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This, too, is service to AA!

Next Issue of the Mynah Bird will be published for the October Committee Meeting

DEADLINE TO SUBMIT YOUR ARTICLE Saturday October 21, 2017

UPCOMING AREA ASSEMBLIES AND COMMITTEE MEETINGS for Panel 67

(Please purchase tickets early and use the Area's code for Hawaiian Air if you purchase air travel from Hawaiian. It can be found at Area17aa.org)

August 26 & 27, 2017

Budget Assembly

West Hawaii District #8

October 28, 2017
Committee Meeting
Windward District #4

November 2017

Assembly (Optional) Hilo Hamakua District #7

January 2018

Inventory Assembly No Ka Oi District #5

February 2018

Committee Meeting Waianae District #17

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Service Position – Alternate Webmaster

Bob H

Would you like to increase your skill set? Ready to advance your learning curve? Best yet, would you like to be of service to Area 17?

There is an opening for an Alternate Webmaster. There will be almost a two-year training period with the possibility of becoming Webmaster for the next panel. There is no need to be a member of the Website committee, just a willingness to learn and be of service. Contact me at webmaster@area17aa.org

Val V. - Webmaster

Online Archives – Hawaii Area 17

Aloha Area 17! I just want to remind everyone that we have an online archive on our Area 17 Website. Go to area17aa.org, point to Committees and then Archives Committee. On the next page, click on the "Archives" link in the first paragraph and you're there. You'll find documents from all the committee meetings and assemblies from 1975 through 2002. If you find any full names used as you browse these historical documents, please jot down the year and document (e.g. 1980 June committee meeting) and let me know so I can correct any errors. The documents are not yet searchable the way intended, but I am promised help with this dilemma. And stay tuned for even more improvements. The next ten years should be coming soon!

In love & service, Linda McD Area 17 Archivist

Heard at a Meeting

"My Ego is not my Amigo"

Safety in AA Workshop

On July 29, 2017, the four service entities of Maui AA-Maui Intergroup/Central Office, No Ka Oi District 5, Kihei District 11, and Tri-Isle District 13, hosted a Safety in AA Workshop. The format of this workshop consisted of 3 groups of 10-15 members, each group led by a Facilitator and each group discussing the same two topics. After each topic each group presented their discussion results which follows below. (Those familiar with how Hawaii Area 17 Assemblies this workshop was similar to how Roundtable discussions are held for GSR's, DCM's, Standing Committee Chairs, and Area Officers.) Great suggestions we all could use/implement at our Home Groups.

Safety in AA Workshop July 29, 2017

First Topic: How do we handle disruptive behavior in a meeting?

Group 1

- 1) Anonymity doesn't protect members in the moment of assault. We are all responsible. Women approach women, etc. Show love. Try growing first.
- 2) Be weary of "Mr. Right" if you have kids. You can go on Hawaii Registered Sex offenders and see pictures. Not everyone is registered though.
- 3) If a person is continuously threatened by someone, that individual can get a restraining order, but the group can't.

Group 2

- Take person aside from Meeting and talk to that person alone.
- Assign someone in Home Group to be point person
- Calmness
- Discuss at Home Group/Business Meeting; Get a group conscious.
- Safety Statement in Format.
- -Want to make sure we don't go too far with guidelines.

Group 3

- Just out of prison scary shares especially for newcomers. Want physical contract because they've been alone scares folks
- How do we handle this should they go to NA?
- If out of hand or drunk other members take disruptive person outside
- Guy saying "AA doesn't work" old timers need to step in. Old timers have guidance and show others.
- Does secretary handle all situations???
- Disruptive men respond better to calm mature women.
- New secretaries don't want or can't handle the disruptive situation.
- What is disruptive??? What about the person who sees aliens the 4 minutes is their time to speak of whatever they like. Then Old timers can talk to them after the meeting
- Give leeway to disruptive behavior, because we all come in crazy. Violence is another issue.
- Use soft voice to disruptive person works better than to engage in confrontation.
- Solid home groups have a plan before hand to handle difficult situations. Discuss with all the secretaries. Men work with men. Women with women. Physical violence call 911 immediately.
- Sexual abuse boundaries lack of as newcomers. Inforce women with women and men with men
- Seen all kinds of behavior. Encourages newcomers to be secretaries. Happy hour's rule is you no like it leave, we cease fighting everyone and everything.

