



MYNAH BIRD

HAWAII AREA #17 NEWSLETTER



Area Website: www.area17aa.org
to: mynahbird@area17aa.org

Articles

November 16, 2019 Committee Meeting
Windward District 4

Hawaii Area Committee
P.O. Box 1413
Honolulu, Hawaii 96806

P.O. Box 459
Grand Central Station
New York, NY 10163

Who should attend:

Committee Meetings: Attendance by DCMs, Area Standing Committee Chairs, and Area Officers is required. GSRs are not required to attend but strongly encouraged.

Assemblies: GSRs, DCMs, Area and District Standing Committee Chairs, Area Officers, others as necessary.

“God grant me the serenity to accept the things, I cannot change, courage to change the things, I can, and the wisdom to know the difference.”

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“GOT SERVICE - Kristina J.

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SAFETY WORKSHOP

Safety Card for A.A. Groups

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting

place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior, which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the laws, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

Our common welfare

Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

- Tradition One (Long Form)

It is hoped that our common suffering as alcoholics and our common solution in A.A. will transcend most issues and curtail negative behaviors that could jeopardize the safety of anyone attending an A.A. meeting.

Nevertheless, Alcoholic Anonymous is a microcosm of the larger society we exist in. As such, problems found in the outside world can also make their way into the rooms of A.A. For this reason, groups and members discuss the topic of safety - to raise awareness in the Fellowship and to seek through sponsorship, workshops and meetings to create as safe an environment as possible to carry A.A.'s message of hope and recovery to the still suffering alcoholic.

The Safety Workshop Panel consisted of Suzie N. from A Spiritual Awakening; Jeremy from Knuckle Heads, Linda T. and TJ, from A "Wake Up Call;" and Deborah S. facilitated the panel discussion.

The workshop covered various aspects of Safety in A.A. and below are just a few: Sniper Sharing. I had never heard of this before. Apparently, it is a form of cross-talk at the podium. For example, "If I was someone who..." It is meant to slam someone indirectly, in front of the group. Inappropriate touching: several young women expressed feelings of discomfort when older men let their hands linger too long, too tight or too close to private areas. One lady stated from the podium that she preferred not to be hugged for this specific reason.

This topic was followed up with do we get TRO's against A.A. members, and can we ban someone from A.A.?

Panel Discussion: The answer is Yes! We certainly should get a TRO if the behavior warrants that course of action, and No we cannot ban someone from A.A. as a whole. However, each group is autonomous and has the ability to 86 anyone who is endangering its members or damaging the facility where they meet. We listened to various stories from members who experienced predators in A.A. It was highly suggested that men work with men and women work with women. If someone is actively perusing you, asks you "to keep the relationship a secret, or asks to borrow money", they may be attempting to take advantage of the disadvantage (better known as 13 stepping). We encourage you to talk to an elder statesman A.S.A.P. Again, the solution is to ask for help! Possibly have a discussion about Safety in your Homegroup's Business meeting. Come up with a game plan. Ensure that our meetings are safe as possible to carry the A.A. message of hope and recovery to the still suffering alcoholic.



Oahu Intergroup of Hawaii, Inc.
 Meets the 2nd Wednesday of each month
 810 N. Vineyard Blvd | Honolulu, HI
 Palama Settlement
 6:30p-8p
Oahu Central Office
 Physical address | 1188 Bishop Street |
 Suite 3406 | Honolulu, HI 96813
 Mailing address | PO Box 2384 |
 Honolulu, HI 96804
 (808) 946-1438
 Office Hours | Monday – Friday 9am-6pm
 Saturday 9am – 3pm
 Closed Sunday
Make checks payable to Oahu Intergroup

GROUP NEED SUPPORT

- ◆ **Kailua Women's** |
Wednesday 8:00 pm | Kailua
United Methodist Church
- ◆ **Imua Waimea** | Monday 8:00
pm | Saints Peter & Paul
Catholic Mission
- ◆ **Women's Reflection** |
Tuesday 6:30 pm | Central
Union Windward, United
Church of Christ
- ◆ **Pearl Ridge Round Table** |
Monday 8:00 pm | on the
lanai | St. Timothy's
Episcopal Church
- ◆ **Windward Pathfinders** |
Friday 8:00 pm | Central
Union Windward, United
Church of Christ
- ◆ **Saturday Night Fever** |
Saturday 10:00 pm |
Starbucks across from Home
Depot in Kapolei
- ◆ **As Bill Sees It** | Friday 8:00
pm | Kuhio Beach Sidewalk
at the end of Ohua Street,
ocean side of Kalakaua
- ◆ **Reach for the Stars** |
Monday 8:00 pm | on the
lanai | Kilohana United
Methodist Church
- ◆ **Makakilo Hill Climbers** |
Tuesday 8:00 pm | Makakilo
Baptist Church
- ◆ **High Nooners History 101** |
Thursday 12:00 pm | St.
- ◆ **Schofield Brown Baggers** |
Monday - Friday 12:00 pm |
Schofield Barracks

CARAVANING

Last year while Jack G. and the Office Manager were Caravaning to all of the groups on the island of Oahu there was discussion of our next steps. Along with input from the Central Office Volunteers we identified the need to have a Mobile Book Bank to service rural groups on Oahu. It made sense to participate in the District meetings. To provide information, support and encourage their participation in Oahu Intergroup.

