

March 2015

Garden Island Sobriety

'Step Three'

"Made a decision to turn our will and our lives over to the care of God as we understood Him."



He said: While I'm no expert, nor do I claim to be perfect, my experience in working these steps in order is that each one seems to have a funny way of getting me ready for the next. With that said, having truly worked Steps 1 & 2 to the best of my ability, along with the help from another who'd been here before, I felt ready to climb to the next level, or step.

I'm not trying to instill any fear, but if you thought 2 was tuff you better hang on to your hat. Not only have you been challenged to believe in a power greater than yourself (Step 2) now it suggested to turn your WILL and your LIFE over to the care of a God of your understanding. Don't worry it's not church and when we say God what we really mean is your higher power. You'll see the word God used a lot and my experience is it's an acronym for Higher Power, a power greater than myself, more easily said as 'G'ood 'O'rderly 'D'irection.

Even though some of the literature says this is an action step I myself see no action in making a decision. And that's all it is. You have already admitted you have a disease and that you are not in charge of, or can handle, your own life. Hopefully you believe in a Power greater than yourself. I mean how else could you be here doing this? My own will always kept me away from this place, so, this one should be easy.

How is this done you say? Well I thought you'd never ask! Simple, just keep coming to meetings, hang out with people like you, aka us drunks, don't drink between meetings and ask for help. That's it. That's my experience and that's all there is to it. Oh yea, it helps a lot if you pray, that's not hard either. Just close your eyes and ask for help. Read the book and

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She said: In short: "Thy will be done".

That meant getting out of the way; to stop trying to play the director in my life and everyone else's lives around me. Forcing my will is an act of selfish and self-centered fear-based action that never turned out well for me, ever.

I truly did not understand, when I first crawled into AA, what the Big Book spoke about on pg 62, where it states "So our troubles, we think, are basically of our own making". WHAT? Why in the world would I put myself into all of the messes that I found myself in?!? I have learned it's not because I set out with the intention of screwing up my life. I did it with the actions that were born out of fear and self will. When I became willing to be honest, "I" was the common denominator in ALL my affairs. Ironically alcohol was not. I was.

Now that I have this new found knowledge, that I created this mess, what can I do about it? I can become willing to make a decision to let God be the one to run my show. There were a myriad of emotions running through my mind. First, I was actually relieved to know that I don't have to figure this out all on my own. I also wanted to cling to the illusion of control. Though it had never worked for me in the past, my ego was afraid to let go. I felt comforted that I could turn my will over to my higher power, but my life? My whole life? Seriously, everything in my life? YES! For my higher power permeates my entire life, every aspect, every nook and cranny. Finally, there was willingness to try something different. I saw demonstrations of changed lives because of this NEW way of living. A different way to live? Wasn't that what I was here for? YES! I also kept hearing over and over... "If you

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AA Hotline 245-6677

He Said: (cont.) just 'Believe', or like some of us have done, fake it till ya make it.

I'm not in any way telling anyone what to do. These are all suggestions. But, if you're anything like me, and I'll bet we have more in common than you think, it was 'do or die.' It was at that point where I was able to see some light. Right at that point it was just a twinkle, but I saw it. I wasn't in jail, I wasn't in a hospital on life support nor was I dead. There had to be some truth to this stuff. I'm feeling tired, I want to rest, here are the keys you drive, I think I'm there... I'm willing to turn my will and my life over to The Care of a God of my understanding.

Please keep coming back, the fun has just begun.

Mahalo for letting me be of service,
Lance L.

She Said: (cont.) want what we have, you'll do what we do".

I quickly learned that Step 3 is NOT a onetime event for me. It has become a part of my daily spiritual practice. My ego is sneaky and will take my will back the moment that I am not vigilant. That is usually when I find myself out of alignment with God's will. For God's plan is far better than anything I could have ever manipulated, devised or planned on my own!! For that I am grateful.

In Love and Light
Michelle L.

Birthday Celebrations

West Side

- **Ala i ke Ola Hou** 5:30 pm Last Friday of the month, KVMH Conf Rms A&B. 4643 Waimea Cyn. Dr. **CAKE AND POTLUCK.**

South Shore

- **Koloa Monday Women's** - 5:00 p.m., Koloa Library, Last Monday of the month. **CAKE & POTLUCK**
- **Aloha Group** - 7:30 p.m., Koloa Union Church, last Tuesday of the month - **CAKE FOR BIRTHDAYS!**

East Side

- **Hui Ohana** - 7:00-8:00 am Last Saturday of the month. **CAKE FOR BIRTHDAYS!**
- **Steps to Freedom** - 6:30 pm Last Monday of the month. **CAKE & POTLUCK** (7:30 pm meeting).

