



# MYNAH BIRD

## HAWAII AREA #17 NEWSLETTER

P67 Issue #9 April 2018



Area Website: [www.area17aa.org](http://www.area17aa.org)

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This, too, is service to AA!

**Next Issue of the Mynah Bird will be published  
for the May 19<sup>th</sup> Committee Meeting  
DEADLINE TO SUBMIT YOUR ARTICLE  
May 12, 2018**

### UPCOMING AREA ASSEMBLIES AND COMMITTEE MEETINGS for Panel 67

(Please purchase tickets early and use the Area's code for Hawaiian Air if you purchase air travel from Hawaiian. It can be found at [Area17aa.org](http://Area17aa.org))

May 19, 2018

Committee Meeting  
Puna District #12

August 25 & 26, 2018

Budget Assembly  
Hilo/Hamakua District #7

October 20 & 21, 2018

Election Assembly  
Central North Shore District #9

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**Heard at a Meeting:  
“If life was fair, I’d be in jail today.”**

Aloha all,

My name is Brandon and I am an alcoholic. I will start with a little bit about me to better explain my PRAASA experience. I just moved to Maui at the end of December 2017. My first night on the island I attended the Maui North Shore Can Do It Men's' Stag at the Paia Community Center Wednesday December 27<sup>th</sup> at 730 pm. Today I call that meeting my Homegroup

I got there early so that I could smoke a cigar prior to the meeting. About halfway through my cigar a guy showed up to open the meeting and make coffee. I sacrificed my cigar and went in to see if I could help set-up. I met the gentlemen that was setting up and he gave me a simple task to do. When the meeting began I stood up and introduced myself as recently moved to Maui from Arizona. I received a robust warm welcome from the fellows there.

After the meeting ended I met a bunch of the guys and then Neil, DCM for District 5, cornered me and asked a few pointed questions about my history focusing on service experience. I shared with him that I had served in various capacities with Homegroups, Districts, Intergroups, Areas, and conference committees. One commitment that I failed to mention but I think was one my favorites was being the cake guy for my Homegroup. Everybody likes cake.

Neil shared with me that he was DCM and did not have an alternate. He suggested that I stand for it. I was instructed by a former sponsor in Arizona to immediately get involved in some type of AA service upon arriving on island. Since I have enjoyed General Service in the past and it sounded like a good way to get involved I told him I was interested.

I don't remember if he mentioned PRAASA at this first meeting, but it eventually came up that the No Ka Oi District 5 likes to send it's DCM to this event. Neil shared with me that there was another event that is a big part of his sobriety the same weekend as PRAASA this year. He asked if I would be able to attend for District 5. I told him I was willing and that it should not be a problem for me to attend.

While I lived in Arizona I had heard of PRAASA but had never attended nor did I really know what it was. I am currently sober for 3 years. I had 7 years

sober another time. In my previous time sober is where most of my service experience comes from. At that time, I was living in Illinois and was a part of Northern Illinois Area 20. I don't think they have an East Central Region AA Service Assembly. Prior to me getting sober that time I had been in, out, and around AA for about 18 years without ever being able to stay sober for a complete year. I first came to AA at the age of 13 because somebody else thought that I had a problem and I was in and out until I was 31.

When I got sober at 31 I had been a drunk living under a bridge panhandling for booze. I had a huge psychic change that gave me a great passion for AA and inspired to serve it wherever I could. When I relapsed after that 7 years I had a very difficult time coming back to AA. At first it was pride and then it was a relationship with God where I struggled to find a place in AA again. I had done a geographical from Illinois to Arizona and after a few relapses I got loaded for the last time around July 1<sup>st</sup> of 2014.

For most of my first year sober this time the obsession to get loaded was with me. I would go to meetings and you would talk about the Fantastic things that God was doing in your life and I just couldn't see it in my life. I went between not believing in God to being resentful at God. I should say that when I use the word God I use it very loosely and only for lack of a better word. While I was out after my relapse I did not receive any new physical consequences. I did not lose any jobs, I did not become technically homeless, I did not get any new court cases, and I did not have a daily habit. I did not experience the same type of psychic change that I experienced the first time I got sober. Despite all of that I did not get loaded a day at a time and I did the footwork to the best of my ability. While in Arizona I was a GSR and after that was an Intergroup Rep. So, I tried to get connected again but was not feeling it.