The OIG Treasurer and the Office Manager began this new adventure on March 19th attending the Central North Shore District #9 business meeting. We received a warm and gracious welcome. We provided 2018 year-end reports for all groups who contributed to Oahu Intergroup in 2018 that meet on the North Shore of Oahu. We sold a couple of books, and Oahu Meeting Schedules. We also provided a packet to each GSR to share with their Homegroups.



It was wonderful to watch the District resolve issues and come up with a plan to host a committee meeting for Area sometime next year. While discussing events and the OIG needs, we asked if anyone in District #9 would be willing to host the Bill & Lois Dinner? We were hoping to have events across the island and thought it might be nice to have an event on the North Shore. Pati M. graciously agreed to Chair the Bill & Lois Dinner. We set the date for October 12th at Camp Homelani. Look for tickets and a flyer to be released sometime in June.

On April 18th the Activities Chair and Office Manager visited the West Side District #17 business meeting. The DCM asked if we have group contacts, and would we be willing to share that information? Of course we would be happy to share. We are actively collaborating together to support the groups on Oahu.

The District Caravan / Book Mobile plans to attend District #4 on May 20th. Please let your GSR know how the district or Intergroup can better serve you.

ACCESSIBILITY C O M M I T T E E

Oahu Intergroup has a new Accessibilities Committee! We are looking to add ADA compliance meetings to the Oahu Meeting Schedules. We need your help! Linda T., has graciously agreed to attend all meetings in the Honolulu #2 District and have groups determine if they are compliant.

Essentially, we need 6 things:

1. Is there a parking stall specifically for individuals with accessibility issues? Does it have an 8-foot wide access aisle, with 98-inches of vertical clearance, available for lift-equipped van? Yes No
2. Is there a ramp with 6-foot long railings, between 34 and 38-inches high? Yes No
3. Does the entrance door have at least 32-inches of clear opening (for a double door, at-least one 32-inch leaf)? Yes No
4. Is the threshold 1/4-inch high or less, or if beveled, no more than 3/4-inches high? Yes No
5. In the restroom, is there a wheelchair accessible stall that has an area of at least 5 feet by 5 feet, clear of the door swing? Yes No
6. Or is there a less accessible stall that provides a greater access than a typical stall (either 36 by 69-inches or 48 by 69-inches)
Yes No

Our goal is to update the website with this information for each group on Oahu by the end of the year. Please attach this checklist with a completed AA Group Information / Change Form and submit to Oahu Central Office.

ALCOHOLICS ANONYMOUS HAWAIIAN MEETING SCHEDULES

[Oahu Intergroup](#)(Waikiki and Honolulu are on Oahu)

P.O. Box 2384, Honolulu, HI 96804

808-946-1438

[East Hawaii Intergroup \(Big Island of Hawaii\)](#)

P.O. Box 1434, Hilo, Hawaii 96721

808-961-6133

[West Hawaii Intergroup \(Big Island of Hawaii\)](#)

P.O. Box 5135, Kailua-Kona, HI 96745

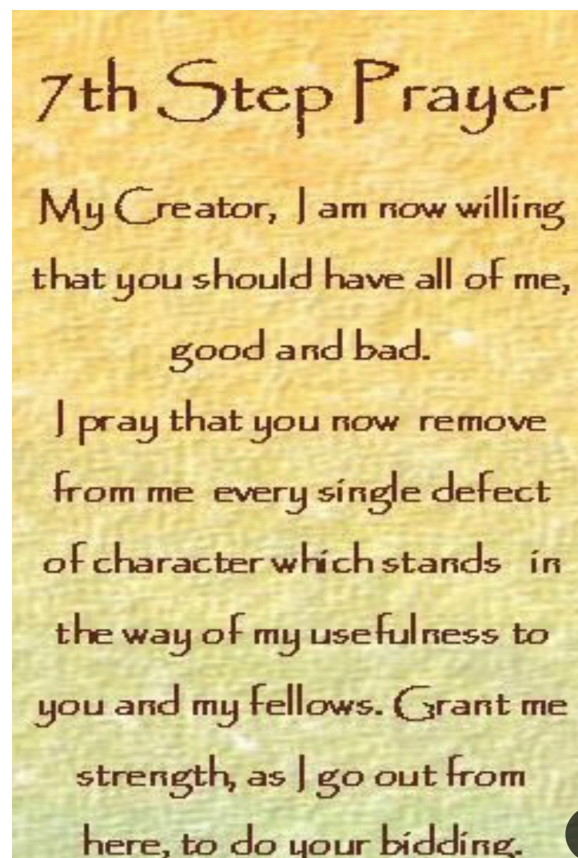
808-329-1212

[Maui Intergroup](#)- 70 Central Avenue, Suite 1, Wailuku, HI 96793

24 Hour Hot Line - (808) 244-9673

[Kauai Intergroup](#) - P.O. Box 3606, Lihue, Kauai, HI 96766

(808) 245-6677 - answering service



Links for upcoming conventions:

www.bigislandbash.com

www.annualhawaiiiconvention.com

Links for West Hawaii's upcoming events:

