

March 2009

# Garden Island Sobriety

## 'Step Three'



“Made a decision to turn our will and our lives over to the care of God as we understood Him.”



### He said:

Soon after receiving the miraculous gift of Alcoholism I lost interest in religious practice and soon began to call myself an agnostic. Looking back I can see that I needed my personally invented adjustable "Code of Ethics" which permitted everything (after the fact). Soon after the miraculous gift of sobriety (it came immediately after drinking steadily for 12.5 years) I began to attend AA meetings, sober. I loved the friendships and the camaraderie... two things that I craved, but had given up to drink safely, alone in the dark.

**I loved AA so much** that I moved my lips to the prayers I did not know. I feared rejection if I didn't look like I belonged. I learned to say all the right things by parroting what others said. I read the books, got a sponsor, joined a group, worked at "Steps," and tried to sound unconfused. After 2.5 years I found myself depressed, demoralized, confused, and going to meetings, but saying less and less. There were no medals awarded for what God was doing for us, but we did have to stand up and say something on "anniversary" night. At 2 years I didn't want to say anything - I was afraid it would drive newcomers away. Thus I arrived at the point where I needed to change or die, a good day to do the Steps. I was nuts and I knew it.

**I followed the directions** in the Big Book, and after considering the implications of my actions, I knelt to read the suggested words for Step 3 - exactly as written. I no longer cared what the consequences were of looking foolish or stupid. I had thought many times in the preceding months how great it would be if tomorrow just didn't come. The struggle to overcome my old ideas was marked by a succession of humiliations and defeats. I had reached a sober point of groveling despair worse than anything that had happened while drinking.

**The effect of that prayer** was immediate. I was filled with hope and an urgent need to write the Fourth Step. I began to see that humility does not require groveling.

~ Anonymous



### She said:

**I don't know about you** but I often have a difficult time making a decision. This has been true throughout my sobriety. I guess I am afraid I will make the wrong decision (did you catch that - "afraid" as in "fear"). I do know that as long as I decide not to drink, just for today, I'm well on my way to the right decision in all my other affairs. It seems that no matter what my decision - even a poor one - it is a lesson learned and therefore ultimately it ended up being the right decision. My Higher Power felt there was something I needed to learn and my Higher Power is caring for me - always.

**Early on in sobriety** I often asked anyone would who listen "how do I know if I'm doing *my* will, or *God's* will?" Those with experience, strength and hope told me this would become more clear with time and *after* working the remaining steps. I understood turning my dependence on alcohol over to God, but everything else remained in my control, which I found to "frustrate my spiritual development."

**Today I'm pretty sure** when I'm doing my will or God's. The third step prayer says "relieve me of the bondage of self". If I'm all caught up in my world and not being of service, or not being loving or tolerant of others then I'm doing my will. Even in the difficult times, and I have them mostly because I am trying to run the show, if I can turn "my will and my life over" I know that whatever the outcome it *will* be God's will. And hopefully I will be able to be a good example of God's work and carry the message, strength and hope to another.

**In today's society** all I have to do is look around to see so many people filled with anger, filled with fear. I'm grateful that I no longer have to live like that if I choose to give the Third Step a "determined and persistent trial". Only by my doing this can I find that "this is the way to a faith that really does work."

~ Kathie G., Kauai



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# Happy Birthday

Lucky	2/10	1981	28 yrs
Billy A.	2/14	1982	27 yrs
Paula G.	2/3	1983	26 yrs
Denise	2/18	1984	25 yrs
Fran M.	2/14	1986	23 yrs
Annie B.	2/15	1998	11 yrs
Jeff S.	2/14	2002	7 yrs
Janice M.	2/5	2005	3 yrs
Susan C.	2/24	2007	2 yrs
Arthur D.	2/1	2008	1 year
Pat C.	2/16	2008	1 year
Brooklyn	2/20	2008	1 year
Mark A.	2/29	2008	1 year

## ~About Publishing Birthdays~

Birthdays are published *the month following their occurrence*. To have your birthday published in the newsletter Contact Jerrie S. [luv2bnh@hawaii.rr.com](mailto:luv2bnh@hawaii.rr.com)

## Birthday Celebrations

### South Shore

- Koloa Aloha Women's 'As Bill Sees It' - 4:30 p.m. Last Tuesday of the month. CAKE & POTLUCK.
- Aloha Group - 7:30 p.m. Last Tuesday of the month - CAKE FOR BIRTHDAYS!