So fast forward to Maui and PRASSA. I still did not understand what this PRAASA thing was and I was not very excited to fly 8hrs to Sparks, Nevada for a weekend full of A and A and then spend another 8 hrs. in a plane back to Maui. I had said I was willing though, so I made plans and left for Sparks at 2pm on the Thursday before the event. I was trying to keep an open mind but even on the way there was I was asking myself "Why in the hell

am I on a plane flying to freaking Sparks, Nevada!”. Both of my flights in were decent and I met a couple of other AA’s on their way to the event also. I had begun to experience that fellowship that I crave.

We got into Reno about Midnight and by about 1am I was having dinner with a fellow member at Rosie’s in the Golden Nugget Casino and Resort. Slept a bit and then the next day at about noon went to find a place to sit in the ballroom. I ran into Betsy, DCM for the Kihei District, and she sat me down next to her right in the front row. The event began with orientation, welcome, and then with each of the Pacific Region Delegates sharing for a few minutes. I had come with pen and paper so that I could take some notes but prior to coming to the Event Bob, our current Delegate, Neil, and others stressed to me that I should experience the event rather than trying to capture every word that was said.

There were a few recurring themes throughout the weekend that really struck me. One of which was all the talks regarding remote communities. There is a GSC question on whether Remote Communities should have its own conference committee. They are currently served by the Treatment and Accessibilities committee. My mind kept returning to Hana as a part of District 5. Hana is about a 2-1/2 hour drive out a somewhat precarious road on the East side of Maui. I wondered what the best way might be to connect with Hana. I have heard of the Hana Caravan where a van load of members makes the drive out to Hana on the last Sunday of the month to attend a meeting with the locals over there with food and fellowship. As of this writing I have not yet took part of this journey, but it is now on my to do list.

Regarding this same topic I listened to the struggles of other Areas and some of their solutions. Some ideas that I was given are to have a Remote Communities District Committee, using various applications to video conference with members, telephone call in meetings, creating more joint effort events between the remote community and the rest of the district, and establishing a line item in the District budget for expenses relating to connecting with the remote community. On Saturday I attended a round table on this topic where I found that David, DCM for the Lahaina

District, is a valuable resource on this topic with their experience with The Crossings that they do to the islands of Lanai and Molokai which are a part of their District.

Another topic that continued to arise was inclusiveness and rigidity in AA. I heard this topic raised in relation to the great number of drug addicts that continue coming in to the rooms and regarding spirituality and secular groups. I was reminded of our singleness of purpose, our 3<sup>rd</sup> Tradition, and of a story that I believe is in the 12 & 12 where a drug addict comes to an AA meeting for help. In this story the group is in turmoil over what to do. Many of the member want nothing to do with it. While this discussion is getting heated one member asks the question “What would the Master do?”.

Regarding the secular meetings I have varied experiences and opinions. I feel like I am still rigid in my thinking regarding this topic. I remember the first sponsor that I worked closely with and his opinion at the time that the main purpose of AA is to connect the sufferer with a Higher Power that will solve their problem and that without God it is not AA. I also think of a close friend that is an atheist that attends mostly secular meetings in the Phoenix area. I have attended some of those meetings and heard the struggles those members go through as having a firm belief that there is no God but feeling antagonized by AA members because of their beliefs. Based on some of the people that went to the mic I am not the only person with rigid beliefs around this topic. Today I try to the best of my ability to understand and empathize. Somebody shared that the purpose of AA is to ease suffering and produce peace.

Another topic that I found interesting was Technology and AA. We have many challenges today around this topic and anonymity. Like on social networking sites when a friend posts a picture of their AA coin and I would like to hit the “Like” button and say congrats but I will not due to anonymity. Or if for instance AA decided to have an official presence on a site like that and then treatment center adds start popping up on the side. I think that there are more questions than solid answers on this topic right now.