North Shore

- **North Shore Aloha Group** - 7:30 pm Last Monday of the month - **CAKE FOR BIRTHDAYS!**
- **Princeville-Hanalei Group** - 7:30 pm Last Thursday of the Month - **CAKE FOR BIRTHDAYS!**

Happy Birthday

Lucky	2/10	1981	34 yrs
Billy A.	2/14	1982	33 yrs
John P.	2/5	1984	31 yrs
Denise	2/18	1984	31 yrs
Fran M.	2/14	1986	29 yrs
Annie B.	2/15	1998	17 yrs
Jeff S.	2/14	2002	13 yrs
Bill S.	2/2	2004	10 yrs
Janice M.	2/5	2005	9 yrs
Susan C.	2/24	2007	8 yrs
Arthur D.	2/1	2008	7 yrs
Brittni	2/5	2008	7 yrs
Laura L	2/14	2008	7 yrs
Pat C.	2/16	2008	7 yrs
Mark A.	2/29	2008	7 yrs
Susan O.	2/2	2009	6 yrs
David A.	2/23	2009	6 yrs
Kirt	2/4	2009	6 yrs
Matt L.	2/24	2009	6 yrs
Christopher	2/19	2010	5 yrs
Jami K.	2/22	2010	5 yrs
George K.	2/22	2010	5 yrs
Alysson	2/26	2011	4 yrs
David A.	2/23	2011	4 yrs
Taylor	2/17	2012	3 yrs
Bronson B.	2/1	2012	3 yrs
Lion H.	2/10	2012	3 yrs
Karen F.	2/2	2013	2 yrs

Congratulations Everyone!!

Kaua'i Round-Up Carwash

March 14th 8am-4pm

At Kukui Grove Shopping Mall parking lot by Starbucks & Macys. Tickets for sale \$10.00 Donation



The Water Meeting & BBQ

At Lydgate Park and Pond

This Month March 8th at Lydgate Park

11:00 am Potluck/BBQ, 1:00 pm Meeting in the water



The Happy Hour Cookout

At Nawiliwili Beach Park

This Month on March 15th, 2:00 pm

Cookout & Games. Meeting is a 5:00 pm



Steps to Freedom Birthdays

At Kapa'a United Church of Christ

1315 Ulu Street, Kapaa

This Month's Potluck March 30th, 6:45pm

Celebrate AA Birthdays, Speaker Meeting 7:30pm

Last Saturday Supper Discontinued



Big Island Bash

~ Acceptance is the Answer ~

April 24, 25 & 26, 2015

The 27th Annual Big Island Bash

An AA and Al-Anon Activity held at the magnificent

Sheraton Keauhou Bay Resort and Spa

www.bigislandbash.com



A.A. Meeting Places



Photo ~ Alejandro

Kapaa First Hawaiian Church

4-1325 Kuhio Highway

- Monday 11:15 am - Meditation Meeting
- Tuesday 7:30 pm – Keep It Simple
- Wednesday 12:00 pm – Daily Reflections
- Friday 10:00 pm – Experience, Strength & Hope
- Sunday 7:00 pm - Young Peoples, Speaker-Disc.

New Early Morning Meeting

Beginning in March

5:30am every Monday Happy Hour Early Bird
Nawiliwili Beach Park tables

Corrections to the Printed Schedule

Koloa Men's Monday Meeting

Is at 6:15pm at the Salvation Army Hall

Koloa Friday Big Book Study

Meets at the Koloa Union Church

3289 Poi'pu Road, Koloa

Expect A Miracle

January in Our History:-

Jan. 2 1896: Born in Brooklyn, Dr. Harry Tiebout. He would become the first psychiatrist to publicly recognize and uphold the work of A.A.

Jan. 1914: Ebby T. took his first drink of alcohol, 19 years old at the Hotel Ten-Eyck, Albany, New York. He will become Bill W.'s one and only sponsor.

Jan., 1920: Alcohol Prohibition begins in the United States.

Jan. 1933: Harvey Firestone (Firestone Tires) sponsors a week-long event for the Oxford Group in Akron. This is where Henrietta Seiberling would join the movement.

Jan. 2, 1938: The first sale of "Works Publishing" Co." stock is recorded, which would become the 'seed' money for writing of the Big Book.

Jan. 8, 1939: Richmond Walker, author of "The 24 Hrs A Day Book" joined the Oxford Group. 50 yrs old and 30 years of heavy un-controlled drinking under his belt.

Jan 1940: The first A.A Meeting not in a home begins at King School, Akron, Ohio. This was Dr. Bob's home group.

Jan. 1949: The first "Anonymity Letter" went out from G.S.O. to the media, thanking them for their 'friendly support and cooperation.

Jan. 1955: A.A. is brought to India by Harry M., businessman from England.

Jan. 30, 1961: Dr. Carl Jung responds to Bill's letter by pointing out the connection between alcoholism and the spiritual search.

Jan. 1979: The two millionth copy of the Big Book presented to H.E.W. Secretary Joseph Califano in a ceremony at G.S.O.

From 'Big Book Dave', Elected Archivist, Interior Alaska
~ Submitted by Mathea A.

★ **OUR THANKS to B.B. Dave & Mathea A.**

 **Tradition Three**

"Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wishes to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation."

No matter who you are, no matter how low you have gone, even if you have grave emotional and mental disorders, even if you have a criminal resume, etc;.....we still can't deny you A.A. We don't want to keep you out. We want you to have the same opportunity to recover that we have had.