### East Side

- Hui Ohana - 7:00-8:00a.m. Last Saturday of the month. CAKE FOR BIRTHDAYS!
- Steps to Freedom - 6:30 p.m. Last Monday of the month. CAKE & POTLUCK (7:30-8:30 pm meeting).

### North Shore

- North Shore Aloha Group - 7:30 p.m. Last Monday of the month - CAKE FOR BIRTHDAYS!
- Princeville-Hanalei Group - 7:30 p.m. Last Thursday of the Month - CAKE FOR BIRTHDAYS!

## From Our Readers Your Thoughts on Step 3

- ❖ **God is good** and good is God. It is not necessary to understand it all. For me, all I need to understand is that God is good and good is God.  
Sobriety date 3/29/84
- ❖ **I need to remember** it is just the basic acceptance that I cannot stay sober by my own will power -- I must turn it over. Keep coming back ... it works if you work it!  
Sobriety date 5/12/90
- ❖ **Over and over** I make the decision. It has never been a 'one time' deal in my recovery. I forget and then I am reminded over and over again. It is important for me to stay connected with meetings and my recovery family so that I can keep the knowledge that I have learned nice and "green."  
Sobriety date 2/9/07

~ Submitted by Lori M.



## A.A. Meetings

### "Koloa Aloha Women's"

'As Bills Sees It' Meeting is NOW on TUESDAYS  
4:30 pm at THE KOLOA SCHOOL LIBRARY

### GARDEN ISLAND SOBRIETY NEWSLETTER

#### Contributing Staff Members:

RON A.  
JIM D.  
TOM F.  
LORI M.  
JERRIE S.  
KATHIE G.  
UNCLE TIM  
HEATHER C.  
'ANONYMOUS'  
SHOSHANAH B.  
EDITOR, LINDA B.

# AA Hotline 245-6677

## A Spiritual Program

### The Serenity Prayer is Wrong

Did you know that the Serenity Prayer, in the form we use as alcoholics, was adapted from another, Christian prayer in the beginnings of AA in the 40's?

According to Wikipedia, the exact origins of the prayer are unknown. Most attribute it to Reinhold Niebuhr, a Christian theologian. It was changed subtly by AA founders into the prayer at the end of the Third Step that we all recite at almost every meeting.

When Bill W. changed it to take out its Christian references; he screwed up, in my humble opinion. I have a serious problem with the second line of the prayer, "Courage to change the things I can."

The problem is this – I have never been able to change anything on my own. Not once in my sobriety have I been able to bombard my will against a problem to get a positive result. This line makes it seem as if all I need is courage. But that's not it.

I need my Higher Power's strength, wisdom and love as well to make changes in my life. I can't do it alone. Personally, I change the "I" in that line to a "we." That subtle difference reminds me first, that this is a personal prayer that I need to feel, not only recite. And secondly, that I don't have to change on my own and that my Higher Power's going to see me through this, no matter what the trouble is.

We can change, I cannot. At the least, that's what the third step means to me. ~ Tom F.

# Eastside Homegroups Host Sunday Workshops in Kapaa



NEXT WORKSHOP:  
MARCH 29, 2:00 – 4:00 PM at:

THE SMALL TOWN COFFEE SHOP

## “SOBRIETY INSURANCE”

Nothing will so much insure immunity from drinking as intensive work with other alcoholics”, Big Book p.89.

Join us for a roundtable discussion on the benefits and opportunities in service from Home group to District. Anyone interested in sharing their service projects or their experiences in service please email:

[KeepItSimpleKauai@gmail.com](mailto:KeepItSimpleKauai@gmail.com)

Next Workshop April 25<sup>th</sup> - ‘Sponsorship’



## Big Island Bash

### Speakers Convention

April 24 - 26, 2009

The 21st Annual Big Island Bash at the Sheraton Keauhou Bay Resort & Spa

For Registration, Schedule of Events &

Accommodations - [www.bigislandbash.com](http://www.bigislandbash.com)



## Got Literature?

➔ WE DELIVER

~ OR ~

MEET UP AT THE INTERGROUP MEETING

The 1<sup>st</sup> Saturday of each month at:

The Lihue Neighborhood Center, 9:30 am

- ◆ Books, ◆ Pamphlets, ◆ GIS Newsletter &
- ◆ Kauai AA Meeting Schedules.