The topic of self-support was broached. A few questions that I found interesting around this topic

is why do we put money in the basket? Why do we financially support the District, Area, Intergroup, or AAWS? Where does the money go? Does our spending align with our primary purpose? For some of these questions we could ask our GSR or Intergroup Rep. We could dig into the annual AA Final Report for some info on where AAWS spends or ask our Delegate. I think the most important of these though is does our spending align with our primary purpose? I think that this is something that we need to ask ourselves as it relates to our group first and then look at how the other service entities are spending our money. Somebody said that the purpose of general service is to “create resources that support 12 step work”. Is our spending doing this? Does cake support 12 step work? I don’t know.

Somebody shared an idea of how to get people down to the local District meeting: Tell them that they are changing the Big Book. This is a subject that continues to bring out some strong emotions. One of the topics was: “First 164 Pages: Relevant or is it Time For Additional Versions?” Strong and valid opinions were shared on both sides of this topic. Some people think that we need an updated “Modern English Translation” to help newcomers better understand our basic text while others are strongly opposed to changing what has saved their lives and suggest working closer with new AA’s one on one to help them understand the writing in the Big Book.

It was shared that AAWS had an outside company conduct a “Communication Inventory/Audit” to

find how effective AA is today and what people think of our program. Questions were asked of several different sources including AA members, former members, professionals that may or not work with AA, and just random people I believe. The overall impression of the survey was “AA saves lives”. The other major opinion is that “AA is an out of date, old fashioned, religious organization”. This really got me thinking. Are people going to recommend us if that is how we are viewed?

So, I initially shared that I was just going through the motions since coming back to AA this time. My PRAASA experience has reignited my passion for Alcoholics Anonymous. Many times, over this weekend I was brought to tears with an immense gratitude that I get to be a part of this deal. The 2 most powerful moments of the weekend for me were both around the work that we do to translate our info to include more people. One of which was when a Spanish speaking member went to the mic with an interpreter. The enthusiasm and gratitude from this member were electric. The other was after it was shared that the Navajo version of the Big Book is “ready to go”. They played the audio for the 12 steps in Navajo. After this a Navajo woman went to the mic and spoke to us in her native language with tears of gratitude that now she can share this message with her Elders. THANK YOU GOD, AA, & NO KA OI FOR SENDING ME TO PRAASA!

Mahalo,  
Brandon L.

### **Special Moments at PRAASA 2018**

Aloha All,

My name is Clifford and I am an Alcoholic. I had the privilege of attending PRAASA 2018 in Sparks, Nevada. Being among the 1,600 plus in attendance always lift my Spirits. Knowing all in attendance are trying to keep our doors open to the Alcoholics who are soon to be in our Fellowship.

There are always Special Moments whenever I attend events like PRAASAs or Area Assemblies or Conventions or Intergroup sponsored events like Founder’s Day and Gratitude Night. This PRAASA was no different. My higher power continues to work miracles. I arrived in Reno on Thursday afternoon and my first special moment was a text welcoming me to PRAASA from a GSR from my home island of Maui. The rest of the weekend I was never alone. I spent a lot of time with another GSR from my home island, a good friend from Kauai, and many other awesome people from Hawaii. One regret was I did not meet too many new people. I did see a familiar face from last year’s PRAASA, a great lady from Alaska. This PRAASA was meant for me to get to closer to those I spent my time with and I did!

Special Moments are those where tears flow with gratitude, when someone or something touches my heart. I know if I “spiritually listen” (heard at last year’s PRAASA) to the shares there will be those moments. The first was on Friday when the Delegate from Area 05 spoke on the Court Ordered members. I came in as a court ordered member and stayed. If the rooms were not open for me to get my court card signed I don’t know where I’d be today. The second was when the Delegate from Canada shared about their son overdosing and dying a week before last year’s PRAASA and how the members supported her. This was a tough one as I was there last year when this was shared.

One of my favorite moments was when three Hawaii boys decided to go outside in the cold and stand in the snow. This may not seem too exciting to those who live in snow but to the three crazy Hawaii boys this was awesome!

