



MYNAH BIRD

HAWAII AREA #17 NEWSLETTER

P67 Issue #8 February 2018



Area Website: www.area17aa.org

Articles to: mynahbird@area17aa.org

CONTRIBUTION MAILING ADDRESSES:

Hawaii Area Committee
1253 Beretania St., #2107
Honolulu, HI 96814-1822
(Please include District # and Group name)

General Service Board
P.O. Box 459, Grand Central Station
New York, NY 10163
(Please include group service # and group name)

This, too, is service to AA!

**Next Issue of the Mynah Bird will be published
for the April 7-8 ITD Assembly
DEADLINE TO SUBMIT YOUR ARTICLE
March 31, 2018**

UPCOMING AREA ASSEMBLIES AND COMMITTEE MEETINGS for Panel 67

(Please purchase tickets early and use the Area's code for Hawaiian Air if you purchase air travel from Hawaiian. It can be found at Area17aa.org)

April 7 & 8, 2018

Inform the Delegate Assembly
Diamond Head District #1

May 19, 2018

Committee Meeting
Puna District #12

August 25 & 26, 2018

Budget Assembly
Hilo/Hamakua District #7

October 20 & 21, 2018

Election Assembly
Central North Shore District #9

Table of Contents

Article by Anonymous Member of Hawaii Area 17 (Hand written form)

Poem by Anonymous Member of Hawaii Area 17 (Hand written form)

PRAASA: Trusted Servants, Trusted Friends

A Fellowship to be Proud Of

Group History Form

Long Timers Interview – Suggested Questions

Word Puzzle – STATES IN THE PACIFIC REGION

I turned 18 in a rehab for alcoholism. Whopper! I could drink legally. It was upscale, expensive and in the third week of the 28 day program I was on my way. Then a friend came to visit, he brought ^{me} a joint and it cost me. It cost my newly found integrity.

I did manage to stop drinking for several months after I left treatment. Then I was in and out for several years ending up in the state mental hospital.

I stayed sober for 3 years, motherhood played a big part and I was going to meetings. My marriage failed, so did I.

After a few failed attempts I got back to meetings and back on my feet this time for seven years but I stopped going to meetings. It was harder to put time together. Personal tragedy struck and I stayed drunk.

Then I could stand it no longer I showed up at a meeting and went to one every day, got a sponsor, and after a few years got into service; Big time. I shifted my priorities.

Its just over 9 years now.
I attend meetings, at least
3 a week, usually more. I stay
in service and work with my
sponsor and newcomers. I
remember I have a daily
reprieve and need a daily
commitment.

Comprehending Serenity

In this day, take some time please,
 Just a moment to pause, to freeze.
 Seek some comfort, a sense of ease.
 Be amazed by some of these....

The birds and the bees,
 the flowers and the trees,
 Rivers, Lakes and Seas,
 Clouds drifting in the breeze,
 yes please!

In thanking GOD, hit your knees.
 Share a loving hug, exchange a Squeeze.
 Speak the language of the Spirit....
 AA and Alanese

Transform your alcoholic abnormalities,
 into progressive spiritual abilities and simplicities.
 If you can experience some of these,

Congratulations!
 you may just receive....
 a glimpse,

a tease,
 a Comprehension of the word Serenity

Anonymous
 ☺

PRAASA: Trusted Servants, Trusted Friends

With PRAASA (Pacific Region Alcoholics Anonymous Service Assembly) just around the corner it occurred to me that I'm truly grateful for the experience of being involved in General Service. PRAASA is a big part of that for me, and I hope you'll be going this year.

My first PRAASA was the 40th PRAASA, held in Portland, Oregon in 2007. I'll be honest, I was a little out of my element. I was a new GSR, excited, but with little experience. I remember be a bit overwhelmed by how much was going on, how informed everyone but me seemed to be, and yes, a bit awed by how much fun everyone was having.

When it came time for the Saturday dinner, I found, a little to my dismay, but later with much gratitude, that the table with many of the Hawaii folks was filled. I'd have to sit...somewhere else. I did. As I said, I'm grateful for that.

PRAASA is, at it's heart, a service event. Yes it's a lot of fun, but really we are there to learn from the experience of other servants, share our own experience, and forge bonds of unity beyond our own Area. Because I stepped outside my comfort zone and had dinner with some folks I didn't know (at the time), my life both in and out of A.A. was enriched beyond measure. The world opened up a little that evening, both in my service experience, and in the way I deal with the world. Being able to step out a bit at PRAASA helped me a lot in my life outside AA. Since that time I've felt a little more confident in any situation, and I owe it you, to the folks I had dinner with that night, and, of course, PRAASA.