Any requests or questions?

Please call Danette M. 822-0137



## Softball Sundays

ALL GROUPS ON KAUAI INVITED

~

WHERE? “Wailua Houselots park”

WHEN? Every 1<sup>st</sup> & 3<sup>rd</sup> Sunday at 2:00 PM

Bring your Glove, Bring your Water and Bring Yourself!

Let's keep having fun in Sobriety  
Cheerleaders Welcome!





# For Newcomers

Now, I don't know about you but just making a decision is the tough part of this step for me. I make lots of decisions; I have made a lot of bad decisions and some good decisions. The trouble is just making the darn decision and THEN I have to do the work required to make it happen - whew! Okay, for now I just need to make the decision, the work will come later.

So I made the decision to turn my will *and* my life over to the care of MY Higher Power. Now, this doesn't mean I have to do anything at this point, right? I mean, it's just a decision. This step isn't asking me to do anything, just make up my friggin' mind. Boy, for me that is asking a lot. Once I DECIDE then I have made a (dare I say the word) COMMITMENT, oh ugh, arrrr. I can hardly abide that word because it means that eventually I will have to do something about it. But remember, I have only to make the decision.

What does this mean to me? It means I won't be in charge. Oh no! That is just frightening to consider. I love being in charge. I love telling you what to do and how to do it. You mean I won't be able to do that any longer? What about orchestrating the show? Being the conductor is the most fun part, waving the wand, having others follow (like Lucy directing Schroder on the piano).

My prayer at this point must have been something like, "God move over, let me take charge here and when I have things figured out the way I want them I will hand it back to you. Give others the wisdom to see that my way is right." Amen.

What I am actually attempting to give up are impatience, intolerance and false pride, the self-will that keeps me from working this step. By the time I was ready to work step three I had a strong feeling of trust for my sponsor. The trust is an important issue when I worked the steps because I was revealing many things about myself that I felt uncomfortable with. The trust in a good sponsor and the knowledge that each step will be treated with respect and never revealed gave me the courage to make the decision.

Once the decision was made I turned my will AND my life over to my God. Each morning I say the Third Step Prayer and every once in a while I find myself taking back my will and not allowing God to show me the path I need to take. When that happens, my life once more becomes unmanageable. So, for me, peace and serenity are obtained only by this daily maintenance of my spiritual program, in my commitment to saying the Third Step Prayer.

~ Jerrie S.

Steps Sisters is my Home Group

## About These Slogans

### "First Things First"



When we first get to AA and are starting to get sober we want to do many things to make up for the way we had been living, the things we put our loved ones through. We have a list in our minds of all the people we have harmed and want to immediately go out and 'fix it'. We attempt to make up for all the money we have spent recklessly over the years in a few months' time. This we try to do in the first thirty days dry. Some of us have been somewhat successful in making up for the financial damages by sacrificing our mental and physical health, not to mention our spiritual growth by jumping headlong into long hours at work, and scrimping and hoarding until we have paid off those debts. But our mental state of mind and physical health fall victim to fatigue and oftentimes this places us in a position of vulnerability to drink again. It sometimes brings more stress to our lives than it takes away.

The Big Book states on page 58, "Rarely have we seen a person fail who has thoroughly followed our path. Those who do not recover are people who cannot or will not completely give themselves to this simple program." A little further on it says, "If you have decided you want what we have and are willing to go to any length to get it - then you are ready to take certain steps."

The steps to recovery are a new design for living that will prepare us to make it in the world without having to take a drink or get into destructive behaviors when the going gets rough. And it will get rough, that's a guarantee that you can take to the bank.

By staying focused on the process I have been able to keep my eye on the prize; which is my sobriety and not my reputation or ego. I am working through the hurdles in life. No matter what happens, Today is the Day I Don't take a Drink. That is the first thing that I must tell myself every day and not forget that it is not by my power that I stay sober. It is by the Grace of a Loving God and the Power of the Fellowship of AA that keeps me sober One Day at a Time.

