the Traditions (except once a month when we remembered) were read aloud. No Kauai meeting gave clap for time, no ritual chanting and no special thanking and clap for those who had the privilege of service. Very few announcements were made and certainly none for events that charged a fee. Meetings ended with a prayer, they didn't start with one. Some groups read Chapter 5, most didn't (maybe AA's could read better then). There were no closed meetings, almost all evening meetings started at 7:30, and there were no meetings that excluded people. The exception was a 6PM Sunday Gay (open) meeting. I yearn for those simpler less religiously/ritualized meetings where we shared our experience, strength and hope instead of endless reading, prayer, chanting, clapping and ritual.

Intergroup and District were the same thing. We met once a month on Saturday morning in a sunny windowed room behind Wilcox Hospital. Most reps got there early and enjoyed the AA meeting that preceded the Intergroup/District meeting. We folded schedules, used call forwarding to our home phones for answering, and planned picnics and the Roundup. Service meetings lasted about 30 minutes and we never could find any minutes. No one flew anywhere on an AA dime. We had no computer, and a minimum of organization. We went to the Tip Top for breakfast after the meeting. Things changed after Iniki, when we had a large influx of mainlanders eager to fix our backward ways.

Today Intergroup and District hold separate meetings, in different places, and there is paperwork for everything to serve our steadily dwindling AA membership. There seems to be money around too.... and it does cause problems, and organization. I wonder what all the record keeping is all about - I guess it's to help someone sue us - no other purpose that I can see.

~Anonymous Old-Timer, Kauai



A.A. Meetings



'The Water Meeting'

AT LYDGATE POND

2nd SUNDAY OF THE MONTH AT 1:00 pm

"WE MEET NO MATTER WHAT THE WEATHER IS"

BBQ /POTLUCK STARTS AT 10:30 AM

'The Waimea Canyon Group'

HOLDS A MEETING on THURSDAYS at 7:30 pm

AT THE KEKAHA BEACH PAVILLION

this isn't in the currently published schedule.

'Experience, Strength & Hope'

MEETING FRIDAYS 10AM (KAPAA FIRST HAWAIIAN)

ASKS FOR YOUR SUPPORT IN ATTENDANCE

AA Hotline 245-6677

A NEW HOTLINE COORDINATOR VOLUNTEERED!

~ Dana M. ~

YOU CAN REACH HER AT 639-2755.

We presently need someone to fill a time slot on the AA Hot Line, 8:00AM to 1:00PM every Wednesday.



Concepts Checklist

Service for Home Groups, Districts & Areas

Concept I:

Final responsibility & ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

- ✓ **Does our group** have a general service representative (G.S.R.)? Do we feel that our home group is part of A.A. as a whole and do our group's decisions and actions reflect that?
- ✓ **Do we hold** regular group conscience meetings encouraging everyone to participate?
- ✓ **Do we pass** that conscience on to the district, area, or the local intergroup meetings?
- ✓ **Is the "collective conscience"** of Alcoholics Anonymous at work in my home group? In my area?
- ✓ **Where do we fit** in the upside-down triangle of A.A.?
- ✓ **Are we willing** to do what it takes to insure that our democracy of world service will work under all conditions?

HOPE at Hina Mauka

YOUR OPPORTUNITY FOR SERVICE

- ★ Where: Hina Mauka Lihue / Outpatient Program
- ★ When: 3rd Wed. each month (one time per month)
- ★ Time: 11am - 12 noon

Contact Bebe - 639-6919 or aloha@yourbeach.com

Service is Sobriety

Our Area 17  Delegate is

Vernon G. alive@hawaii.rr.com

Kauai Intergroup

JANUARY 2009

The How and Why of Intergroup

My goal as your newly elected Intergroup Chair is to clearly define just what Intergroups do:

- Answer the phone
- Maintain meeting lists
- Supply literature/supplies
- Facilitate Fellowship events (picnics, holiday meetings)
- Prepare newsletters
- H&I work if the member groups ask for it via Group Conscience vote.
- Consider matters presented by Member Group Consciences via that group's rep. for referral back to the groups for their group conscience vote.
- Vote once per year to adopt/not adopt The Twelve Traditions as an internal working guideline.

AND WHAT THEY DON'T DO:

- Intergroup is as **different from District** as AA is to NA. While membership may be shared - money isn't and events are not co-endorsed.
- They **do not govern**.
- They **do not invent things for themselves to do**.
- They **do not rule what any AA group does or does not do**.
- They **do not spend time discussing matters that did not come from a member group's conscience** (Individual representatives at Intergroup speak for their group conscience not their own ideas).
- **Do not distribute materials promoting outside entities/events** (anything charging a fee).