I look forward to attending next year’s PRAASA in Irvine, CA. Having those special moments tells me **“Now I know why I am here”**.

With love and service,  
Clifford S.

### **PRAASA – The Experience Changes**

I attended my first PRAASA in 2011 in Honolulu. I was the DCM for Kihei District. I had been to a PRAASA report back from the people who attended the 2008 PRAASA in Anchorage Alaska and was impressed with the enthusiasm that they had for PRAASA. I had also heard from others who had attended PRAASA’s that it had been a life changing experience. I naturally went to the first PRAASA full of anticipation. That was not my experience at my first PRAASA – as I was waiting for a spiritual experience and that did not happen. I felt alone and not “a part of”.

Thankfully I didn’t give up five minutes before the miracle. That first PRAASA was in the first year of the panel and so I was “obliged” to go to PRAASA the following year in Bellevue Washington. I did some things differently that year. The main thing I did was to volunteer for a service position. I got to be a greeter and, in the process, got to meet and talk to people from other areas. That single act of volunteering to be of service made the difference that year. Since then, I have attended every PRAASA in various capacities. The things that I have learned to do are very simple. I plan to arrive so that I can be there a full day before the main meetings begin. Jet lag is not my friend. I also plan my return flights so that I can be there for all the

presentations on Sunday – the Past Trustees Panel should not be missed!! I also know that I am a terrible note taker – I hear wonderful things that I want to remember, but by the time I’ve noted them, the speaker has said something else wonderful and so on – I can’t keep up!! I’ve solved that problem by purchasing a set of the CDs for myself and I can listen in my car as I drive around the island.

One of the gems that stood out for me this year was the presentation about the Hispanic Women’s Workshop. In listening to the speaker, I could not help but identify with the shame that many Hispanic women face around alcoholism – I am not Hispanic, but I certainly felt shame around my alcoholism. The struggles that they are experiencing sound much like those that of all women experienced during Alcoholics Anonymous’ early years.

Some “one-liners” that I loved: “service without love is worthless”, “If you don’t have something to say, don’t try to put it into words”, “the more we talk, the closer we get to the truth”, and “we all make mistakes – we can correct poor decisions”. The experience changes, but as so many of the speakers said – it is all about love and service. I plan on returning next year!

Karen N.

### **Staying in the Game**

I’ve been a baseball fan for most of my life, drunk and sober. I’m not a big fan of pro baseball as we haven’t had a pro team in Hawaii, outside of short lived summer leagues, since the old Islanders. But I have been going to UH Rainbow Baseball games for over 30 years.

If I'm completely honest, in the early years that I went it was mostly an excuse for drinking. I could get pretty polluted on those big beers they served. And, if the truth be known, I wasn't averse to smuggling in some extras hooch.

But I was a good fan in that I went regularly, just like I drank, and I was vocal, very vocal. Thankfully I wasn't too rude, even when drunk, though I can't speak for games in a blackout. I was once even mentioned in an article in our local paper as one of the "bleacher creatures."

After a few years of just going when I could, a friend and I got season tickets in a great row and started going as much as possible.

Then alcohol stopped working. Completely. I got sober in April 2004, mid-season for the Rainbows. By the time I got out the season was mostly over with only away games to be played. But the next year, using my best thinking, I was back in the bleachers.

I don't know about you, but even today being around a lot of folks drinking can make me a little uncomfortable. Even when I'm not looking at them wishing I could join them, and that never really happens today, I'm just not feeling "a part of."

The first few games of that first "sober season" were not fun. In fact, I strongly considered giving up on local baseball, perhaps any baseball. I'd go to meetings before a game, try to bring sober friends, leave if I felt odd and go to a meeting, all the things we try. And still...

Then someone asked me a very important question, "are you there for the crowd or the game?" I was there for the game. Why was I paying attention to the crowd? The players weren't drinking (and really, most of the crowd wasn't either...just my faulty perception).