UP COMING EVENTS

1. *Fourth of July Fish Fry and Potluck*

July 4 @ 10:00 am - 5:00 pm

2. *Mana of the Roundtable Anniversary Picnic*

July 13 @ 10:00 am - 4:00 pm

3. *AA Area 17 (Hawaii) Budget Assembly*

August 24 @ 8:00 am - August 25 @ 5:00 pm

4. *Unity Day – East Meets West*

September 28 @ 9:30 am - 4:00 pm

Links for Maui's upcoming events:

[Delegate Report Back 2019](#)

[July 4th Picnic 2019](#)

[58th Annual Hawaii Convention 2019](#)

[Molokai Crossing 2019](#)

GOT SERVICE?

I was sitting up on my top bunk in MCCC when I saw three women come walking down the hill towards our dorm. The officer bellowed, "AA in Dorm Five!" And off I went to my very first AA meeting. This was my introduction to service, and it had great importance in my life. If these women had not been of service carrying the message of AA into MCCC, I probably would not have remained sober. Service continued to carry me through my journey in my early days in AA, even while I remained incarcerated. I was on an electronic monitor and trying to convince my counselor that meetings were very important. When she remained stubborn, I made myself the "Assistant Coffee Maker" at the Wailuku Group. Now, I doubt the coffee maker needed an assistant, but my new home group encouraged me to help, and I was allowed by my counselor to attend the meeting since I held a "Service Position." Being a painfully shy person, this position allowed me to meet people one cup at a time, build a fellowship slowly as well as have a home group. I learned how business meetings worked, and what a group conscience was. I felt part of something, and even though I wasn't really holding a position, I was welcomed as a home group member. My service, in assisting the coffee maker, was respected. My journey upon release from MCCC brought me to Kihei. I was new to Kihei, and at my very first Saturday morning meeting someone nominated me for Secretary in order to welcome the new girl to town. Again, it made me feel "part-of" and included. For other groups I have held many varied service positions. In each position what I have found is that it keeps me present and involved. I have discovered that there are certain positions I am just not cut out for. (God bless those that are.) I recognize my limitations. An old friend used to say he liked to be the spear carrier in the second row. I like that. Suits me just fine. If those three women had not walked down that hill, I would not be sober. Service brought me to AA, so I owe a debt I cannot ever pay back, and I am delighted to do so. Currently, it is my extreme pleasure to be of service as the liaison between AA and MCCC. It is now my turn to make the arrangements for women of AA to carry the message into MCCC. Who would have thought I would be given this opportunity? My favorite form of service? Sponsorship. I love giving back what my sponsor has given me. It's so cool to always be in the literature, meeting with the women I work with, hanging out, talking, laughing, crying, drinking tons of coffee, working the steps and getting to know each other. One alcoholic talking to another. It doesn't get better than that. If you are contemplating going into service and struggling with what type of position may suit you, let me tell you what my sponsor said to me once upon a time. (I was still on the electronic monitor and very limited on mobility.) She told me there were all kinds of service: helping to stack the chairs, giving someone a ride home, putting out your hand to a newcomer, smiling and saying hello, sharing your story so someone can relate to you, showing up at the same meeting regularly so you become a friendly face, putting a little something in the basket to help the 7th tradition, taking down numbers and calling people to say hello. There are so many ways to start. You can build from there. Next step ... Coffee Maker! If you don't think you can handle it, I highly recommend the position of Assistant Coffee Maker.

Service with a Smile :)
Kristina J.

Step One

K C O R D E B C P G C E
P R E C A R I O U S H C
E X P E C T I N G N A N
P O W E R L E S S Y L E
A N O I T A R E B I L D
H U M B L E S Q V V E I
R A P A C I O U S F N V
U L T I M A T E L Y G O
Y L S S E L T N E L E R
Q C I L O H O C L A D P
U N M A N A G E A B L E
V G N I T A T S A V E D

ALCOHOLIC
CONSEQUENCES
HUMBLES
PRECARIOUS
RELENTLESSLY

BEDROCK
DEVASTATING
LIBERATION
PROVIDENCE
ULTIMATELY

CHALLENGED
EXPECTING
POWERLESS
RAPACIOUS
UNMANAGEABLE