I want to enhance our goal of getting people involved: I can see one person from each AA group attending Intergroup on a regular basis. I also expect Group participation in island wide events - picnics, holiday events - at virtually 100%, with additional non-AA family member involvement. This expectation may be naive - it used to happen here.... I think it will again.

The 100% participation of the past did not occur because of Intergroup promotion. IMO it was due to old-timer example. Intergroup of yesteryear enjoyed significant old-timer AA support. I think unity was harmed when "District" representatives demanded that GSR's be different people from the Intergroup and by Intergroup forgetting its purpose. The old-timers just did not want to participate in controversy.

I hope that we remember who we are and that our Kauai AA Fellowship events will enjoy 100% participation of the island's old-timers and newcomers. The planning for Fellowship events occurs within the Intergroup and I hope our meeting time will result in the enthusiastic participation of all of our Fellowship... we need each other.

~Your Intergroup Chair

Next Intergroup Meeting January 3rd, 2009 – at 9:30 am The Lihue Community Center

3353 EONO St., behind the AT&T store (across from Wal-Mart) two streets down, turn right and go down about two blocks.

Our Newly Elected Intergroup Officers

Chairperson - Anonymous

Alt-Chair - Tom R. triumph@hisemail.net

Treasurer - Susan O. 639-5904 aloha96746@yahoo.com

Secretary - Diane M. 651-7382 diannem@hawaii.rr.com

Literature- Mark M. 822-0137

Alt. Literature - Danette M. 631-9177

GIS News. - Linda B. 822-2320 linbonds@msn.com

SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup

PO Box 3606, Lihue, HI 96766

Please put your Group Name on the check.



Kauai Intergroup Treasury

November 2008 Report

Beginning balance		\$	2,555.93
INCOME			
<u>Group Contributions</u>			
Anonymous	15.00		
Daily Reflections - Kapa'a	198.90		
Exp Str & Hope - Kapa'a	27.00		
Hanalei - Princeville	84.00		
Koloa Aloha	225.00		
Koloa Friday Night Big Book Study	113.00		
Lokahi Men's - Kapa'a	50.00		
StepSisters - Kapa'a	34.00		
Sunrise Sobriety - Po'ipu	400.00		
Thank-AA-Thon	22.00		
	1,168.90		
<u>Book Sales</u>			
Daily Reflections - Kapa'a	23.32		
Hanalei - Princeville	204.91		
Koloa Friday Night BB Study	17.00		
Lokahi Men's - Kapa'a	70.00		
Sunrise Sobriety - Po'ipu	63.20		
	378.43		
TOTAL Income			1,547.33
EXPENSES			
Events - Mo - Thank-AA-Thon	73.00		
Events - Ron K - Thank-AA-Thon	87.04		
Events - Darryl C - Thank-AA-Thon	205.42		
Guardian - Literature Locker - 2 mos	322.92		
Niumalu Workshops - thru Dec 08	375.00		
Telephone	94.81		
Travel - Convention registration	25.00		
Travel - Airport parking	14.00		
TOTAL Expenses			(1,197.19)
Ending balance		\$	2,906.07

ADDRESS IT EXACTLY LIKE THIS

Send Area Contributions



To: Hawaii Area Committee
#2107

575 Cooke St., Suite A, Honolulu HI 96813
Please include "District 6" & Group Name on the check



PRAASA 2009



Pacific Region A.A. Service Assembly
Oakland, California, March 6-8, 2009

Contact the PRAASA09 committee with questions at
chair@praasa.org or hospitality@praasa.org
or write us at:

PRAASA 09, PO BOX 70373, OAKLAND, CA 94612-0373.

DCM CORNER

JANUARY 2009



FROM OUR RETIRING DCM:

ALOHA KAKOU,

Two years is quickly coming to a close. We have seen increased participation in service with more and more GSR's (aka groups) attending our Area Assemblies. We have refined our Structures and Guidelines and incorporated the Traditions and Concepts checklist to our District meeting format.

We need to continue the discussion about the trustees finance committee's advisory action request to bring our groups conscience to the vote at the Area Assembly in January. If you need more historical background or information, contact GSO directly.

Our Pacific Region Trustee, Madeline P, reported to us that Phyllis H, our past Pacific Region Trustee, has been selected to be our new General Manager of GSO. We are very excited about her appointment.