I decided I'd pay a bit more attention to the game. In those days the radio announcers bemoaned the fact that only a few folks in the stands were keeping score, something very prevalent in days past. That was the ticket, I'd learn to keep score.

In truth, it's not very hard, but it does take practice and I took to it with a will. Yes, you can use will power successfully, just not with drinking. Soon I was one of those few watching the game intently, keeping score, and, importantly, not focusing on the drunks in the stands, but on the game, I'd come to see.

It's a few years down the road now. I no longer feel uncomfortable in the stands, even with the drinkers around me. There are fewer of them than I remember, or maybe I'm just seeing reality a better these days.

I still keep score and focus on the game that's being played in front of me. In truth it's great lesson for me in sobriety. I had a purpose in going to the game, to watch the game. But early on I focused on other things and got distracted. Once I found a way to be really present in the moment, in the game as it were, I was fine. Most of my life is like that. If I pay attention to my purpose, I'm fine.

Keeping score has also taught me another lesson about inventory. If I keep score, at the game or of myself, I can look back and see what really was going on, even when my memory remembers something "another way." I'm not a great inventory taker, but I've found that through practice and application I've got a pretty good scoresheet these days, I make a lot less errors, haven't been called out nearly as much, and haven't been tossed from the game yet.

Bob H.

### **PRAASA 2018 notes**

What is relevant...??

AA educates the fellowship one member at a time....

whether in the "Homegroup" or at Intergroup or at District and yes at the Area level.

In this we members begin to understand that AA is bigger Than my little mtg.

(in my case Kalama Park Happy Hour, where I sobered up and have attended regularly for the past 17 years... and now Friday Night Young People) ...

PRAASA is the equivalent to the college education of Alcoholics Anonymous

I have attended 12 PRAASA events....3 of which AA's 7th Tradition dollars funded my travel expense...

My first experience was in Irvine Ca. in 2004...I covered all my expenses. and traveled with a GSR from my Homegroup...

I left with the clear understanding that my future was to be of service...!!!

I the last 8 trips to PRAASA were all self-supporting...I say this to be reminded just how grateful I am for the life AA has given me...

I always want AA to allow anyone who thinks they may suffer from alcoholism a chance at a sober life...

I never know what to expect from an event of this magnitude...Yet IO always take something home...

"Who am I to say what it is another drunk needs to do or needs to read to find peace in sobriety"

Well informed members make for a Healthy Fellowship!!!

Colin H

**Claire H, GSR for Happy Hour Group, Mon. – Sat. at 5:30pm, Kalama Park, Kihei, HI  
Report from attending PRAASA – The Pacific Region of AA Service Assembly  
Reno, NV March 2-4**

- I knew 34 people who attended PRAASA, most of whom were from Hawaii Area 17.
- The theme this year was “AA: A Solution for all Generations”. I found this to be of particular interest as I am part of the Cooperation with the Elderly Communities (CEC) standing committee reaching out and carrying the message to our Kapuna and am also very involved with the Young People conferences, meetings, and recovery focused social events, encouraging recovery as a comfortable fun way of life to those who are young at heart.
- **Panel #6 - AA in the 21st Century**, moderated by our very own Kihei District Committee Member Betsy B, was my favorite of all the interesting panels, and covered these topics: How is Our Fellowship Planning for Our Future?; First 164 pages: Relevant or Is It Time for Additional Versions?; Are We Seeking Forward-Thinking Trusted Servants?; and Has Organizational Rigidity Set In?
- On the topic of new books, I heard at the microphone, “Our literature is a tool, why not have lots of tools?” Perhaps having an open mind about a new tool, as in a new version of the first 164 pages, is a great idea for the 21st century and beyond. I believe some people are in fear that their beloved 4th edition Big Book might get dusty on the shelf if there is a re-write with new language of the first 164 pages. The message I heard was, don’t live in fear. Life is always changing.
- How about a new book combining not just the 12 steps and the 12 traditions (which we lovingly call our 12and12), but also including the 12 concepts of general service? Not just the 12and12, but a 36 book like Mexico has created. Many members in my home group Happy Hour had never even heard of the 12 concepts and think this new book would be a great idea although the 12 concepts are already printed in the service manual. They’ve never even seen a service manual. I will be able to carry this group conscious to our upcoming Inform the Delegate area assembly in April.
- AA World Services hired an independent firm to study AA’s perception with the general population. Here are the two main things they found of AA’s perception... #1. AA saves lives. That’s great! And... #2. AA is outdated, old fashioned, and religious. I found that interesting, and highlights to me the need for new tools, such as literature, and thinking about “How is Our Fellowship Planning for our Future?”, because I want the hand of AA always to be there, and for that, I am responsible. What can we do? How can we change with the times and be forward thinking?
- Another issue that I heard a lot about again is the use of social media. Do we connect the program of Alcoholics Anonymous with our sobriety on social media and not realize? it? What about online meetings for remote communities? How about Central Office websites, or a LinkedIn page for AA? Is this breaking anonymity or is this a technological tool in carrying the message and allowing people to find us? There are more and more “private” FB groups like Gratitude Group Maui or Maui Women in the Fellowship. Are we creating unity or are we creating clicks? How are we maintaining the tradition of anonymity and how are we using social media to include the newcomer?
- I was in service this year at PRAASA by being the Facilitator for the Treatment and Accessibility roundtable. Topics the group discussed included: o Treatment Centers are NOT alcoholic anonymous.



