

Garden Island Sobriety

'Step Two'



“Came to believe that a power greater than ourselves could restore us to sanity.”



He said: Just what does sober non-restored sanity look like? After all, no drinking person ever thinks about the 2nd Step; this must have something to do with sobriety. Just because I'm sober, does it mean that I am somehow sane?

Perhaps asserting power over alcohol is an insane idea, or could it be managing my sobriety? Maybe it's both. I know that I can work on my anger, procrastination, maybe even greed and lust. I remember hearing a good deal about how I am supposed to avoid something like “The 7 Deadly Sins.” It must be about that powerless and unmanageable stuff, something I can't do anything about.

Looking back to the period of time when my Higher Power decided that I should be drinking (see, I have that powerless part down), I worked mighty hard to manage my circumstances to accommodate drinking. While that seems to have been a silly notion it worked so well that I ended up alone, drinking in the dark and hoping that tomorrow would not come.

Sober, I morphed that old idea of mine into managing my sobriety. It worked so well that I ended up sober, isolated and hoping that tomorrow would not come. How did I do that? Easy ... 'I did as much as I could to stay sober. I avoided people, places, and things, went to AA meetings every day, read the books, wrote the Steps, joined a group and got a sponsor. I did these things to insure that I stayed sober.

Insane? Yes. 'I was taking personal credit for doing what only my Higher Power could do. 'I was working at keeping me sober. 'I was managing my sobriety.

When the sober pain became bad enoughI moved on to the 3rd Step.

~ Anonymous, Kauai



She said: Thank goodness when I finally, blearily, walked into the rooms of AA

I was so emotionally, spiritually and physically exhausted that I was ready to believe in *anything* that could help me to stop being who or what I had become: a completely lost soul. In fact, looking back now I'm not even sure I saw the portion of the step regarding “sanity” that ended up being icing on the cake.

I didn't come from a religious environment and had spent years looking for something I thought was a higher power but never found it. It was never quite the right fit, if you know what I mean.

Then I saw that AA had a little provision in its language; my God could be a God of *my* understanding. Perfect! I was able to have a higher power that wasn't so big I couldn't wrap my head around it, or so small I couldn't refer even the most trivial of my problems to Him.

Some time has passed since I entered my first meeting and one day at a time that completely broken human being no longer lives in my skin. My periods of insanity are less frequent and shorter lasting but that's not to say I don't still have them. Apparently I sometimes forget what I learned early on; God is everything or God is nothing. My sick little brain sometimes tries to tell me I can handle certain areas of my life and that God is too busy handling much bigger problems of the world. I am well enough now and surely I can resolve *this* issue, whatever *this* happens to be - relationship problems, financial insecurities, a broken appliance, or even when I start to question why certain things happen the way that they do. The insanity starts to slowly creep back in. I begin getting those feelings of fear, disguised as anything, from self-righteousness to anger or depression. The horizon seems dark and the tunnel is long.

Eventually I somehow remember to use my tools - going to a meeting, calling another alcoholic, getting out of myself. And the light of the Spirit returns. I remember that God could and *does* when He is sought. Then I can relax and enjoy a sane way of life once again.

~Kathie G., Kauai

AA Hotline 245-6677



Birthdays Page 2



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Happy Birthday

Dotty	1/31	1973	36yrs
Susan C.	1/20	1988	29yrs
Laurie L.	1/20	1988	29yrs
Gloria C.	1/12	1984	25yrs
Barbara J.	1/1	1987	22yrs
Chris H.	1/11	1987	22yrs
Laurie L.	1/19	1988	21yrs
Bill M.	1/24	1990	19yrs
Mike M.	1/20	1992	17yrs
Tony C.	1/18	1997	12yrs
Steve M.	1/26	1998	11yrs
Tony S. (CA)	1/2	1999	10yrs
Luis R.	1/1	2001	8yrs
Kathie G.	1/11	2001	8yrs
Kurt	1/7	2002	7yrs
Susan ON	1/7	2003	6yrs
Ele J.	1/16	2005	4yrs
Maureen M. (CA)	1/30	2005	4yrs
Keeley W. (CA)	1/15	2006	3yrs
Liz O.	1/22	2008	1yr!
Emma S.	1/1	2008	1yr!