Our new Area Chair, Elizabeth M, has informed us that there is an article in the May 2008 Grapevine by Madeline P. Apparently, people were "upset" about the way Madeline dressed to be a main speaker (in a pants suit) and her response spoke to Tradition Four. I love how AA works...especially if we keep focused on the traditions, concepts and the teachings of the Big Book.

Reminder of the upcoming assemblies and committee meetings for panel 59:

- January 24-25, 2009: ORIENTATION ASSEMBLY – Kaua'i
- February 28, 2009: COMMITTEE MEETING – Leeward District (O'ahu) - confirmed
- April 11-12, 2009: INFORM THE DELEGATE ASSEMBLY – Honolulu District (O'ahu) - confirmed
- 6/20: Committee Meeting – Waikiki District (O'ahu) - tentative
- 8/22-23: Budget Assembly – No Ka Oi District (Maui) - tentative
- 10/10: Committee Meeting (optional) Windward district (O'ahu) - tentative
- November: Optional Assembly - West Hawaii (Big Island)

~In love and service, Shoshanah



FROM OUR NEWLY ELECTED DCM:

SEASON’S GREETINGS, EVERYONE!

Beginning the process of serving Kauai as District Committee Member has become a daunting task. We were forced by powers greater than ourselves to cancel the December Committee meeting, adding to my malaise about the content of this report. Nonetheless, January is upon us and it arrives bearing two very important and challenging tasks.

First of all, we have been asked to express our united conscience about the spiritual and material benefits and liabilities of fully funding Group Services with contributions solely from AA members and groups. More information is available about this important question at the area website, area17aa.org, or through GSO.

My hope is that GSR’s attending the January 12 District meeting will come prepared with their groups’ consciences and we can hammer out a District position there, or create a committee to formulate the presentation for the Orientation Assembly January 24-25. And that brings me to our second task, hosting the assembly.

The Orientation Assembly takes place at the Lihue Neighborhood Center on the 24th and 25th of Jan. 2009. Hopefully everyone is aware of this. We anticipate feeding about 120 people 5 meals over the two days (2 breakfasts, 2 lunches and dinner on Saturday). We will also need to house about 70 or 80 people Saturday night and transport folks to and from the airport, especially Saturday morning and Sunday evening.

Again, all groups are asked to participate. Please communicate your willingness to the appropriate chairperson: Mo for food preparation (651-9116), Alejandro for transportation (652-3128) and Susan ON. for home-stay (212-1858).

I have every confidence that our collective spirit will help make this assembly a very productive and memorable event for everyone who participates. Similarly, I look forward to serving our fellowship over the next two years and want to take this space to thank all who have made it possible – and that is a very long list of people both in and out of the program!

May the spirit of the season help remind us all of the great joy we have in our fellowship!

Thank you for allowing me to serve.

~Jim D., DCM

District 6 Committee Our New Panel 59

DCM - Jim D. – 652-2005 jdubuar@gmail.com

Alt-DCM - Susan O’N - 212-1858

Treasurer - Courtney P.

Secretary - Michele K.

Grapevine – Alejandro 652-3128 hernandea040@hawaii.rr.com

Archives - Mathea A. mallansmith@cs.com

**Next District Meeting January 10th
9:30 am, 3146 Akahi St., Lihue**

Kauai District Cash Flow

**December 13, 2008 District Meeting
(Items that have passed through the bank)**

Beginning Balance	942.73
DEPOSITS	
Happy Hour Group	42.50
North Shore Aloha Group	80.00
Area, for Jan Asmb Regs	450.00
Princeville/Hanalei Group	73.50
Jan Assemb, two Regs	50.00
Exp, Strngth, Hope Group	27.00
Step Sisters Group	34.00
Bank Interest 11/20/08	.05
Total Income	757.05
EXPENSES	
Ck 857 Alejandro H, Grapevine	-116.75
Ck 858 Alejandro H, Jan Assemb	42.00
For plane transfer of sound sys	
Total Expenses	-158.75
BALANCE (Nov 20, 2008)	1541.03
Prudent Reserve	-500.00

CASH AVAILABLE 1041.03
Check book balance as of 12-3-08 including deposits and expenses not yet through the bank is \$1,984.95

Submitted by Mathea A., District 6 Treasurer

SEND YOUR CONTRIBUTIONS TO:

Kaua’i District Committee

PO Box 1503, Kapa’a, HI 96746

Please include “District 6” & “Group Name” on the check