~ Ron A.



**Request a newsletter  
by e-mail**

[\*\*District6newsletter@hotmail.com\*\*](mailto:District6newsletter@hotmail.com)





# Oldies but Goodies

~Hear it from the Old-Timers~

## THE THIRD STEP FOR THEOLOGICAL REBELS

The third step of our beloved twelve says: “Made a decision to turn our will and our lives over the care of God as we understood Him.” This is the most important event of my life and I’m going to tell you why, but first, allow me this: This is a very important step of AA to this alcoholic; additionally, very important to my “spiritual awakening.”

The decision to turn my will and my life over to “God” didn’t part the clouds and rain righteous sunshine upon this wretched soul. The part where it says “as we understood Him” is the most important, most pivotal, most profound, enlightening, tear jerking phrase for an alcoholic like me who’s spiritual/religious views were so far removed from popular Judeo Christian thinking that Jehovah’s Witnesses used to run away from me.

My dwindling list of friends and associates would cringe with agony when the mere subject was brought up. My hardcore Born-again Christian friends had no trouble letting me know that my “God” was one of convenience and I would burn in hell for eternity for such heretical thinking. (Why do they always get so pissed when they do this?)

Throughout history, so many countless variations of what or who God is and what He wanted us to do... polluted the theological landscape that even the shrewdest mathematician could not tally them up with the smartest computer. For the most part, if you asked any of these people what the truth was you would get a different answer each time but they always had the same tools for trying to convince you that their way was THE way. These tools are very familiar to all of us. Some of them are guilt, shame, fear, awe, superstition and some very slippery religious rhetoric. Whoever held the most political power or had the biggest army usually got to be right. People were tortured and wars were fought. Empires fell. Atrocities were full-heartedly and gleefully committed in the name of the “correct” religion. (Basically, the correct thinking).

**Service is Sobriety**  
**Our Area 17  Delegate is**  
**Elizabeth M. [delegate@area17aa.org](mailto:delegate@area17aa.org)**

Every worthwhile human trait is a sin, according to modern religious thinking, and since we are all greedy, lustful, gluttonous, envious, wrathful, lazy and prideful people to some degree, according to this, we are all doomed! So what’s the use? I know I was. I didn’t believe any of this. Heaven and Hell? Bull Hockey! 72 virgins? Who can stand just one? None of it made sense to me. It never has. Some of you who read this will probably be offended but too bad! Go talk to your sponsor about it.

Okay, so enter AA into my life. I read (off and on) the entire AA Big Book in 6 days before I went to my first official AA meeting. I wanted to know what I was getting myself into. When I read the first two pages of Chapter 3, it had everything but my picture in it. Aw, crap....they’re on to me! I’m not alone though! When I read through “We Agnostics” I remember the idea of the unexplainable force that held all the atoms together in the prosaic steel girder. This is fairly close to my feelings on all this “God stuff.” The more I read, the more I saw wording like “Higher Power” and “Power greater than ourselves.” So when the phrase “God as we understood Him” finally sank in I suddenly realized that these people were actually giving me permission to believe in just that: God as I understand Him. Or Her. Or It. Whoa! Did I just get down on my knees and turn my will and my life over to the God that everybody on the planet insisted didn’t exist? What an overwhelming, joyous, relief came over me. I likened it to stepping into a warm shower out of the bone chilling frost. A far cry from the promises of gnashing teeth and eternal agony described by my Bible thumping adversaries. Suddenly, all was right with the world.

As I spent more and more time around AA I began to find people, like me, who rejected traditional religious thinking. I found a lot more who shook their heads at me and told me condescending things like “Yeah, I went through that phase”, “Keep coming back, you’ll grow out of that”, “You may not believe in Satan but He believes in you” and “the only way to God is through Jesus.” It’s the same old tools and slippery rhetoric. Now, the more time I’ve acquired, the more I’ve come to understand not only my concept of a Higher Power, but the nature of this disease and the human condition. Also, I’ve become more tolerant and understanding of my fellow alcoholics as flawed people who have actually learned how to relate with each other as human beings without all that Middle Ages drama. As much as we wouldn’t normally mix, we’ve somehow found comfort amongst each other sharing this common malady. This was generally not the case outside the rooms of AA. There was a higher power at work, here.