- o Meetings in treatment centers. Literature to reach out to treatment centers.
- o Bridging the Gap ideas and how to encourage the smooth transition from in-patient treatment to life with meetings. Giving rides is so important.
- o What is accessibility? Accessibility and remote communities, kid friendly, languages.
- o Can we do more to find and reach into the deaf/hard of hearing and blind communities?
- o Know what your community needs are and address them. Update schedules with accessibility information on them.

• One of my favorite discussions was about the Young People movement and representation. The question was asked in Panel #5, Young People in AA: where are they and why don't they stay? The dialog was quickly changed to Young People ARE here. Ask them WHY they stay. I believe that young people are getting more and more active in YPAA committee work. Our MICYPAA, HICYPAA, and Crossing committees for example, are full of service minded people carrying the message of hope in recovery. They are busy and active which is very exciting. How then can WE encourage them to be more involved in area service? I spoke with other YPAA members at PRAASA from Northern CA and Idaho about what they are doing in their areas. Giving YPAA committees a vote in district meetings or at the area level would be helpful to including YPAA committee members in AA general service activities. Our newest idea is to have a new Cooperation with the Young People committee established in each district, like Cooperation with the Professional or Elderly communities to promote outreach, inclusion, and unity with young at heart people at the district and area level.

• In closing, I particularly loved hearing each Delegate speak and the Past Trustee Sharing Sessions. I'm very inspired and honored to represent Happy Hour at the 2018 Pacific Region AA service assembly. Thank you!

### **Gratitude in AA**

Hi all, not so sure I'm able to express my gratitude for Alcoholics Anonymous in any way that could measure up to what's been so freely given through General Service.

I guess it all started during one of my first attempts at getting sober. There were many. I was hanging around my friend old man Walter, at the "Daily Enders" group in Freeport, Long Island, when he told me he was going to give me a "gift". Now, where my head was at, at the time, I expected him to hand over a wrapped-up package, or a twenty-dollar bill. But it wasn't ...he said that he was giving me his coffee commitment. At first, I didn't understand why he was so happy. But right now, this moment, on the plane returning from PRAASA, as I'm looking around at the people, the so called normies, who are sipping their rum punches as if they had all night, I do. What he gave me was a whole lot more than a coffee making job. He gave me an opportunity to get out of my head for two hours, three days a week, not being concerned about me and my problems, but how I was going to be useful to all you people who were headed for that coffee as soon as you entered the room. I've had a few commitments since then, and the fact remains the same, whenever I'm in service, I'm not thinking about my little plans and desires, or my worries and concerns. I get to think about how I'm being useful to God and my fellows. So, next time you hear an announcement at a meeting regarding an available service commitment, take a leap of faith, accept the "gift", put up your hand, and just do it, you might just help change somebody's life.

