



MYNAH BIRD

HAWAII AREA #17 NEWSLETTER

Budget Assembly – August 2022



Area Website: www.area17aa.org

Articles to: mynahbird@area17aa.org

Upcoming	Send Seventh Tradition Contributions
September 16 – 18, 2022 Pacific Regional Forum Salt Lake City, Utah (see flyer later in this issue)	Hawaii Area Committee P.O. Box 1413 Honolulu, HI 96806
October 15, 2022 Fall Committee Meeting Maui No Ka Oi #5	General Service Office P.O. Box 2407 James A Farley Station
October 28 – 30, 2022 Annual Hawaii Convention Waikiki Marriott (see flyer later in this issue)	New York, NY 10116-2407 (Make checks payable to General Service Board)
November 19 – 20, 2022 (In person) Elections Assembly Honolulu #2 Oahu See flyer later in this issue	

In this issue: Experience, strength and hope from our members, requests from GSO, and events for Area 17 and beyond!!!



Made a list and became willing.....

8 comes after 1-7!

*“A peaceful mind has no room for feelings of guilt. With the help of my Higher Power, if I am honest with myself, I can cleanse my mind of these feelings.” -Daily Reflections
Aug 8*

My first attempt at making a list came when I tried to work the steps out of order. Before I had my third step completed, I felt so much guilt and shame I began to write and (the horror!) to send out apology letters to the people I felt I had hurt the most.

What happened ? Since I was trying to be understood rather than to understand, to be forgiven rather than to forgive, I sowed discord and confusion and made a mess of already poor relationships my behavior while drinking had damaged.

I called my sponsor after getting what I judged to be a nasty response to one of these letters. She was gentle but firm with me when she said we would meet as usual and study the Third Step together, and that if I did the Steps in order, I would experience serenity and forgiveness in time. And with the grace of my Higher Power, one day at a time, I would not have to drink. And she equated willingness with readiness, quoting Shakespeare: “The readiness is all.”

What happened is that together we read our Big Book, went to 12 +12 Study meetings, and went to meetings together. I accepted guidance from my sponsor and the women on the island. I eventually turned my will and life over to the care of Divine Light and Love *as I understood it* and found the grace to keep working the steps in order.

The best advice my sponsor gave me back then was this: Work Step 8 as if there is no Step 9.

I enjoy Divine grace in my life now, which keeps me able to have the best relations possible with everyone I have the fortune to know and love.

-Beth S
KKAA Women’s Meetings
8/1/1979

Heard at a meeting – sometimes a few words can
carry a powerful message

“I had what I considered a brilliant idea for a change to a meeting format. Till my sponsor told me that an alcoholic with a brilliant idea is nothing more than a terrorist.”

“I didn’t want to stop drinking until I realized that I couldn’t stop drinking.”

“Am I preaching and teaching, or am I sharing and caring?”



Some of our members found ways to carry the AA message during their summer vacation.

From Mare L., Kihei

What an honor and privilege it was to present at the North/South Connections Virtual Special Forum last Saturday, July 16th : A.A. in Remote Communities.

There were members from the service structures of Argentina, Canada, Chile and the United States and we shared our experience, strength and

hope in extending the hand of A.A. to Remote Communities. Our sessions were interpreted into American Sign Language, French, and Spanish.

Of course I was in tears from the get go when the visual presentation on Google Earth showed all the places in the world we were coming from...even little Kihei, Hawaii!

My topic was “Who are the hidden communities- what are some unexpected opportunities to carry the AA Message?”

I talked about how I had asked myself 2 years ago when I was chair of the Cooperation with the Elder Community committee HOW CAN I CONTINUE MY SERVICE WORK DURING THIS CRAZY COVID time and the answer was for us to reach to the “forgotten” alcoholics WITHIN our fellowship. Our AA friends who perhaps had 30, 40 years sobriety, were maybe very active members at one time, who have helped so many of us as they passed down the AA message for years that now are isolated, hidden, and forgotten...