**There was a gentleman** known only as “a salesman” who wrote the story “A Viscous Cycle.” On page 248 of the third edition of the Big Book of AA he describes how in the early days of Alcoholics Anonymous, (around 1938), the text of the book was being constructed by some sixty sober alcoholics. They had reached a definite formula that they all agreed was the middle course for all alcoholics who wanted sobriety. Being the “Theological Rebel” that he was, they, (probably Christians) fought shy of including his story in the book but had grudgingly agreed to use the salesman’s wording, “God, AS WE UNDERSTAND HIM” in the text as this was his only way of accepting spirituality. Let me make note that, for those who question the concept of Higher Power, these men, collectively, had produced a time-tested formula that has saved, perhaps, millions of lives. Very clever collective thinking. Certainly, they are more powerful than you or I. And up until that point none of these men had worked any of the steps but had somehow remained sober. Hmmm?

**This “salesman” opened** the door for an outcast like me. I owe him my life. Had it not been for him insisting on that wording I would not be here. I suspect millions just like me would not be here either. One does not have to be a religious person to be a member of Alcoholics Anonymous. You don’t even have to believe in God. All you need to be a member is a desire to stop drinking. That’s it! Our suggestions that involve “Higher Power” or “God of our understanding” or “Power greater than ourselves” is meant to sink home the notion that our self will only leads us to more chaos and despair. If a “Power greater than yourself” is too obscure to grasp then try a “power OTHER than yourself.” Since most alcoholics of our type have been down the road of self-regulation and experimentation, we found that taking direction from a successfully sober alcoholic is the way to go! After all, only another alcoholic could possibly understand our dilemma. Our spouses, family, shrinks or clergy never could! Another sober alcoholic is certainly more powerful than me if I’m still drinking.

**Alcoholism is a very** selfish disease. We’ve spent much of our lives chasing sensory gratification and stuffing our bank accounts with some very bad Karma. We’ve alienated our friends and family and run roughshod through everything of value in life like a Katrina went through New Orleans. We in AA have found that sobriety begins with the realization that our powerlessness over alcohol is punching us in the face and we need help. We have a critical shift in thinking that convinces us that only a power greater than ourselves can restore us to sanity and we then begin to

explore the possibility of living without fear or remorse by deciding to let someone else take the reins in life. Hey....being in charge is a lot of work! Your description or concept of a Higher Power isn’t important. Allowing that power to direct your life is. Developing real trust in this Higher Power allows us fearless and thorough passage through the remaining steps that improve the quality of our sobriety. So many of us fail a thorough inventory (4<sup>th</sup> and 5<sup>th</sup> steps) because of our lack of faith in that power. Our hearts go out to those cannot or will not give themselves to this concept.

**My personal spiritual views** are not the focus of this article. I am only one man. The point is that we all have grown as a result of spiritual progress. We have become willing to develop relationships with the God or Higher Power that we understand. Our lives have meaning and we feed that spiritual hunger by sharing our experience, strength and hope with all those who will listen. We don’t go door to door handing out pamphlets and soliciting donations. We are a program of attraction rather than promotion. If you want what we have and are willing to try something other than the first two pages of Chapter 3 then give Alcoholics Anonymous a try. If you don’t like it, we can (as they say) always refund your misery. You don’t ever have to drink again....even if you want to. **With love and gratitude,**  
~ Uncle Tim

## Intergroup Treasurer Needed

**THE POSITION OF INTERGROUP TREASURER IS OPEN**  
**If you are interested** in filling this service position please come to the next Intergroup meeting on March 7<sup>th</sup>, at The Lihue Neighborhood Center at 9:30 am.

## Bring HOPE to Hina Mauka

**YOUR OPPORTUNITY FOR SERVICE**

- \*Where: Hina Mauka Lihue / Outpatient Program
  - \*When: 3<sup>rd</sup> Wed. each month
  - \*Time: 11am - 12 noon
- Contact Bebe - 639-6919 or [aloha@yourbeach.com](mailto:aloha@yourbeach.com)

## Send Area Contributions



**ADDRESS IT EXACTLY LIKE THIS:**



**To: Hawaii Area Committee  
#2107**

**575 Cooke St., Suite A, Honolulu HI 96813**

Please include “District 6” & Group Name on the ck.