Birthday Celebrations

South Shore

- Koloa Aloha Women's 'As Bill Sees It' - 4:30 p.m. Last Monday of the month. **Cake & potluck.**
- Aloha Group - 7:30 p.m. Last Tuesday of the month - **Cake for Birthdays!**

East Side

- Hui Ohana - 7:00-8:00a.m. Last Saturday of the month. **Cake for Birthdays!**
- Steps to Freedom - 6:30 p.m. Last Monday of the month. **Cake & Potluck (7:30-8:30 pm meeting).**

North Shore

- North Shore Aloha Group - 7:30 p.m. Last Monday of the month - **Cake for Birthdays!**
- Princeville-Hanalei Group - 7:30 p.m. Last Thursday of the Month - **Cake for Birthdays!**

~About Publishing Birthdays~

Birthdays are published *the month following their occurrence*. To have your birthday published in the newsletter Contact Jerrie S. luv2bnh@hawaii.rr.com

From Our Readers Your Thoughts on Step 2

- ❖ **My alcoholism is** but a symptom of the larger issue which is the insanity that lived within me. Step 2 has always spoken to my heart and soul and has miraculously come true. Sobriety date 3/10/06
- ❖ **Came to believe.....** Restore me..... I really appreciate the words that were chosen for this step. I need to daily 'let go or be dragged' so that a power greater than myself can get in and restore me to sanity. Sobriety date 5/11/08
- ❖ **In step one** we admit WE can't and in step two we see HE/SHE can. Sobriety date 11/2/00

~ Submitted by Lori M.



A.A. Meetings



'The Water Meeting'

AT LYDGATE POND

2ND SUNDAY OF THE MONTH AT 1:00 PM

"WE MEET NO MATTER WHAT THE WEATHER IS"

BBQ /POTLUCK STARTS AT 10:30 AM

'Daily Reflections'

MEETING WED. 7:30 PM (KAPAA FIRST HAWAIIAN)
ASKS FOR YOUR SUPPORT IN ATTENDANCE

'Hui Lokahi 12 x 12''

MEETING TUESDAYS 7:30 PM (KAPAA FIRST HAWAIIAN)
ASKS FOR YOUR SUPPORT IN ATTENDANCE



Letters to the Editor:

RE: Oldies but Goodies, January 2009

I wonder if the shift towards reading AA literature in meetings reflected a groups' conscious decision to move away from the singular experience of an individual to the shared experience of the fellowship as a whole.

~ Lu

RE: Thoughts on Intergroup

The first meeting for the 2009 Intergroup panel met on January 3rd. Some new policies and methods for conducting Intergroup meetings were implemented by

our new Chair, which prompted many questions and not a little controversy. Several proposals follow for consideration:

1. **The Intergroup Representatives (IGRs)** will vote on any changes to the format of Intergroup meetings and procedures *before* they are implemented.

2. **The Intergroup Reps.** will continue to vote their conscience at the Intergroup meetings as trusted servants and representatives of their groups. If an issue is controversial, the motion can be tabled and referred back to the groups for group conscience votes.

- This month (January) one group conscience/business meeting lasted for over an hour just on Intergroup matters; several members left early; the GSR resigned.

- At most group conscience/business meetings, members do not want to spend an hour or two to thoroughly discuss Intergroup minutia. Most often the Intergroup Reps share “my opinion on this matter is...” and those present at the business meetings go along with that. They want to “get out of there.”

3. **Any motions that** require referral back to the groups for their group conscience will be put in writing for the Intergroup Chair, Intergroup Secretary and Newsletter Chair, with extra copies for the other Intergroup Reps (A copier will be brought to Intergroup in February).

