

Cooperation with the Elder Community  
Panel 71 Recap

11/20/2022

Submitted by Mary N / CEC Chair

**Indebted to our committee members:** Karen B/Kona, Ann Marie E/ Iao Congressional Church, Sharon J/A Spiritual Awakening, Connie S/ Na Wahine Ku Pono, Derek D/Men's West Side Stag, Julie C/ Ho'omaikai'i, Eric C/ KKAA, Lucy B/Kihei Morning Serenity, and chair Mary N/12 Coconuts Waikiki Online and newest member Michelle / Island of Hawaii

The chair would gratefully like to acknowledge the participation and work of the committee members. Panel 71 CEC Committee had stops and starts after the resignation of the Chair and the availability of the incoming chair.

With delays aside, the committee exceeded expectations with groundbreaking action items and dissemination of information.

**ACCOMPLISHMENTS:**

Research and establishment of statewide KUPUNA assistance websites

Creation and establishment/building of a Newcomer Virtual Library that is maintained on the area 17 website

Creation and QR code usage for communication through various forms of contact: email, posters, flyers

Printing and dissemination of easel-back signage for use throughout the area in libraries, senior care facilities, etc.

Creation of a 30x70 Banner for use at health fairs or wherever possible

Enhancement of area 17 CEC landing page with free access to all creative, in various formats, for future use by CEC, Districts or other SCCs

Complete review and updating of the original 2005 CEC workbook that had been housed on the area 17 website. This included, but is not limited to:

Removal of all quotations " " surrounding literature and internet links to all individual referenced literature now embedded in the document.

Updating of dated information (such as pricing in the suggested 2005 items considered for budgeting

Addition of internet references, with links, for online meetings

Addition of QR code into (suggested) the introduction letters to various entities

Updating of pamphlet names where appropriate: "Frequently Asked Questions About A.A. - (Formerly 44 Questions)"

Insertion of visual of the "problem with alcohol" flyer created by this panel

The 43-page document will be posted on the area 17 aa website in both word format and .pdf format. Both include extensive links. The word doc will make it easier for any panel, district, or SCC to copy and paste sections, links or especially the draft / suggested letters to various entities such as senior care facilities, physicians, etc.

**SUGGESTIONS FOR THE NEXT PANEL:**

For the panel: Make sure, through orientation, that the various subcommittees are aware of tools that have been shared on the website.

**RECOMMENDATION PANEL 73 CEC COMMITTEE...** It is strongly advised to take their first few meetings and START with the updated CEC workbook. (This will eliminate 'recreating the wheel' and allow for forward movement, newly created goals, and action steps for their panel)

When utilizing the .pdf version and reading all of the suggested documents, via the links in the workbook document can be daunting, but this is also a **GREAT resource for all subcommittees** and how it could influence their work.

Compare this workbook to those listed below and update accordingly so they can work in tandem Find out why there is NO CEC workbook on aa.org. Perhaps the next panel could present for consideration

**What did not happen:**

This document has NOT been compared to the existing workbooks for these other subcommittees.

These are found on aa.org:

Cooperation with the Professional Community Workbook

Treatment Committee Workbook

Public Information Workbook

## RESEARCH and suggested links for statewide KUPUNA assistance websites

### 2021 Kūpuna Resource Guide

More than 200 organizations that can help seniors learn, live and thrive in Hawai'i.

*Article:*

<https://www.honolulumagazine.com/2021-hawaii-kupuna-resource-guide/>

*List of 200:*

<https://www.honolulumagazine.com/2022-kupuna-guide/>

Hā Kūpuna, the National Resource Center for Native Hawaiian Elders, is one of three National Resource Centers for Native Elders funded by the U.S. Administration on Aging (AoA), Department of Health and Human Services.

<https://manoa.hawaii.edu/hakupuna/kupunaresources/>

### Honolulu's Aging & Disability Resource Center (ADRC)

<https://www.elderlyaffairs.com/site/1/home.aspx>

### Ka Wai Ola Kūpuna Resource Guide

<https://kawaiola.news/kupuna-resources/kupuna-resource-guide/>

### Kūpuna Power – resources for all islands

<https://www.wearekupuna.com/local-resources>

### Maui County Office on Aging

<https://www.mauicounty.gov/255/Office-on-Aging>

### Big Island Kokua

<https://www.bigislandkokua.org/directory/directory-category/kupuna/>

### Hawai'i County Office of Aging (HCOA)

<https://www.hawaiicounty.gov/departments/aging>

(Karen has visited HCOA, has brochures and left brochures in civic center – also calling on food banks and MOW services, also visited homeless shelters and dropped brochures, grapevines, offered to assist with zoom also doctors offices, urology, cardiology ... 2x week and works on all references)

### County of Kauai Agency on Elderly Affairs (AEA)

<https://www.kauai.gov/Elderly>