



MYNAH BIRD

HAWAII AREA #17 NEWSLETTER

Website: www.area17aa.org

March 2014 Panel 63, Issue 6



Articles to: mynabird@area17aa.org



INSIDE THIS ISSUE:

Send Area contributions to:
 "Hawaii Area Committee"
 1253 Beretania St., #2107
 Honolulu, HI 96814-1822
 Please include "District #" & group name on check

Send GSO contributions to:
 "General Service Board"
 P. O. Box 459
 Grand Central Station
 New York, NY 10163
 Please include group service # and group name on check

- Upcoming Events 2014
- ◆ Mar 2, 10:00 a.m.— Area Officers and Committee Chairs Traveling Roadshow "There Are No Emergencies in AA"
 - ◆ Mar 7-9, 2014: PRAASA, San Diego
 - ◆ Oct 31-Nov 2: Annual Hawaii Convention (Hawaii Convention Center/Ala Moana Hotel)
- Upcoming Area 17 Assemblies 2014
- ◆ Apr 5-6 - Inform the Delegate Assembly, Diamond Head District 1 at Salvation Army Family Treatment Services 845 22nd Ave. Honolulu, Women's Way Chapel.
 - ◆ May or June - Committee Meeting, Waianae District #17
 - ◆ Aug 16-17 - Budget Assembly, Tri-Island, District 13
 - ◆ Oct or Nov - Elections Assembly, Puna, #12

50th IWC—Hawaii	2
51st IWC— Palm Springs	2
PRAASA 2014 Schedule	3
A Member's Story by Geoff W.	4
Origins of Alcoholics Anonymous	5
A Members Response	5
Word Jumble	6
Convincing Mr. Hyde	6

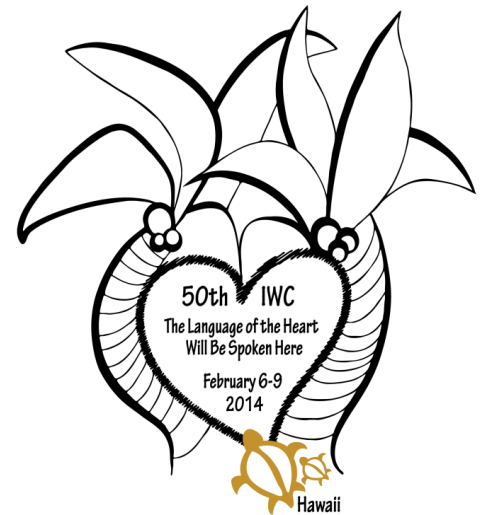
 **Feed The MynaH!**

Submit your articles for the next Mynah Bird Issue by **March 30, 2014. Do it by your smart phone recorder!** Possible topics are anything of general area A.A. interest, 12th step work, standing committees work, District functions, service work, etc. Mahalo for your service. Da Mynah Birds





50th International Women's Conference Honolulu, Oahu, Hawaii



The 50th IWC held at Hawaii's Convention Center was a huge undertaking and a successful one at that! It was wonderful to see so many women from all the islands of Hawaii mingling with those from the continental U.S. such as Cleveland, New York, California, Canada, Texas, and more and as far away as New Zealand. Kukui nut leis were draped around the necks of all visitors who attended Thursday's night Aloha Meeting.

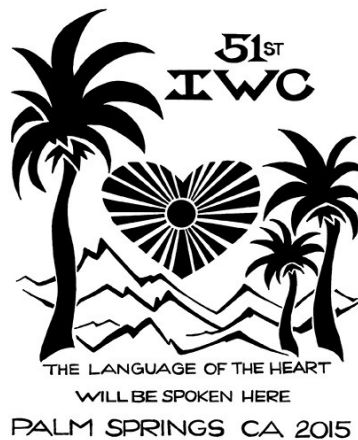
The reported total number of registrants was 2,176. There was a cadre of chairs and co-chairs under Hawaii's Host Co-Chairs Patti L. and Marcy P. Kathleen W. was the "VOICE," another name for emcee. Cute, elegant, or commanding, you decide. The rains held off that weekend which was a blessing for many who lodged at the nearby Ala Moana Hotel.

Some of the panel topics were:

- * We Are as Young as We Feel;
- * Women with Families;
- * Secrets Women Do Not Share;
- * Setting Boundaries;
- * Friends & Lovers in Recovery;
- * Courage to Be Me (GBLT—Everyone Welcome);
- * No—Perfectly Acceptable Answer...and more.

So much to write about. If you attended a panel speaker discussion or any of the featured speaker meetings and would like to share your thoughts, please contact the Mynah Bird and we will feature it in the April 2014 issue of the Mynah Bird. Mahalo.