Second Topic: How do we handle predatory behavior in the AA community? Group 1

- 1) Exploiting for money/labor: Teach AA appropriate behavior!
- 2) Sexual: Men stick with men, etc. It's not your job to be a "grandfather". Young women are attracted to older men too. It is the women's responsibility to protect the newcomer women. Long term sobriety doesn't make someone a non-predator. It's ok to tell sponsees who isn't a safe person. In support of the fellowship, communication is vital. Tell women newcomers "do not give your number to men".
- *It happens to men as well. Touching is an important boundary that needs to be respected. It can be put on a business meeting agenda.

Group 2

- 1) Rely on church to have a TRO with abusive people who always come disruptive.
- 2) Be personally responsible to lead by example in and around meetings.
- 3) Tough to know what happens after the meetings. (Stalking, etc.)
- 4) We can emphasize getting temporary sponsors to teach AA acceptable behavior.
- 5) Speak to Old timers in the meeting to get support from them by explaining what is going on.
- 6) Women circle up with women to protect new women don't punish the men but model and teach what is appropriate.
- 7) Keep AA safe for new people take responsibility to teach safe behavior to each other.
- 8) Laminate the Yellow pages (GSOs Safety Card for AA Groups) and put on table at meetings.
- 9) Religious Harassment

Group 3

Predatory/abusive behavior

- 1) Woman no man wanted to help bad experience man helped her.
- 2) Pervy old man helped very young confused woman. We can't judge members because we know their history. Here to NOT drink. Violence call cops. Yucky walk away.
- 3) Sponsor suggests young women wait a year before dating or involvement. How to protect without controlling? Easy to make man or woman a Higher Power in the beginning. Make your opposite sex choices dependent on NOT DRINKING. Focus on self.
- 4) About Safety:
- 5) Common Sense See something, say something. Each person is responsible for self. "Men or Women told not to hit on newcomer" Swarm same sex person in beginning.

Financial predatory behavior

- 1) Let newcomers know they can say "NO" to all requests.
- 2) Woman ask men to stop calling/texting, etc. They need to stop and vice versa.

Strong Sponsorship

Add to Format: Statement on Safety: "If you are not feeling safe in meeting, let someone know" 1st brothers and sisters

2nd great opportunity to build friendship

3rd great opportunity for healing

SAFETY CARD FOR A.A. GROUPS

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

Our Common Welfare

Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

—Tradition One (Long Form)

It is hoped that our common suffering as alcoholics and our common solution in A.A. will transcend most issues and curtail negative behaviors that could jeopardize the safety of anyone attending an A.A. meeting. Nevertheless, Alcoholics Anonymous is a microcosm of the larger society we exist in. As such, problems found in the outside world can also make their way into the rooms of A.A. For this reason, groups and members discuss the topic of safety — to raise awareness in the Fellowship and to seek through sponsorship, workshops and meetings, to create as safe an environment as possible to carry A.A.'s message of hope and recovery to the still-suffering alcoholic.

Welcome Home!!!

Recently I was sitting in a meeting in Seattle, WA and heard the speaker open his speech with "Welcome Home." As he continued his story, of course I started thinking of myself and my drinking historyseems like that always happens. I remembered a time when I was really young, about 3rd grade or younger. I was taking swigs off this bottle of beer that was on the end table in our living room then I would twirl around dance and take another swig! This happened a few times and I remembered I loved it! After that I was always attracted to booze, cigarettes and boys! Teenage years were hard and drugs entered the picture. High School the booze came back and started to drink the good wines like Spanada and Annie's Boone Farm Apple Wine!!-I started to black out then-I thought it was only passing out but in recovery I found out I was a black out drinker-never remembering what I did or say and end up in places I couldn't remember going to. Then on to Alaska where I found my people because they drank like I did!!! I worked in the bars, fished and hung out with the fisherman. No one was telling me to stop or how bad I was!!! I had periods of sobriety when I moved to California or Hawaii for the winter but those moments were fleeting. I would always end up with those people who drank and drugged like I did. It wasn't until I was back in Alaska, in a relationship with another drinker that I ended up in a Women's shelter-A women there told me if I didn't go to Al-Anon (or maybe she said AA) that I would have a really bad life. This time I heard something, so I did start attending Al-Anon meetings. I blamed it on my ex-now it was his fault. However I was still drinking and drugging and hiding it really well. So naturally I quit going and then went to Adult Children of Alcoholics,