How fortunate we are that there are no membership rules. No pledges to sign, no uniforms to be worn. We don't have to drink the "Kool Aid" or even learn to pray "the right way". When we say to ourselves that we are willing to be a part of AA, then we are. How cool is that? I for one am grateful that I was welcomed to come to meetings and no one pressured me to join the group. They only asked "Do you think you have a problem with alcohol?", and when I said "Yes". The response from the person at the door was "Welcome to the Open Door Fellowship of AA" "Would you like a cup of coffee?" After that I was welcomed every time I showed up at a meeting.

I am one of those people who had to be shown, through the Steps and the Traditions, how the Spiritual Principles are important in Recovery from my behavior, one day at a time. Thank God that I did not have to conform to any rules of decorum, or speak proper English, or not use cuss words when I first arrived at the doorsteps of AA. I may have had to leave, sometimes the best that I could do was to drop F-bombs when I shared, because I was so mad.

As the days turned into weeks, then months, then years... I have come to a place where my behavior outside of the meetings of AA matches my actions inside of the meetings. I have come to a place in sobriety where I have the ability to welcome anyone into AA that wishes to be free from the hell of active alcoholism. But I am aware that not all who enter the rooms are going to stay for the long haul. But that is not my business. That's Gods business. My job is to place myself in a position to be of maximum service to God and the people about me, PERIOD.

~ In Love and Service, ~ Ron L.

Kauai Intergroup

The Next Intergroup Meeting:
March 7th, 9:30 am
The Lihue Neighborhood Center

Intergroup Treasurers Report

January 2015

Income:

7 th Tradition X mas Party	65.00
Happy Hour Books	18.00
Came To Believe- Books	25.00
Big Book Koloa-Books	80.00

Expenses:

Alejandro H -X mas Party	89.25
Hi Telcom	25.59
Guardian Self Storage	130.21
Ink Spot (GIS)	150.00

Balance	3,401.26
Less Prudent Reserve	150.00
Total Available	3,251.26

~ Prepared by Tom R., 2-2-15. ~

SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup
P.O. Box 3606
Lihue, HI 96766



Intergroup Officers:

Chair:	Bob B. chair.intergroup@gmail.com
Alt. Chair:	Susan ON.
Treasurer:	Tom R.
Alt. Treas.:	Mo L.
Secretary:	No Huhu
Literature:	Linda
Hotline:	Danette M. hotline.kauai@gmail.com
Events Chair:	Patti Lyne B.
Events Co-Chair:	David V.

Kauaiaa.org Visit Our Website!

Kauai A.A. Meeting Schedule

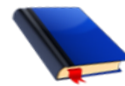


Compact 2-pg schedule
--prints on legal-size 8 1/2x14"

Kauai A.A. Events Calendar

Link to HI Island AA websites

Contact: website.intergroup@gmail.com



Need Literature?

Get It At The Intergroup Meeting!

*Books*Pamphlets*GIS Newsletter*Meeting Schedules

Or We Can Deliver It To You!

Call the AA Hotline With Your Request at: **245-6677**



SERVICE ALERT

The AA Hotline Needs:

- ➔ **Volunteers** for temporary & permanent vacancies
- ➔ **Volunteers** to take 12-Step calls.

Please email the Hotline Chair hotline@kauaiaa.org
or call **245-6677**. Mahalo!

Request a newsletter



by e-mail



Contact: District6newsletter@hotmail.com

Editor: Linda B.

District 6, Kauai:

The Next District Meeting:
 March 21st, 9:30 am
 The Lihue Neighborhood Center

District 6 Treasurer's Report

February, 2015

GROUP CONTRIBUTIONS

Happy Hour	10.00
Whiskey & Milk	80.00
North Shore Aloha	40.00
Sunday Serenity	55.75
Total Income February:	185.75

EXPENSES


DCM Travel:	
Orientation January	204.80
Committee Mtg February	184.00
PRASSA March	487.75
Inform the Delegate April	276.00
Reg't Orientation DCM Jan	30.00
CEC Grapevines	27.00
Po Box 1503 Renewal 1 yr	100.00
Total Expenses February:	1309.55

Prudent Reserve	1000.00
Bank Balance:	4194.53

~ Prepared by Steve Q. ~

SEND YOUR CONTRIBUTIONS TO:

Kaua'i District Committee
 P.O. Box 1503
 Kapa'a, HI 96746



NEW District 6 Committee:

DCM:	Paul M
Alt. DCM:	George K
Secretary:	Jon S
Treasurer:	Steve Q

PI Committee

A Service Opportunity

We meet every 3rd Saturday, 3:00^{pm}
 On the Happy Hour Tables
 At Nawiliwili Beach Park.

publicinfo@kauaiaa.org

**Next PI Committee Meeting is
 on March 21st**

Please Join Us!



Find A.A. in Hawaii



at: www.area17aa.org

Send Area Contributions

ADDRESS IT EXACTLY LIKE THIS:

Hawaii Area Committee
 1253 S. Beretania St., #2107
 Honolulu, HI 96814-1822