My full PRAASA report back will be at the District mtg. on Saturday April 21 at 9:30 at the Lihue Neighborhood Center and will be posted on our website [Kauai.org](http://Kauai.org). The opportunity to serve as DCM on Kauai is truly beyond my wildest dreams.

Mahalo! Steve Q

# GROUP HISTORY FORM

When completed, please return to:

[archivist@area17aa.org](mailto:archivist@area17aa.org) and [archives@area17aa.org](mailto:archives@area17aa.org)

Name of Group: \_\_\_\_\_

Previous Name: \_\_\_\_\_

Date Founded: \_\_\_\_\_

Founders: \_\_\_\_\_

Early Members: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Place and time of first meeting: \_\_\_\_\_

Do the early members continue to attend? \_\_\_\_\_

Current Meeting (place/time/format): \_\_\_\_\_

Current Membership #'s: \_\_\_\_\_ each mtg \_\_\_\_\_ home group \_\_\_\_\_ business mtgs \_\_\_\_\_

Did the group move?

Dates: \_\_\_\_\_ Location: \_\_\_\_\_

Dates: \_\_\_\_\_ Location: \_\_\_\_\_

Dates: \_\_\_\_\_ Location: \_\_\_\_\_

Dates: \_\_\_\_\_ Location: \_\_\_\_\_

Group History (such as anniversaries, special meetings, outside speakers, notes about the founders, etc.):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Note: Please include any/all information you may be aware of, not asked for on this form, as it will result in a clearer or more factual account of your group. Other pertinent details:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Prepared by: \_\_\_\_\_

Date: \_\_\_\_\_ Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

**Long-Timers Interview**  
\*\*Suggested questions \*\*

1. What is your full name and sobriety date? (last names will remain anonymous)
2. How did you first learn about AA?
3. Where and when did you attend your first meeting?
4. Have you stayed sober since your first meeting?
5. Were there many meetings that were active when you got sober?
6. Are they still active today?
7. Did you have a sponsor? Tell me about him/her.
8. Did someone take you to meetings in the beginning of sobriety?
9. What kind of service activities have you participated in?
10. Are you still active in AA today?
11. Have these activities aided in your sobriety?
12. What were the twelve step calls like in early sobriety?
13. Can you name some of the founders of your early group?
14. Do you have the names of any other long-time members who would like to share their stories with the Hawai`i Archives Committee?
15. Is there anything else you would like to share that has not been covered in this interview?
16. Please list suggested questions below to add to this Long-Timers interview for the Hawai`i Area 17 Archives.

**When completed, please return to:**

**[archivist@area17aa.org](mailto:archivist@area17aa.org), [archives@area17aa.org](mailto:archives@area17aa.org)**

## INFORMING OUR DELEGATE – 2018

N Y M R O G T L B E S S V Z I L H K E H  
 W O F N A P G Z R G W Z C B G M J R O G  
 E O I O O Q I U B E E F O I W D L O V S  
 D A O T H I T N R D V R H H P N L Y F X  
 P V S A A A S U I M R O F N I O Y W P Y  
 T A T P R P S I D O A S Q K Y I T E W S  
 X T M E V N I Z V S N T Y Q C T P N N Q  
 D S T P E S S C J E Z F S Y Q A M J S O  
 F I V C H W U S I Y R R P R O C E S S P  
 L A D N O L T J Z T D J M A C I Q M U R  
 Q L A J Q T E S A W R Q J D H N P Z T A  
 Z H B L L O M T X G A A A E O U I A A A  
 K W O H Z X F F S G Z S P L A M Q T D S  
 S E E T S U R T E Q S Y T E R M M F Z A  
 C O N F E R E N C E G H L G J O U U V R  
 V Z W I A I D F M I Y T N A W C B K P Q  
 A Z S V D A D B J C C B A T Y G R K K M  
 Q U P A X S L C B I T B X E T W Y C C M  
 F Y W N M Y K V W W Z Z X N B U P M K N  
 I R X D R J O A R S W J A N E P Y H Q Z

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