The 50 IWC logo is made up of two coconut trees, a symbol of our Hawaiian Islands intertwined in the shape of a heart and two golden honu (turtles) which stand for our sober women attracting newcomers to our program.



Lodging for the 51st International Women's Conference will be at the Renaissance

Palm Springs Hotel (760)322-6000. Complimentary shuttle service is provided from the airport which is 1.5 miles away from the hotel between 5:30 am to 11:00 pm.



PRAASA, San Diego, March 7-9, 2014

Communicating Our Legacies—Vital in a Changing World

Town & Country Resort & Convention Center, 500 Hotel Cir N, San Diego, CA 92108

PRAASA 2014 SCHEDULE

PRAASA begins on Friday, March 7th, at 1:00pm and ends on Sunday, March 9th, at 12:15pm. Registration hours will be available beginning Thursday, March 6th, from 4:00-10:00pm for those who arrive a day early.

Friday, March 7th

8:00am-10:00pm	Registration Hours
1:00-1:15pm	Welcome and opening announcements
1:15-2:00pm	Panel 1—Pacific Region Delegates
2:15-3:30pm	Panel 2—Topic Presentation
3:45-5:00pm	Panel 3—Topic Presentation
5:00-6:45pm	Dinner Break
6:45-8:00pm	Panel 4—Topic Presentation
8:15-10:15pm	Roundtables

Saturday, March 8th

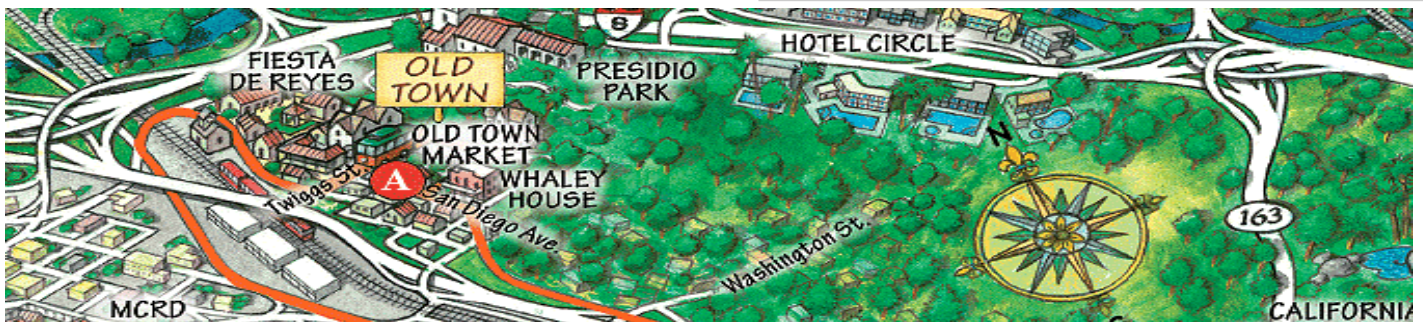
8:00am -8:00pm	Registration Hours
8:00-9:15am	Panel 5—Topic Presentation
9:30pm	Ice Cream Social

Saturday, March 8th (continue)

9:30-10:45am	Panel 6—Topic Presentation
11:00am-12:15pm	Panel 7—Topic Presentation
12:15-1:30pm	Lunch
1:30-2:00pm	Trustee's Report
2:00-3:30pm	Business Meeting
3:45-5:45pm	Roundtables
6:45pm	Banquet
8:00pm	Speaker Meeting
10:00pm-12:00am	Late-night discussions

Sunday, March 9th

8:00-9:00am	What's on your mind?
9:15-10:45am	Past Trustees' Panel
11:00am-12:00pm	Ask It Basket
12:00-12:15pm	Closing





A Member's Story,

“On December 20, 2001, these a**holes from the custom service and the local police came to my house and arrested me for selling heroin. There was about 15 people. They all had guns on me because I had 13 firearms registered to me. They had retrieved my 45 from underneath my bed and stuff like that then sent me to federal prison in Honolulu. I was with them for 90 days and I went to 90 meetings in 90 days. That's when I started to wake up, after 90 days. I got a sponsor because they told me to. I got a sponsor because the court wasn't happy with what I was doing. And, I did all this stuff. My lawyer told me “the more meetings I went to, the less chance I have of going to jail, but he knew all along I was going to jail, but people bullsh**ed me like this that I had to get a sponsor and everything. I did all those things that you told me do. By the time my court date came up in December, I was ready to go to jail.