oh then it was my mother's fault because she was the alcoholic! Of course that didn't last too long and I was out drinking, drugging and chasing men again. I just couldn't get it! There was a newspaper in the town I lived in which had an ad in the classifieds- It read "Do you have a desire to stop drinking?" with a phone number. I had the desire to stop drinking but was so afraid to call the number. Finally I did and they answered "Alcoholics Anonymous!" I hung up and said I wasn't that bad!!!! In the meantime my friend Sam would come to town and take me out. He was clear eved and sober. We would go out and he would not drink while I would sit there and pound them down. He never said a word to me about my drinking. He just told me he was in AA. I was shocked but relieved. I wanted what he had. Somehow I ended up in a Women's AA meeting soon after that, even though it would be 3 years until my last drink. I blacked out one more time August 20th, 1991. Working on a ship in Petersburg, Alaska I woke up that morning and did not know how I got to my bunk. I got on my knees and prayed to God to keep me sober and I promised to go AA when I got to back Seattle. No more hiding or pretending everything was okay!! Then I heard those words in the program of Alcoholics Anonymous "Welcome Home." Years later a group of us went to Akron, Ohio to the home of Dr. Bob & Annie Smith. Above the front porch was a huge sign that said "Welcome Home!" It was a chicken skin moment which I never forgot-So like the speaker I heard last month and from my chicken skin moment I say to all "Welcome Home "

In love and Service, Penelope M.

My practice of being Conscience of the program of AA – Recovery, Unity, Service

My journey in AA began with being arrested for a DUI, sentenced to 14 AA meetings, 8 weeks attending an Outpatient Treatment program, and the revocation of my privilege to drive. This was the start of changing my thinking from denial to being conscience of my disease. As my journey continued I worked the 12 Steps of Alcoholics Anonymous and my conscience got clearer. Why I was here and why I need to stay here if I wanted to live a sober life. I continue to practice this part of my program, our Legacy of Recovery.

Learning The Twelve Traditions of AA has allowed me to practice our Legacy of Unity. Tradition 1 - "Our common welfare should come first; personal recovery depends upon AA Unity." I now understand why Cheryl N., past Delegate Panel 65, Hawaii Area 17 closes with the Unity Prayer. Along with practicing the rest of the Traditions I have learned to "play nicely" with my fellow Human Beings inside and outside the rooms of AA.

Our 3rd Legacy of Service – Practicing being conscience of our Legacy of Service is the tough one. The only reason I decided to

write this article is because a friend suggested I do after I shared an experience with him on how I tried to carry our message. Here's what happened. On the flight back from Oahu after attending the Hawaii Area 17 June Committee Meeting, I started a conversation with the person next to me. She turned out to be a Professor who teaches at the Nursing School at the Maui College. A week before our Maui Service Committee Meeting discussed contacting the Nursing School at the College. She gave me her business card and told us to call and she'll refer us to the person in charge. This was not a coincidence. Truly a spiritual message of Service.

The Twelve Steps and Twelve Traditions are heard at almost every meeting. At times it gets me to the point of not listening to them. I treat announcements for participation to do Committee work or any other service work the same way. If I want to be conscience of my program of AA I will need to pay more attention to all that is said. Clifford S.

Long Timers Interview: 6-28-17 "Tell Us about the Good Ole Days"

We had the opportunity to be able to hear of what it was like in the ol' days with a member of the fellowship since September 24, 1977 and with the outline provided by the Mynah Bird, it kept his story interesting and wanting to hear more, like I mean, chicken skin with a lot of smiles, often envisioning what it was like in the pioneer days of AA in Hawaii. And his (Cliff M.) story went like this....I started to address him as "Uncle Cliff" but then he corrected me and requested I put his full name... "Put Cliff M. and my sobriety date is September 24, 1977, I have 39 years sober and coming up on 40 years, I was truly sick and tired of being tired and on this day I was 12th stepped by Warren, he asked me to go to a meeting with him the next day and I told

him I was nervous and in those days, no can bullsh*t those guys, so my first meeting was on September 25th, 1977 on a Wednesday. We went to the Alano Club on Kewalo Street, there was a meeting every Wednesday, and the owner of the house donated the house until it was sold. Then the Alano Club moved to the Aloha Tower." This was the beginning of his journey. He proceeded to say that "there was a lot of meetings back at the time, but he "frequented the ones that were suggested," besides the Wednesday night meeting at the Alano Club, he went to the Malia Discussion Group and on Friday nights, it was at the Aloha Group at the St. Andrews Cathedral. declaring that it was a must to have attended AA meeting because "early in recovery, my

mind could not grasp everything that was going on."