# Kauai Intergroup

MARCH 2009

## Letter from the Chair

➤ **Intergroup is moving** right along, we have had a fabulous Super Bowl Party and Valentine Dance. The member groups have successfully maneuvered through the requirements of obtaining group conscience approval for matters under consideration by Intergroup. Intergroup member groups voted to adopt The Twelve Traditions, and to create a committee for Intergroup By-Laws.

➤ **No AA group conscience** can be argued with; so there was no debate possible at our meeting. Matters submitted by member group conscience can only be passed along to the membership exactly as requested. This method so pleased the member groups that more than 15 items were presented for consideration and vote by all the groups. We will use written ballots and tabulate them while we go around the room reporting on how we are doing. I think it is reasonable to expect that the votes will be counted and results announced within the hour of our meeting.

➤ **Four of the six proposals** submitted in January for vote at the February meeting were reported to be vague, confusing, or rude by some member groups that declined to vote on them. This resulted in a decision to not count the votes on proposals that failed to get a total of at least 1/2 as many votes as there were ballots submitted. No matter under consideration by Intergroup is so urgent that it can't be revised and resubmitted at a later date.

➤ **Intergroup can and must** do only what its members ask. There is no Intergroup consideration of the merits or costs involved. If there are such concerns, they are resolved within the groups. No member group can question the group conscience of any other group. So far in 2009, Intergroup has been directed to answer phones, print schedules, supply books, and hold two parties. We have had sufficient funds to fulfill these requests.

~ Kauai Intergroup Chairperson

**Next Intergroup Meeting March 7<sup>th</sup>**  
**9:30 am, 3353 EONO St.**  
**The Lihue Neighborhood Center**

Directions: behind the AT&T store (across from Wal-Mart) 2 streets down, turn right and go down 2 blocks.

# Intergroup Officers

Chairperson - Anonymous

Alt. Chair - Tom R. [triumph@hisemail.net](mailto:triumph@hisemail.net)

Treasurer - OPEN

Secretary - Dianne M. [kauai-intergroup-sec@hotmail.com](mailto:kauai-intergroup-sec@hotmail.com)

Literature - Mark M. 822-0137

Alt. Literature - Danette M. 631-8292

Hotline Chair. - Dana M. 639-2755

Events - Kathryn B. 634-4185 [kbankhi1@yahoo.com](mailto:kbankhi1@yahoo.com)

GIS News. - Linda B. 822-2320 [linbonds@msn.com](mailto:linbonds@msn.com)

## SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup

PO Box 3606, Lihue, HI 96766



*Please put your Group Name on the check.*

## Kauai Intergroup Treasury

<b>Beginning balance</b>		<b>\$ 3,531.74</b>
<b>INCOME</b>		
<u>Group Contributions</u>		
Anonymous	15.00	
12th Hole Grp - Kapa'a	33.00	
North Shore Aloha	280.00	
Third Traditions-Kapa'a-Sat.	20.00	
<u>Book Sales</u>		
Alejandro H	3.29	
Happy Hour - Nawiliwili	56.40	
Hawai'i Area Assembly	252.31	
North Shore Aloha	56.40	
Sunday Serenity - Kapa'a	10.54	
Susan OK	20.47	
Pau Hana - Hanapepe	90.30	
<b>TOTAL Income</b>		<b>837.71</b>
<b>EXPENSES</b>		
Lu-SuperBowl	250.00	
Mo-Add'l Christmas/NewYr.	192.37	
Sec. dep., Thank-AA-Thon	(65.00)	
GIS Newsletter, 3 mos	244.00	
Literature	665.40	
Lit. Locker - Grdian Storage	161.46	
Lit. Locker - H.Depot - Lock	14.54	
Schedules	29.00	
Telephone	94.33	
Workshop refund	(120.14)	
<b>TOTAL Expenses</b>		<b>1,465.96</b>
<b>Ending balance</b>		<b>\$2,903.49</b>

■ **Panel 59's second district meeting** was attended by 16 members representing 10 groups on the island. The main topics of discussion were workshops and standing committees after a brief discussion on the proceeds from the Area Orientation Assembly.

