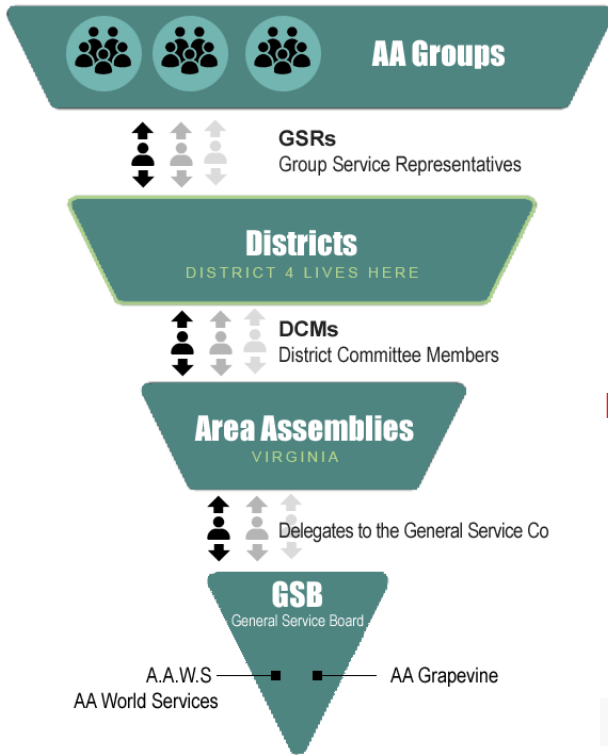


MYNAH BIRD

Hawai'i Area 17 Newsletter



Welcome Panel 73

2023-2024

Read online here:



THE ORIENTATION ISSUE

IN THIS ISSUE:

The A.A. Structure ...
Your new role and who's who?

Tips and tricks ...
to be successful this panel

Upcoming schedule ...
Add it to your calendar now

What is PRASSA ...
And why you should plan to attend

**What the
AREA WEBSITE ...**
Can do for you

**What the Mynah Bird
needs from YOU!**

Area 17 is part of the whole of A.A.!

Our area is composed of all group service representatives, district committee members, area officers, and chairs of area service committees, aka "Standing Committees".

We are here, and you have been chosen, to help carry the message to and from your home group.

Who is the area committee?

Each of these positions serve on a 'panel' or a two-year term:

GSR/Group Service Representatives
(as elected by the group conscious)

DCM/District Committee Member
(as elected by the district)

Area Officers
(as elected by the area committee members)

Standing Committee Members / SCC
Chair: Members are assigned by the Area Registrar during each panel.
(The SCC is selected by the Area Officers)

What is the GSR?

The General Service Representative has the job of linking his or her group with A.A. as a whole. The G.S.R. represents the voice of the group conscience, reporting the group's thoughts to the district committee member and to the delegate who passes them on to the Conference.

This communication is a two-way street, making the G.S.R. **responsible for bringing back to the group information that affect SA.A. unity, health, and growth.**

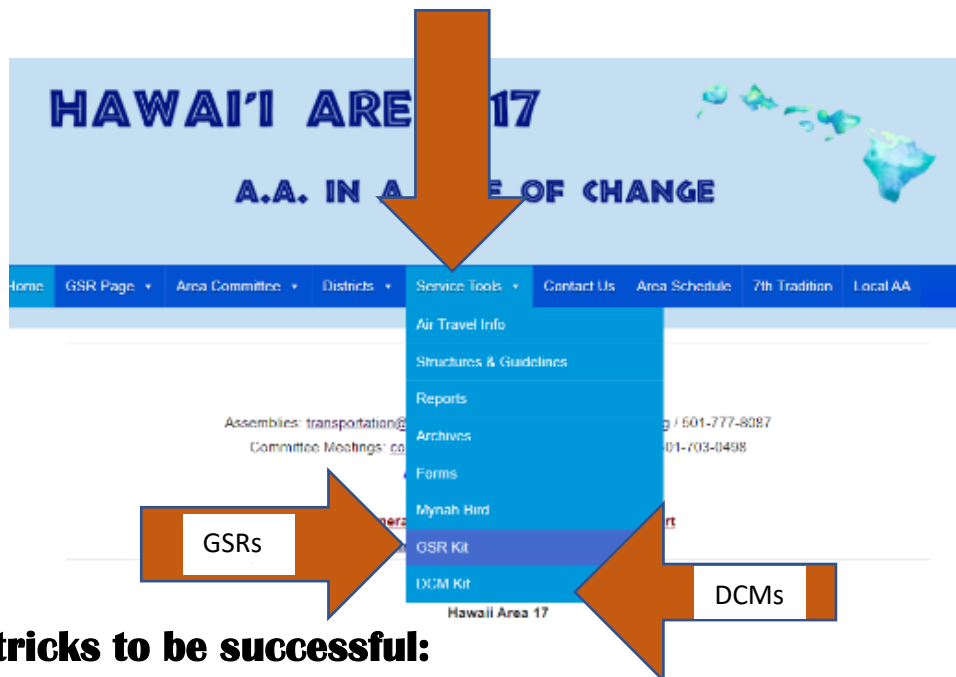
What is the DCM?