4. **The Newsletter has** a wide online distribution and can e-mail a separate listing of the motions and “pros” and “cons” discussions submitted by AA members. Kaua’i AA members can then contribute to their groups’ true and informed group conscience votes.

5. **Provide all Intergroup Reps** with a copy of the current by-laws. If the by-laws do not state therein that Intergroup will follow The Twelve Traditions, they shall be amended to include that language.

- A yearly review/vote on whether Intergroup wants to revisit the by-laws rather than The Traditions..?

6. **Provide copies of** the AA Guidelines regarding Intergroups to all Intergroup Reps & interested parties.

- Intergroup Reps will review and decide whether to accept the advice and suggestions gained from learning experiences of other AA members and groups. The Intergroup Guideline from GSO is available at:

http://aa.org/lang/en/en_pdfs/mg-02_centralorinter.pdf

- From the A.A. "Central or Intergroup Offices" Guideline linked above, page one, item 7:

"Local A.A. Events -- An A.A. central office is a logical body to manage the details of an annual dinner, picnic, or convention, if the participating groups wish it."

(Continued on page 8)

KIYPAA - 'YOUNG PEOPLE' BRING YOU:

Valentines Day



February 14th at Lydgate Park

6:00 pm MEETING

7:00 pm POT LUCK

8:00 – 10:00 pm DJ

Acoustical Music after 10:00pm.

BRING YOUR INSTRUMENTS!

(No amplification after 10pm)

Volunteers are needed from any and all groups!!

Hot dogs and hamburgers provided

Please bring a side dish.

For more info. Contact Kathryn B. 634-4185



Happy Hour Group Passes The Torch

**The Eastside Homegroups Continue
Monthly Workshops in Kapaa**

WORKSHOP ON FEBRUARY 22, 2 – 4:00 PM

At the 'SMALL TOWN COFFEE SHOP'

This workshop will be about HICYPAA (Hawaiian Islands Conference of Young People in AA) and THE INTERNET FOR ALCOHOLICS.

- The Small Town Coffee Shop will be open at this time for the AA workshop only! Coffee will be Free but you can also order from the menu.

- The Eastside Home Groups (11 of them) will continue the tradition Happy Hour Group began in 2008 by hosting 3 workshops in February, March and April 2009.

- The Eastside hopes to inspire the South Side and North Shore Groups to round out the rest of the year's schedule.

BRING YOUR LAPTOP TO THIS WORKSHOP!!



It's a Spiritual Program

There is always a choice: The emotion of belief.

There is a pivotal point on which every joy and success in my life turns: Do I truly believe that God has the power to do anything, even change me?

This concept I may choose to believe in with my logical mind but it is only a concept, motionless and without effect, until I really 'feel' it.

I embraced this belief all of my life but never gave it the freedom to work because I never actually 'felt' that it could. The idea is grand and wonderful, it makes all things possible and I love that, but I can think, think, think about it all day long and if I don't allow it to really touch my emotions, I have grasped only thin air.

I have discovered in the program of Alcoholics Anonymous that I am not alone in more ways than one; i.e. being powerless over alcohol. In AA I have met many others who, like me, have the attribute and liability of above average sensitivity. Sounds especially are sharper for me than the average human being. A heightened sensitivity of the physical senses is only one reason that the muffling of alcohol brought me some relief. Another, even more compelling effect, was the way it suppressed my emotions. It dulled the sharpness of my pain. Later in my drinking career this method completely backfired as suppressed feelings exploded in episodic rage.

I was not consciously aware that I was trying to stay safely moored away from the tides of my emotions but as a pattern for navigating life it grew strong. My age in years progressed but my maturity in handling emotions did not. Emotions frightened me. They seemed to 'overcome me', made me feel powerless and shattered my sense of well being.