Cliff M. went on and began talking about service, stating "...in the Malia Group, you were in service from the very beginning. I started as the astray cleaner then I was promoted to the assistant coffee maker, then the parking lot to help park cars, then I was the greeter." He ended up making the "Malia Group" his home group almost instantly after he "did some thinking first," and did cautiously "look around," before he made the decision to have Malia Discussion be his home. Cliff M. said he was told by Warren, that the Malia Group was all local people, but discovered "it was not true," and there is where he had met Big Richard, becoming "a part of, at the time, The Pack." During this this time, the "Malia Group" was located at the Lanikila Health Center. Cliff went on sharing, "Because my home group was so service oriented, getting into service was part of it, right from the very beginning. Service was never a question, the people who came before us, Mary, Harry, Christy and others were extremely service oriented, you almost was not given a choice. If you told them you were not in service, you were an odd ball, they would say we need this done, are you willing to do it? It was always yes, I never knew how to say no, it was not out of fear, and in the beginning it was about trying to do what they did to stay sober. I remember everybody had something to do if you never have something to do, you feel out of place. Being willing is very important and back then the commitment was 1 year. 12 Step calling was preached to us, the elders in the group would always ask us what are you doing to help others to stay sober, and my translation was am I willing to go out and pick up a wet drunk, but you had to have 1 year sobriety to do a 12 step and if so you went 12 stepping with someone who had 5 years. That person would call and say we are doing a 12 step tonight and I am coming to pick you up

tonight, we be talking to the wet drunk 2 -3 in the morning, sometimes take them to the hospital if the guy was withdrawing, if the guy was shaking, we always had a bottle of whiskey and honey if we felt safe, we'd give them a shot of whiskey and load 'em up with honey till coming out their ears, then take them to Queens, and sometimes refer them to the Salvation army in Nuuanu. Couple times we took them ourselves and follow up after a week, they had meetings every Monday, and we'd go and support them. I 12 step for many, many, many years, since 1979, at the Central office, I sat behind the desk for 3 years sat behind the phone and talk to the drunk, if the guy would tell me where he was, I would call someone to go talk to that guy. Malia was heavy on 12 stepping, I spent a lot of my life with Malia and the basis in terms of treating my alcoholism came from them. I was willing to let these guys tell me what was good for me, and from the beginning, I believed them.

The founders of Malia group were like molders, you got to understand we were tough, guys like Harry, Mary and Big Richard, took us in, we were very active, it was a place where you eat and sleep and talk AA, AA, & more AA till you blue in the face (we all laughed). Never had the time to forget that I was a drunk, it was all the interactions with me, and it was all good. I have one man that stand out for me, in my eight year, his name was Kimo B a lieutenant Colonel who served in the Army and I served as a sergeant in the Marine Corp and with that, it brought us together. Harry called me, Kimo and Sam W. and Bill B. together and told us, no worry about coming to meetings anymore. He wanted us to go to the hospitals to talk to drunks and we would to go to Tripler Hospital, Naval Hospital, and Hickam. The 3 of us were buying the 12 and 12 and Big Books and donating it to these places. One day, Harry called us and told us to stop and he then gave us money out of the home group's 7th

tradition. Cliff said, "We started out with 6 guys and I am the only one left. We got to a place after a while where people came in and wanted to help and we started passing it on. We learned from the guys that came after, just because we know something about AA doesn't mean a thing. It came to a point where we passed the message and now it's time for others to carry the message. I was well trained, Malia trained us on how to get sober."

I can remember times, every Sunday Harry and Mary was running Hina Mauka, every Sunday, 10 of us would be down there sit in Harry's office and he would talk to us about AA, your hair stood up, to listen to how dedicated other people are in AA, you not the lone stranger anymore.

I stayed active for a long time, I am still in service, it never stopped for me, it's changed because I am not mobile and every last Friday of the month, I meet with some of the best guys I know right hear sitting in his dining room table."

I was the chairman of alcoholics anonymous from 1985 to 1987 that was one of the best

learning session in my life. There was a pause...