I had done 700 meetings in like 8 or 9 months or something like that. You guys brain-washed me into thinking I'm an alcoholic and drug addict, and I still believe you because my history proves it. My story now, instead of 15 assholes coming up and arresting me and taking me away from the life I've loved so much for 30 years, it's kind of like the life of Pi, the story now is that 15 angels came to my house on December 20, 2001, they had blue jackets on that said DEA, FBI, Kona Police on the back of the jackets. They said ‘Geoff, I know you want to quit drinking, using, and smoking. Here's what we are going to do. We are going to take you under our wing for the next 5 years and at the end of that time, we are going to let you go and when it's over, hopefully, you can have a lot better life.’ And it's true, I got a way better life.”

Today, Geoff has 12 years of sobriety. He is a fisherman and lives in Kailua-Kona on Hawaii Island. Often, you'll see his outdoor cast iron grill hauled around to special A.A. activities. Sometimes, we even get to eat his fish.

Mahalo Geoff for your story and your service!!!

The above was recorded on Geoff's smart-phone. It took him 5 minutes to record and send to the Mynah Bird via phone text at 808-861-1112. The Mynah Bird Committee invites you to do the same.



ORIGINS OF ALCOHOLICS ANONYMOUS

Taken from aa.org aa time line

The origins of Alcoholics Anonymous can be traced to the Oxford Group, a religious movement popular in the United States and Europe in the early 20th century. Members of the Oxford Group practiced a formula of self-improvement by performing self-inventory, admitting wrongs, making amends, using prayer and meditation, and carrying the message to others.

In the early 1930s, a well-to-do Rhode Islander, Rowland H., visited the noted Swiss psychoanalyst Carl Jung for help with his alcoholism. Jung determined that Rowland's case was medically hopeless, and that he could only find relief through a vital spiritual experience. Jung directed him to the Oxford Group.

Rowland later introduced fellow Vermonter Edwin ("Ebby") T. to the group, and the two men along with several others were finally able to keep from drinking by practicing the Oxford Group principles.

One of Ebby's schoolmate friends from Vermont, and a drinking buddy, was Bill W. Ebby sought out his old friend at his home at 182 Clinton Street in Brooklyn, New York, to carry the message of hope.

Bill W. had been a golden boy on Wall Street, enjoying success and power as a stockbroker, but his promising career had been ruined by continuous and chronic alcoholism. Now, approaching 39 years of age, he was learning that his problem was hopeless, progressive, and irreversible. He had sought medical treatment at Towns Hospital in Manhattan, but he was still drinking.

Bill was, at first, unconvinced by Ebby's story of transformation and the claims of the Oxford Group. But in December 1934, after again landing in Towns hospital for treatment, Bill underwent a powerful spiritual experience unlike any he had ever known. His depression and despair were lifted, and he felt free and at peace. Bill stopped drinking, and worked the rest of his life to bring that freedom and peace to other alcoholics. The roots of Alcoholics Anonymous were planted.

A Member's Response

Lights came on—at a treatment center—Seneca House—in Maryland. I was trapped—the only escape was to change my attitude;

How service has enriched your life—a sense of purpose, belonging;;

Giving freely of what you've found—joy and a deepening of my own sobriety;

Spiritual maintenance—I read;

Favorite saying in Big Book or 12x12—"Then the thought occurred, if I put the whiskey in the milk...;

First AA meeting—1975, I left after "what an order, I can't go through with it...."

Mahalo for the submittal



WORD JUMBLE

Unscramble the words below, then unscramble the circled letters to form the answer to the question.

ILREERUTTA O _ _ _ _ _ O _ _ _ _ _

SEERUSTT _ _ _ _ _ O O _

ONITOMS _ _ O _ _ _ _ _

CSOIDIESN O O _ _ _ _ _

TBEDUG _ _ _ O _ _

We get together in April to share our collective opinions about these topics with our
_ _ _ _ _ .

Unscramble the letters below to find the answer to the statement! Then, use the circled letters to complete the statement. (Oooh... a circular problem...)

The tools we use and need to complete our _ _ _ _ _ .

SYOHENT _ _ O _ _ _ O

GRUSTHENS HOO O _ _ _ _ _ O _ _ _ _

ENPCAITE _ _ _ O O _ _ _ _

GRIVO O _ _ O O

Mahalo Sue B. for Word Jumble and Unscramble

“CONVINCING MR. HYDE”

“Even then, as we hew away, peace and joy may still elude us. That’s the place so many of us AA oldsters have come to. And it’s a hell of a spot, literally. How shall our unconscious—from which so many of our fears, compulsions, and phony aspirations still stream—be brought into line with what we actually believe, know, and want! How to convince our dumb, raging, and hidden “Mr. Hyde” becomes our main task.”

Taken from THE LANGUAGE OF THE HEART, P.237, The Next Frontier: Emotional Sobriety also the substance of a letter Bill wrote to a close friend who also had troublesome depressions, January 1958.

(This was read at the Friday morning meditation meeting at the 50th IWC.)