I approached Step Two realizing that it was truly the pivotal point in my recovery. All my life I had believed in God's power with my mind but by intuition and the support of Alcoholics Anonymous I suddenly knew that it was time to allow myself to really 'feel' this belief with emotions of gratitude and joy. It was a choice to unlock my safely guarded emotions. If I really accepted it as true I could allow myself to feel grateful for it.

The cool aloofness of a concept had no power to transform me as long as it is only a thought in my mind. It will remain only a thought until it is infused with positive emotion. My faith comes alive and connects me with my Higher Power when I allow myself to 'feel' it take effect. This is the true 'coming' of belief for me.

~ Linda B.



For Newcomers

I am an alcoholic and find joy in the many slogans, meetings and friendships the program of AA has provided me from the very beginning. Coming to believe, one of the twelve steps that offer relief from a past filled with guilt, resentments and shame, *is* a spiritual awakening.

Once a Higher Power is admitted into our lives the serenity begins to become part of our every waking moment. When we 'come to believe' this opens the mind to the possibilities for growth. With growth there is Hope and belief that the future can be more than we could ever imagine.

When someone gets sober for the first few months you often hear them moaning about the fact that their lives have come to an end, there is "no more joy", only meetings and steps. This is so far from the truth it really is laughable (but not to a newcomer). The meetings are filled with laughter and camaraderie and after a period of time (it is different for each person) the love and tolerance of the members is felt. The activities that are conducted by the members are sometimes found to be more enjoyable than the drunken parties of our past and the friendships formed are true and lasting. When a drunk has a friend, it is a friend in drinking and alcohol is actually the friend. These friendships seldom last. The difference between a drunken friend and a sober friend is the difference between a lifetime and an evening. Step two is only one of twelve so don't stop there!

As time goes on and the steps are completed in succession each part of your life changes. Your thoughts, your words, your actions will change and eventually you will find yourself on a higher plane looking back at the past and thanking YOUR Higher Power that brought you into the rooms of Alcoholics Anonymous.

~ Jerrie S.



Big Island Bash

Speakers Convention

April 24 - 29, 2009

The 21st Annual Big Island Bash at the
Sheraton Keauhou Bay Resort & Spa

For Registration, Schedule of Events &
Accommodations - www.bigislandbash.com

~About These Slogans~ ‘Think, Think, Think’



One of the many plaques you will find in the rooms of AA is the one that says Think, Think, Think. It is a little confusing for newcomers because we are told when we get here that our thinkers are broken, yet we see the plaque on the wall and it seems to be sending a different message.

In the place where I got sober the last word think on the sign was upside down and I thought it was a typo. When I finally got the courage to ask someone about the sign, they informed me that as a practicing alcoholic my thinking process was upside down, in order for me to recover, my thinking would have to be flipped over. This was not going to be as easy as it sounded, but it was a matter of putting the simple process of the program into action in my life and then my thinking would begin to be reversed.

They told me that if I should find myself in a position where my mind is telling me that one drink won't harm me or that I could drink after being dry for a period of time, that is when I should force myself to think the drink all the way through.

Most of us think about drinking in the most casual way, like when we first started to drink, when it was FUN. We skip over the rough parts, and totally ignore the disastrous end results, because the dis-ease, does not want us to recognize the reality of what it is trying to do to us. The Big Book states in Chapter 2, “We know that while the alcoholic keeps away from drink, as he may do for months or years, he reacts much like other men. We are equally positive that once he takes any alcohol whatever into his system, something happens, both in the bodily and mental sense, which makes it virtually impossible for him to stop. The experience of any alcoholic will abundantly confirm this. ... Therefore, the main problem of the alcoholic centers in his mind, rather than in his body.”

My Grand-Sponsor would always state, “You cannot fix a broken mind with a broken tool.” Therefore it would become necessary for me to have a complete psychic change in order for me to be able to change the way I respond to life's challenges, by implementing the tools of the program instead of taking a drink to escape from the responsibility of taking action. Today I am able to make better choices as a result of the slogans, the literature, sponsorship, the fellowship and the program as outlined in the Big Book.