When asked is there anything else you would like to share? He responded with "I have not even started," and chuckles. Then closed with this, "I know a lot, but still got a lot more to learn, I don't get happy because something good happens to me, I don't tell people just because I have 39 years I better than, the joy is when I feel God inside. The moment of awakening was when one day I realized I knew what they meant, unless I practice these principles, none of this would be worth nothing.

This was end of our story as the sun had already set and you kind of get the sense that it's time to go, he then expressed his gratitude, but really we were grateful beyond words. Cliff stood up and looked at us, asking us to off the light on our way out as he was preparing and waiting for his wife to come down stairs to take him up. We left his home in awe and spiritually lifted. Mahalo Nui Loa, Uncle Cliff!!!!
Submitted by Friends of Bill W.

History of the Hana Caravan

Early in 1984, the Hospitals & Institutions chair for Maui No Ka 'Oi District 5 received a call from the nurse in charge at the Hana Medical Center. A request was made to bring help to an alcoholic living in Hana. A noon meeting was arranged with Wananalua Congregational Church. AA was allowed to meet in their small hale behind the church.

The AA members agreed and felt something more could be done to help. It was decided that the Hospitals & Institutions committee would take a meeting to Hana every Saturday, for 6 months. Anyone who wanted to go met at the Pa`ia Community Center at 9:00 AM to caravan out to Hana. They also came prepared with a potluck meal.

Before the first caravan, one member went to Hana and posted 3"X5" cards on all the town bulletin boards with this statement:

If you want to drink, that's your business.
If you want to quit, that's our business.
Alcoholics Anonymous meeting
Saturday 12 noon
in the hale behind Wananalua Church.

What it was like: The members caravanned the 54 miles and 652 curves along the ocean out to the church and helped start the first meeting in Hana. They brought a Big Book which they all had signed. It may still be in use though it was the third edition and will reveal all of the inaugural attendees. They had one attendee from Hana at that first meeting, a visitor who was staying at the

Hana Hotel who had seen the 3"X5" card posted on the bulletin board.

After the meeting they drove the short distance to Hana Bay, ate a potluck meal, played Hawaiian music and swam in the Bay. Then they caravanned home.

The second week they did the same thing and the first resident of Hana showed up, a lifetime resident who had just returned from treatment and saw the 3"X 5" card. He then attended every week and at the end of 6 months, this resident took over as Secretary (Chair) of the meeting and there have since been meetings in Hana continuously from that day.

The Hana Caravan seems to have continued since that time. There may be AA members who know when it changed from a once a week to once a month event. Hopefully they will someday share what the Hana Caravan was like and what happened for them.

What it's like now: Once a month members of the AA fellowship on Maui still caravan to Hana. On the last Sunday of the month, anyone who wants to participate, meets at Pa`ia Community Center. All are invited. It's an open invitation. The time they meet can vary, so ask around.

Although the Hana Caravan started out as a service commitment, anyone who has traveled that windy road probably agrees with this comment from one of the first members: "It's fun to recall those days. There was a real sense of adventure, unity and the AA spirit of a meaningful 12th step, of community and doing something special. We were blessed to be part of it."

Thank you to long time members who shared your experience.
Coleen A

My Whirlwind Tour

I'm sitting at the airport in Honolulu on my way to our 2017 Budget Assembly on the Island of Hawaii and reflecting on all the travel this year alone. One of the great pleasures of serving as the Area 17 Hawaii Delegate is getting an opportunity to visit so many of our districts and islands during our General Service Conference report-backs. Just as General Service Representatives from the groups of our Hawaii fellowship travel to the Inform the Delegate assembly to be sure their voices are heard at the Conference, the delegate travels to the fellowship to share their experience.

We all know that at its heart Alcoholics Anonymous is one alcoholic talking to another in the language of the heart; it is same with a report-back. The point is not, as one might think at first, to report a lot of facts and figures. Yes, those are important and should be reported, but they are available in many ways including the recently released 67th General Service Conference Final Report (available online at area17aa.org).

Rather, our delegates come back to our islands and report on what they saw, what they felt, what they heard, and what they did. We share the story of our journey to and at the General Service Conference. And what a journey it's been!

Upon arriving back in Hawaii after the Conference I began to prepare my report. Luckily, I was aided by the fact that I had few weeks between the end of the Conference and the first report-back in West Hawaii.