I talked about how Covid had brought loneliness to many of the old timers that don't feel safe going to the meetings that are starting to resurface, won't reach out, don't “get” the technology of zoom...probably aren't thinking of drinking....and Maybe they are!

I talked about different ways we can help the senior alcoholic stay involved int the fellowship,.

Then I shared how much we do in the CEC committee: brochures, presentations, all the many places we distribute information. I told stories of the senior fairs, senior meetings, how often we reach to more than just seniors. I talked about the huge rise in elder alcoholism in America and how Hawaii started the very first CEC at the Area level

It was so fun to share with other countries what we do. I'm in touch with many of the folks who tuned in with questions. Who would think our little committee could help people from all over the world!



From Jackie G. District 5

INTO THE WOODS WITH MY HP

I'd like to share some of the experiences I had this summer while hiking 1150 miles on the Pacific Crest Trail. As a longtime clean & sober member of AA, I knew that spending 4 months in the wilderness would require work & planning to keep my program on track. I wouldn't be able to keep up my regular meetings nor would I have much phone service for sober support. Luckily my HP goes everywhere with me but I still needed to load up my toolbox as best I could. So I downloaded AA speaker tapes & Big Book readings and a friend told me about the Grapevine's Podcast. All of these were so helpful!

Thanks to the Meeting Guide App we found some great meetings in the smallest of trail towns. Each town welcomed us, knowing we were sober trekkers, making us feel at home. We met other sober hikers on the trail. One recognized the AA patch on my husband's pack and we were able to have an impromptu meeting with her right on the spot! But the most memorable experience was when 3 of us huddled to say the Serenity Prayer and a hiker from Sweden came over and asked, in his European accent, "excuse me are you in some sort of group?" When we told him who we were he practically jumped up and down with joy saying "so am I! I haven't been to a meeting since coming to America!" We said the Serenity Prayer again, this time with all 4 of us. It was a chicken skin moment.

I'm grateful to be back on Maui and getting back into my routine. I know as long as I keep an open mind and am willing to trust in my Higher Power I can live a happy, joyous & free life.

Jackie G.



Coming events in Area 17

[Home](#) [Coming Events](#) **KAUAI, HAWAII** [Hotel Booking](#) [How to Register](#)

HICYPAA 2022 OCTOBER 7 - 9 HILTON GARDEN INN

We've waited two long years! Now it's time to party!

ABOUT HICYPAA

HICYPAA is the Hawaiian Islands Conference of Young People in Alcoholics Anonymous, hosted on the island of Kaua'i in 2022. Our purpose is to carry the message of Alcoholics Anonymous, and to build and strengthen unity among all those young at heart in A.A.

HICYPAA 2022 is open to any individual with the desire to stop drinking. Members of HICYPAA are involved in and committed to all levels of A.A. service, and newcomers are shown that using A.A. principles in their daily lives and getting involved in the A.A. service structure can lead to a lasting and comfortable sobriety.

This conference will offer an environment for celebration of our sobriety, as well as an opportunity to meet and share experience, strength, and hope with other AA members.

2022 HIGHLIGHTS

October 7 - 9, 2022
Hilton Garden Inn Kaua
Wailua Bay, Kapaa
above Lydgate Beach

For more information: HICYPAA2022@gmail.com



ANNUAL HAWAII CONVENTION 2022

"Our Primary Purpose"

Waikiki Beach Marriott Resort and Spa

October 28 - 30, 2022

For more information:

<https://www.annualhawaiiconvention.com/aloha>

Hawaii Area 17

2022 Election Assembly

Hosted by District 2 Honolulu

100% in person with NO virtual capability.

Saturday, November 19th: 9:00 AM - 5:00 PM

Sunday, November 20th: 9:00 AM - 4:30 PM

Breakfast - 8:00 AM - 9:00 AM

Ala Wai Golf Course Clubhouse

404 Kapahulu Ave, Honolulu, HI 96815

(Map and directions below.)



All Attendees are Required to Register Online.