Thank you for allowing me to be of service. By the Grace of a Loving God and the Program of AA I am sober today.

~ God Bless You, Ron A



Oldies but Goodies

~Let's Hear it from the Old-Timers~

As many of us do, I came into the rooms believing I had a tiny “control” problem and in AA I was going to “learn to drink like a lady.” I was startled when asked to introduce myself as an alcoholic – ME?! (But you don't understand...)

I was told to get myself a Big Book – five dollars – and if I couldn't afford it right off, to put an extra buck in the basket until it was paid off. The rooms where we met had the shades hanging in front printed with the **Twelve Steps** and **Twelve Traditions**. I was worried about “God” (eek – some doctrinal hoops?) but somewhat reassured by the “...as I understand...” wording. I was even more reassured when I heard cussing and discussing in the rooms and disagreements being settled in an adult manner, learned a new concept, too – the **group conscience**.

I was also directed to get a **Sponsor** – a woman to guide me through the **Steps**. She instructed me to take Steps One-Two-Three and Ten-Eleven-Twelve from the get-go. She did not reject me as I gradually revealed my twisted emotions and delusional thinking. She did not gossip about me or other people. I began to trust another woman. I became willing to accept influence, learned to ask for direction, learned about boundaries, learned that I was finding the **Solution** in the literature and in the meetings as other AA'ers shared their experiences in recovery.

My Sponsor would sometimes gently suggest “What would the Master do?” when I was perplexed on a course of action or how to emotionally approach a situation.

As many of us do, I looked back over my first year as that anniversary approached. I saw how much had changed – going to AA meetings instead of seeking love and acceptance at bars; learning to repudiate my fears at AA meetings; learning that the truth is good enough. My new friendships were egalitarian, respectful and supportive. Gone were the blackouts, the morning recriminations and gnawing doubts. My “**conception of God**” was developing from evidence that my compulsions and obsessions were lifted when I asked; through experiencing those *interesting* and humorous “coincidences” and the loving and healing encounters with other AA'ers on this brave journey.

I decided to stay another year to see what would happen next.

~ Anna Nimatee, Kauai

January 2, 2009

Dear New Intergroup Panel.

Happy Hour wants to welcome you and congratulate you on your new positions. Only a hint of the Kauai fellowship is here but that's okay. We are clearing the trail for the ones that are not here yet. There will be misunderstandings and resentments along the way, but we can shift that energy into creative positive energy helping our fellows, which is our primary purpose.

Let's not be divided - - District and Intergroup; old timers and new blood. We are one fellowship; we are all alcoholics and we all want to do our part.

In our past lives we misused our will power. Living in the past is living against progress, but in Alcoholics Anonymous we are constantly growing. We are looking forward to working together with Intergroup as our united fellowship continues to pass on the message to the alcoholic who still suffers.

Very respectfully,

THE HAPPY HOUR GROUP.
Nawiliwili Park
Kauai, Hawaii

Group. The purpose of the Intergroup is to facilitate each Group in carrying "its" message, as defined in Tradition 5. The key word here is "its." This means that Intergroup has no say in what the message is that any group is carrying. The Intergroup cannot define or impose anything on an AA group... this displays respect for "each AA group is autonomous."

So far in 2009 the member groups have presented 3 proposals:

1. **PROPOSAL** by *Step Sister's*: Create a Bylaw Committee for Intergroup on the Island of Kauai. Make it FRESH ____ Yes; or ____ No?
2. **Proposal** by Hanalei Bonfire: Should Intergroup adopt the Traditions? ____ Yes; or ____ No?
3. **PROPOSAL**: Hui Ohana wants to sponsor a Mardi Gras / Poker Party in April and wants Intergroup to support, endorse and to help fund the event. ____ Yes, endorse; or ____ No?

While personal ideas have been put forth, they have been left out of this report in respect to AA Tradition.

Intergroup's February meeting promises to be lively as we hear the votes and comments from our member AA Groups.