The West Hawaii report-back has, in my experience, been part of the Founder's Day Celebration and this year the celebration,

held on a weekend, fell on June 10th, Founder's Day itself. This year the location had moved to Spencer Beach Park and, while I'm not a resident, I thought it was a good change. I've been a to a lot of reportbacks in West Hawaii but this was my first as delegate, and it was gratifying to see so many folks there, all interested in what had happened at the Conference.

The Hilo-Hamakua and Puna Districts have held their combined Founder's Day celebration on the Sunday after West Hawaii's event and so it was again this year. For those who don't know, I have family in Hilo. I love coming to Hilo and this time was no different. Again we had a great crowd, lots of questions were asked, and, after reporting back two days in a row, I really began to see just how important it is to be able to connect the General Service Conference with our membership.

Then it was back to Honolulu for a joint report-back with several districts participating. Again, we had a good turn-out, though rather than a lovely beach party, we had a pizza party at a local community center. It was a very different vibe and I was able to project my pictures of the trip on the wall. Folks asked me some really good questions and I was again struck by just how important it is to know our voice is really making a difference to A.A. as a whole.

I had a short break to catch my breath and then it was off to Kauai on July Fourth for a brief visit and another event at a beach. Once again, we had a good attendance, great food, great fellowship, and I was treated to Garden Isle hospitality all the way around.

This left Maui and soon I was winging my way to Maui. This time I was able to make a weekend of the trip and I took full advantage. I attended several local meetings and had a lovely "walk in the woods" in Makawao. The report-back was held indoors in real conference center – all the bells and whistles. It was great to see friends old and new and share my journey.

Finally, and most recently, it was a shorter journey, by car instead of plane, but I was off to Oahu's West Side for a report in Waianae. One more time I was overcome with gratitude for the interest shown, not in me, but in the welfare of A.A., for all of us, for all time.

In just a few short weeks I'd toured our islands, though Lanai and Molokai are not yet part of the itinerary – perhaps next year! I was treated to hospitality and Aloha by one and all.

And, still at the airport in Honolulu, before hopping on my plane to Hilo, I ran into an old friend, one who'd seen me come into A.A. We had a laugh because neither of could have imagined this future not so many years ago. It is a pleasure and a privilege to be in service to Hawaii Area 17 and I know I will look back on my whirlwind tour as one of the highlights of my sober life. Thank you, thank you, thank you. Bob H., Hawaii Area 17 Delegate

GROUP HISTORY FORM

When completed, please return to: archivist@area17aa.org and archives@area17aa.org Name of Group: Previous Name: Date Founded: Founders: Early Members: Place and time of first meeting: Do the early members continue to attend? Current Meeting (place/time/format): Current Membership #'s: _____ each mtg _____ home group ____ business mtgs _____ Did the group move? Dates: _____ Location: ____ Dates: Location: Dates: Location: Location: Location: Group History (such as anniversaries, special meetings, outside speakers, notes about the founders, etc.): Note: Please include any/all information you may be aware of, not asked for on this form, as it will result in a clearer or more factual account of your group. Other pertinent details: Prepared by:

Date: _____ Telephone: _____ Email: _____

<u>Long-Timers Interview</u> **Suggested questions **

- 1. What is your full name and sobriety date? (last names will remain anonymous)
- 2. How did you first learn about AA?
- 3. Where and when did you attend your first meeting?
- 4. Have you stayed sober since your first meeting?
- 5. Were there many meetings that were active when you got sober?
- 6. Are they still active today?
- 7. Did you have a sponsor? Tell me about him/her.
- 8. Did someone take you to meetings in the beginning of sobriety?
- 9. What kind of service activities have you participated in?
- **10.** Are you still active in AA today?
- **11.** Have these activities aided in your sobriety?
- **12.** What were the twelve step calls like in early sobriety?
- **13.** Can you name some of the founders of your early group?
- **14.** Do you have the names of any other long-time members who would like to share their stories with the Hawai'i Archives Committee?
- **15.** Is there anything else you would like to share that has not been covered in this interview?
- **16.** Please list suggested questions below to add to this Long-Timers interview for the Hawai'i Area 17 Archives.

When completed, please return to:

archivist@area17aa.org, archives@area17aa.org

SAFETY IN AA

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ACCEPTABLE
AUTONOMY
BEHAVIOR
COMMUNICATE
EMERGENCIES
FINANCIAL
ILLEGAL
INAPPROPRIATE

INVENTORYLAW
POLICE
PREDATOR
SEXUAL
SOLUTIONS
SPONSORSHIP
TRUST
WORKSHOP