■ **It was decided** that the proceeds from the assembly would be kept in our district in order to help defray travel expenses for GSR's whose groups cannot afford to send them to the assemblies. The Young People's Group took prompt advantage of our new-found wealth and asked that 50% of their GSR's expenses be paid for the April gathering. That motion was unanimously carried.

■ **Next month's assembly** is designed to inform the delegate about our island's needs and opinions regarding AA as a whole. The theme of this year's Conference is "Our Commitment to Carry A.A.'s Message – Enthusiasm and Gratitude in Action." All groups are encouraged to participate.

■ **In order to support** our efforts, I will be attending a meeting on Oahu on February 28 and then going to Oakland, CA the following weekend to attend PRAASA. Both those meetings will focus on topics to be discussed in New York.

■ **In the past these** events have resulted in our fellowship receiving specific topics on which to report. Whatever material I receive will be distributed at the next district meeting on March 14. I hope every group on Kauai will be able to participate so we can take a truly representative conscience to Oahu April 4<sup>th</sup> & 5<sup>th</sup>.

■ **A discussion was also** held about workshops and it was decided to fund the February 22 workshop on Anonymity and the Internet and HICYPAA. This will be held at Small Town Coffee in Kapaa from 2 to 4 pm.

■ **Our efforts to carry** the message to the alcoholic who still suffers were given a boost when Bart D was confirmed as CPC chair for this panel and reports were given about three new Grapevine subscriptions, work at Hina Mauka and a recent meeting on the women's side of the jail. Mathea also asked groups to submit meeting minutes for archives. We are still in need of a P/I chair, however, and hopeful that vacancy will be short lived. Thank you all for allowing me this opportunity to serve as your DCM.  
~ Jim D.

**Next District Meeting March 14th  
9:30 am, 3146 Akahi St., Lihue**

## District 6 Committee

DCM - Jim D. – 652-2005 [jdubuar@gmail.com](mailto:jdubuar@gmail.com)

Alternate DCM - Susan O'N - 212-1858

Treas - Courtney P. [cpelez@hotmail.com](mailto:cpelez@hotmail.com) 513 240-0838.

Secretary - Michele K. [kauaidistrict6sec@gmail.com](mailto:kauaidistrict6sec@gmail.com)

Grapevine-Alejandro 652-3128 [hemandea040@hawaii.com](mailto:hemandea040@hawaii.com)


Archives - Mathea A. [mallansmith@cs.com](mailto:mallansmith@cs.com)

CPC – Bart D.

### SEND YOUR CONTRIBUTIONS TO:

**Kauai District Committee**

PO Box 1503, Kapa'a, HI 96746

Please include "District 6" & "Group Name" on the check 

### Kauai District Cash Flow

**February 14<sup>th</sup>, 2009 District Meeting**

<b>Starting Balance-</b>	<b>\$1531.43</b>
<b>Income</b>	
Kapaa Library Sat. Night -	\$20.00
Workshops Refund -	\$120.14
Jan. Bank Interest -	\$0.04
Hui Ohana -	\$212.20
Jan. 2009 Assembly	\$2685.00
Koloa Thur. 12x12 -	\$11.60
Sunrise Sobriety -	\$200.00
Step Sisters -	\$41.20
Exp. Strength & Hope -	\$30.00
<b>Income Total</b>	<b>\$3320.18</b>
<b>Payments</b>	
Yearly PO Box	\$72.00
Quarterly GIS Newsletter	\$75.00
Jan. Area Assembly	\$1704.64
Quarterly Rent	\$45.00
Grapevine Committee	\$90.00
<b>Payments Total</b>	<b>-\$1986.64</b>
<b>Prudent Reserve:</b>	<b>-\$500.00</b>
<b>Available Funds:</b>	<b>\$2364.97</b>



### Concepts Checklist

**CONCEPT III:** To insure effective leadership we should endow each element of A.A. - the Conference, the General Service Board and its service corporations, staffs, committees, and executives - with a traditional "Right of Decision."

- Do we understand** what is meant by the "Right of Decision"? Do we grant it at all levels of service or do we "instruct"?
- Do we trust** our trusted servants – G.S.R., D.C.M., area delegate, the Conference itself?