See you at our next meeting Saturday, February 7, 9:30am, Lihue Neighborhood Center.

~ Kauai Intergroup Chairperson

Next Intergroup Meeting
February 7th, 2009 – at 9:30 am
The Lihue Neighborhood Center

3353 EONO St., behind the AT&T store (across from Wal-Mart) two streets down, turn right and go down about two blocks.

Kauai Intergroup

JANUARY 2009

Letter from the Chair

Intergroup's year started on a good note of spirited service.

There were few bumps on the trudged Path of Happy Destiny as Intergroup member representatives reaffirmed that Intergroup serves, as opposed to govern. This means that representatives carry only the votes of their Home Group's Conscience. In most political and social organizations, elected representatives assert their own ideas, convince their fellows and then they vote to implement that idea. They govern.... AA is different.

The members of Intergroup are AA Groups; when a representative to Intergroup speaks or votes, they do so in accordance with the wishes of their Home AA

Intergroup Officers

Chairperson - Anonymous

Alt. Chair - Tom R. triumph@hisemail.net

Treasurer - Susan O. 639-5904 aloha96746@yahoo.com

Secretary - Dianne M. kauai-intergroup-sec@hotmail.com

Literature- Mark M. 822-0137

Alt. Literature - Danette M. 631-8292

Hotline Chair. - Dana M. 639-2755

GIS News. - Linda B. 822-2320 linbonds@msn.com

SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup

PO Box 3606, Lihue, HI 96766



Please put your Group Name on the check.

Kauai Intergroup Treasury

DECEMBER 2008

BEGINNING BALANCE		\$ 2,906.07
INCOME		
GROUP CONTRIBUTIONS		
Anonymous (2)	1,015.00	
Big Book/12 Step Study - Lihu'e	80.00	
Christmas Alcathon Meetings	54.50	
First New Years' Alcathon Meeting	13.00	
Happy Hour - Nawiliwili	190.00	
Princeville - Hanalei	307.00	
Steps 3 & 11 - Koloa	55.00	
Sunday Serenity - Kapa'a	70.14	
		1,784.64
BOOK SALES		
Primary Purpose - Wed - Tommy	17.00	
Third Traditions - Sat - Jude	113.65	
		130.65
TOTAL INCOME		1,915.29
EXPENSES		
Mo - Christmas & New Year	300.00	
Literature Purchases	800.88	
Bank coding error	(0.88)	
HI Telecom - telephone	189.62	
TOTAL EXPENSES		1,289.62
ENDING BALANCE		3,531.74

DCM CORNER

JANUARY 2009

The first Panel 59 District 6 Committee Meeting took place on Saturday, January 10 at 3146 Akahi St in Lihue. Nineteen people attended representing 10 Kauai groups. **There were two major** items on the agenda: discussion of the Orientation Assembly and the Trustees' Finance Committee's request to discuss the spiritual and material assets and liabilities of fully funding GSO services to the fellowship from contributions only.

By the time this is published the Orientation Assembly will be over and I want to thank all those who participated. I know each GSR who participated received invaluable information about our fellowship and the support available for carrying the message to the still-suffering alcoholic.


The following is a summary of our island's view on self-support as it was expressed at the District Meeting and which I was able to present to our delegate at the Assembly on January 25:

Basically our island's fellowship supports the current practice of self-support as an ideal toward which we should aspire but which we clearly do not meet. Practically, many of our groups do not presently separate literature monies from the 7th Tradition contributions and see no need to curtail current practice since many people see no distinction between money generated from the sale of such inspiring material as our Big Book and that freely given to reach those still afflicted with the disease we share with them.


There is also a fairly vocal segment of our membership who feels that while mundane secular requirements might necessitate some separation between our spiritual and organizational centers, minimizing these distinctions is much more in keeping with our primary purpose of staying sober by helping others. After all, how would we keep the meetings going without the book? Our history clearly illustrates the interconnectedness of our fellowship and its literature since the original office was consumed with the book's production and then later supported by its profits.