All are Welcome to Attend.

Register at area17aa.org

Chair: Gina B at dcm2@area17aa.org Phone: 501-777-8087

Registration: registration@area17aa.org

Transportation: transportation@area17aa.org

*Homestay: homestay@area17aa.org

***Homestay Request Deadline Is November 9th.** After the deadline, a homestay will be on a first-come-first-serve basis, but there is no guarantee homestay will be provided.



Return with Registration Fee

2022 Election Assembly Registration Fee is \$25.00.

Don't forget to register online at area17aa.org.

Please send check or money order payable to:

AA Honolulu District

PO Box 38073, Honolulu, HI 96837



Full Name _____ Email _____

District / Service Position _____ Phone number _____



GSO requests for articles and stories

From the General Service Office of Alcoholics Anonymous trustees' Literature Committee

In response to the 2021 General Service Conference Advisory Action requesting the development of a Fifth edition of the book Alcoholics Anonymous, the trustees' Literature Committee is seeking a wide range of A.A. recovery experience of members in the Fellowship.

The trustees' Literature Committee is searching for recovery stories of our members for possible inclusion in the Fifth Edition which are from a broad cross-section of our local communities, all stories are of value. As Bill writes on page 29 of the book Alcoholics Anonymous: "Our hope is that many alcoholic men and women, desperately in need, will see these pages, and we believe that it is only by fully disclosing ourselves and our problems that they will be persuaded to say, 'Yes, I am one of them too; I must have this thing.'"

It is the Literature Committee's shared hope that any new stories from our current membership will help future alcoholics to identify and find recovery in the pages of a Fifth edition.

The suggested format for typed manuscripts is 3500 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of the submission. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not. Stories will be accepted in English, French or Spanish. If you have any questions, please write to 5BBStory@aa.org.

Instructions for submitting your manuscript:

Deadline: Please submit on or before October 31, 2022.

Online: aa.org/submit-bigbook-english-5th

Email: 5BBStory@aa.org

Subject Line: Fifth Edition of the Book Alcoholics Anonymous

Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163

On the envelope: The word "5th Edition BB" should be written on the envelope and at the top of the first page of the manuscript.

Thank you to all who are participating in this process!

STORY SOLICITATION FOR

A.A. MEMBERS WHO GOT SOBER LATER IN LIFE

DEADLINE FOR SUBMISSION: September 23, 2022

In response to a committee consideration from the Cooperation with the Professional Community-Treatment/Accessibilities Committee of the 72nd General Service Conference that the pamphlet “A.A. for the Older Alcoholic” include sharing from a broader and more diverse representation of A.A. experiences, the trustees’ committee on Treatment/Accessibilities has reopened a call for recovery stories to add to the pamphlet.

A.A. member experience being requested includes the following:

- Finding recovery at the age of 60 and over
- Mental health and diverse abilities
- Attending online meetings
- Diverse ethnicities, cultures and languages (including immigrant experiences)
- LGBTQ+ communities
- Diverse spiritual pathways

Please include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files. The anonymity of all submitters will be observed whether your story is selected for publication or not.

Instructions for submitting your story:

Deadline: Please submit on or before September 23, 2022.

Email: access@aa.org

Subject Line: A.A. for the Older Alcoholic.

Postal Mail: Attn: Access Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163.



Happening beyond Area 17

hosted by:
Area 69



IN PERSON !

WWW.2022AAPACIFICREGFORUM.COM



Sept. 16 - 18, 2022

**PACIFIC
REGIONAL
FORUM**

Mariott Downtown @ City Creek
75 W Temple St., Salt Lake City, Utah

RECOVERY ELEVATED

Registration link:

<https://na.eventscloud.com/ereg/index.php?eventid=694955&>

Save the Date!

PRAASA 2023



**Southern California Area 05
is hosting PRAASA 2023**

(Pacific Region A.A. Service Assembly)

March 3 – 5, 2023

in

Los Angeles, California!

Stay tuned to PRAASA.ORG for further information!