Since that time I've had a lot of dinners with a lot of trusted servants at PRAASA. Sometimes it's been with folks from Hawaii, but I still really like stepping out a little and getting to know servants from other Areas, many of whom have become my very good friends. Trusted servants, trusted friends, step out a little at PRAASA and get to know them, and become one yourself.

Bob H

Panel 67 Area 17 Delegate

“A Fellowship to be Proud of”

I just returned to our Aloha state from a yearlong visit to the mainland to visit family and have some AA service fun. I am blessed to arrive on Maui right when our Area 17 Inventory Assembly happened in Paia.

Service and fun are one in the same in AA. Seeing all of the Islands represented to keep AA amazing is phenomenal. Hawaii has so many ways to have fun with our fellowship. I find it so heartwarming that we open our homes for our fellow AA members from neighbor Islands while they are attending our area assemblies. It provides such rewarding sober experiences from doing that.

One of our fun activities was meeting for the Hana Caravan at the PAIA Community Center during the Assembly. Approximately 18 came from the populated side of Maui to have fun. Fellowship was enjoyed while on our 2 hour trip on the long winding road to Hana. We played on the beaches and some jumped off the cliffs of Waioka, known by tourists as (Venus “Pools”) Arriving in monthly fashion at the meeting spot around 4:30 we brought our gift of food and fellowship. We gave thanks to a higher power for the gift of our fellowship.

Within a few days we gathered yet again to create our own meeting under the full moon at La Perouse. An activity created by the AICYPAA Committee. It was such an honor to traverse across Maui's most recent lava flow and to converge around the light tower to observe the amazing coastline under the moon's glow. Hearing the waves rolling in as we shared our experience, strength and hope was soothing to our hearts and ears.

I can hardly believe that very soon we will be camping out for “The Crossing” to Lanai, March 16-18. It will be another chance to experience fun food and fellowship.

Thank You Higher Power!

Love,
Erik T.

GROUP HISTORY FORM

When completed, please return to:
archivist@area17aa.org and archives@area17aa.org

Name of Group: _____

Previous Name: _____

Date Founded: _____

Founders: _____

Early Members: _____

Place and time of first meeting: _____

Do the early members continue to attend? _____

Current Meeting (place/time/format): _____

Current Membership #'s: _____ each mtg _____ home group _____ business mtgs _____

Did the group move?

Dates: _____ Location: _____

Dates: _____ Location: _____

Dates: _____ Location: _____

Dates: _____ Location: _____

Group History (such as anniversaries, special meetings, outside speakers, notes about the founders, etc.):

Note: Please include any/all information you may be aware of, not asked for on this form, as it will result in a clearer or more factual account of your group. Other pertinent details:

Prepared by: _____

Date: _____ Telephone: _____ Email: _____

Long-Timers Interview
**Suggested questions **

1. What is your full name and sobriety date? (last names will remain anonymous)
2. How did you first learn about AA?
3. Where and when did you attend your first meeting?
4. Have you stayed sober since your first meeting?
5. Were there many meetings that were active when you got sober?
6. Are they still active today?
7. Did you have a sponsor? Tell me about him/her.
8. Did someone take you to meetings in the beginning of sobriety?
9. What kind of service activities have you participated in?
10. Are you still active in AA today?
11. Have these activities aided in your sobriety?
12. What were the twelve step calls like in early sobriety?
13. Can you name some of the founders of your early group?
14. Do you have the names of any other long-time members who would like to share their stories with the Hawai`i Archives Committee?
15. Is there anything else you would like to share that has not been covered in this interview?
16. Please list suggested questions below to add to this Long-Timers interview for the Hawai`i Area 17 Archives.

When completed, please return to:

archivist@area17aa.org, archives@area17aa.org

STATES IN THE PACIFIC REGION

I Q U O G L P O T I N S M H P
 X Z Q F A I N R O F I L A C F
 V Z T J K O K E O N H I M R I
 V H A T U D F G S Z D Y B O K
 N E F O G E S O C A S Q Y O B
 V O F Q K H L N H D Q N E Y N
 H X T C D M P O L A J K I C Z
 V N L G R Q U U K G K G D X H
 J D E N N C N S D M S F M F A
 L T E V I I A M I N P D G D N
 R R V F A L H J W U E E N R O
 G Z L B A D O S W R C L K R Z
 K W E C C J A L A P D U X D I
 W V G D A I I H A W A I I I R
 M F Z M W M Y S D H C R C S A

ALASKA

ARIZONA

CALIFORNIA

HAWAII

IDAHO

NEVADA

OREGON

UTAH

WASHINGTON