And on a personal note, I didn't stay sober until I read Alcoholics Anonymous cover to cover! For me it was the essence of my second step and cannot be separated from the spirituality which is the heart of our program.

Having said these things, it is perhaps interesting to note that while discussing this initiative, we have also been made aware that Area contributions from our district are down from last year and Panel 59 has inherited about \$1,000 less than Panel 57 received from its predecessors. All of these things suggest we must be



PRAASA 2009



Pacific Region A.A. Service Assembly
Oakland, California, March 6-8, 2009

Contact the PRAASA 09 committee with questions at
chair@praasa.org or hospitality@praasa.org
or write us at:
PRAASA 09, PO BOX 70373, OAKLAND, CA 94612-0373.

Service is Sobriety
Our Area 17  Delegate is
Elizabeth M. delegate@area17aa.org

ADDRESS IT EXACTLY LIKE THIS

Send Area Contributions



To: Hawaii Area Committee
#2107

575 Cooke St., Suite A, Honolulu HI 96813

Please include "District 6" & Group Name on the ck.

more vigilant in our stewardship of our fellowship's resources and be cognizant of our need for growth in all areas of our endeavors.

The next district meeting will be held on Saturday, February 14 at 9:30 in the same location. GSR's are asked to bring copies of their agendas, ideas on how to improve group participation, and input about workshops.
~ In service, Jim D

The ALOHA Of KAUAI A.A.

2009 Assembly for New GSR's January 24 - 25



~Hosted At The Lihue Neighborhood Center.

Next District Meeting February 14th
9:30 am, 3146 Akahi St., Lihue

District 6 Committee

DCM - Jim D. – 652-2005 jdubuar@gmail.com
ALTERNATE DCM - Susan O'N - 212-1858
TREAS - Courtney P. cpelz@hotmail.com 513 240-0838.
SECRETARY - Michele K. kauaidistrict6sec@gmail.com
GRAPEVINE - Alejandro 652-3128 hemandea040@hawaii.rr.com
ARCHIVES - Mathea A. mallansmith@cs.com

SEND YOUR CONTRIBUTIONS TO:

Kaua'i District Committee

PO Box 1503, Kapa'a, HI 96746

Please include "District 6" & "Group Name" on the check



Continued from page 3 – Thoughts on Intergroup

7. Establish an "Events Committee" and anyone who wants to can help or serve on the committee.

- Advantages: any person or group wishing to propose or host an event could run it by the "events" committee for consideration, rather than bringing every event individually to the Intergroup Reps at large.
- Saves time and the "Events Committee" could provide direction re. what variables (food, facility, costs, flyers, decorations etc.) the event might require.
- The Events Committee could make recommendations to Intergroup at large re if they think any event might or might not need Intergroup support.
- Refer to AA Guideline on conferences / conventions: http://aa.org/lang/en/en_pdfs/mg-04_conferenceandconv.pdf

8. Continue with a Budget Committee. Anyone interested can attend, serve, make recommendations.

9. All committees would be subject to oversight by Intergroup, i.e. IGRs & collective group consciences.

- For instance, any recommendations from a By-Laws Committee would be brought to the IGRs, discussed and taken back to their groups if necessary for approval or revisions. The IGRs would collectively make the final determination on adoption of any amendments to the By-Laws.

10. The Intergroup Secretary shall forward drafted minutes from Intergroup meetings to all Kaua'i AA groups on file, whether their representatives were present at the meeting or not, either by e-mail or snail-mail. Intergroup will pay for copying and mailing costs.

~ submitted by Anna Nimatee, Kaua'i



CONCEPT II:

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

- Do we have an understanding of the history of the General Service Conference (the "Conference")?
- What is a Conference Advisory Action Does our home group's G.S.R., D.C.M., area delegate report back to the group on the highlights of the Conference and Conference Advisory Actions?
- Is our group meeting its wider Seventh Tradition responsibilities?