The District Committee Member (DCM) is the vital link between the group's GSR and the Area service structure.

A DCM is an A.A. member who usually has served as a GSR and whom the other GSRs wish to make responsible for their district activities.

Works with DCMs in other districts exchanging ideas on how to improve communication between DCMs and GSRs and to inspire GSRs on how to effectively pass information on to their groups.

It is MOST important that all area 17 emails are checked and distributed to your GSR team ASAP!



Tips and tricks to be successful:

- READ! Check out all documents on the area website (**Visual above**) ... A LOT of reading to make you successful
- Plan to attend your monthly district meetings and quarterly area committee meetings.
- Don't miss a meeting... prepare ahead for your portion of the meeting!
- You may be getting a NEW AREA EMAIL for your position ... **Check often!** ... and read you emails!
- Don't wait to take necessary actions (**DCMs be sure to forward to your GSRs for example!**)
- Be prepared to carry the message to/ from your group and to/ from the district and to/from the area committee back to your home groups!
- Ask questions! **Everyone** wants you to be successful and love your new role of service.

Pin these dates!



What is PRAASA? The Pacific Region Alcoholics Anonymous Service Assembly

PRAASA's PURPOSE

The purpose of PRAASA is to develop greater unity among the members, groups, and Areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of A.A. The Assembly and the PRAASA committee should always foster the Recovery, Unity and Service legacies of A.A.

WHO ATTENDS?

Anyone can attend! Those who are involved in general service at the district or Area levels are generally the most interested in the topics that are discussed at PRAASA, but it's also a great way to get inspired into doing general service, so all A.A. members are welcome and encouraged to attend.

Assemblies

Who attends:

GSRs, DCMs, Area Standing Committee Chairs, Area Officers & Intergroup Chairs

Orientation Assembly

January 21st & 22nd 2023

District 8 West Hawaii

Bring a note pad and pen to take notes!

Inform The Delegate

Assembly

April 1st & 2nd 2023

District 3 Leeward, Oahu

Committee Meetings

Who attends:

DCMs, Area Standing Committee Chairs, Area Officers & Intergroup Chairs

February Committee

Meeting

Feb 25th 2023

Puna, Big Island

District 12

Fellowship Events

PRAASA

56th Pacific Region Alcoholics Anonymous Service Assembly

March 3-5 LAX Marriott

<https://praasa.org/>

Hawaii State Convention

<https://annualhawaiiconventio.com>

..... 2023 Dates are TBD

What the AREA WEBSITE Can do for you – a tab-by-tab breakdown:

Home page: The quick links to upcoming events, request for home stay, transportation, the agenda, REGISTRATION, previous minutes so you can read before you go, etc.

GSR: GSR overview and materials

AREA COMMITTEE: Where you will find REPORTS, Names of our officers (“who’s who”), the AREA STANDING COMMITTEE PAGES (including Mynah Bird!), DCMs/DCM Kit list, Archives, and a shout out to our past Delegates. *Special note/tip: The SCC pages have EXCELLENT background to review as you start your committee meetings!*

DISTRICTS: A map of the state of Hawaii, area overview and visual map of the districts, tab for each district and their individual information

SERVICE TOOLS: Area 17’s Structures and Guidelines, this panel’s reports, FORMS, Archives, Mynah Bird, GSR KIT and DCM Kit

Contact us: Links / distribution lists to each of the officers, committee chairs, groups by type and DCMs

AREA SCHEDULE: full list of what is currently scheduled.

7th TRADITION: how/where to send contributions to Area 17 / the Hawaii Area Committee

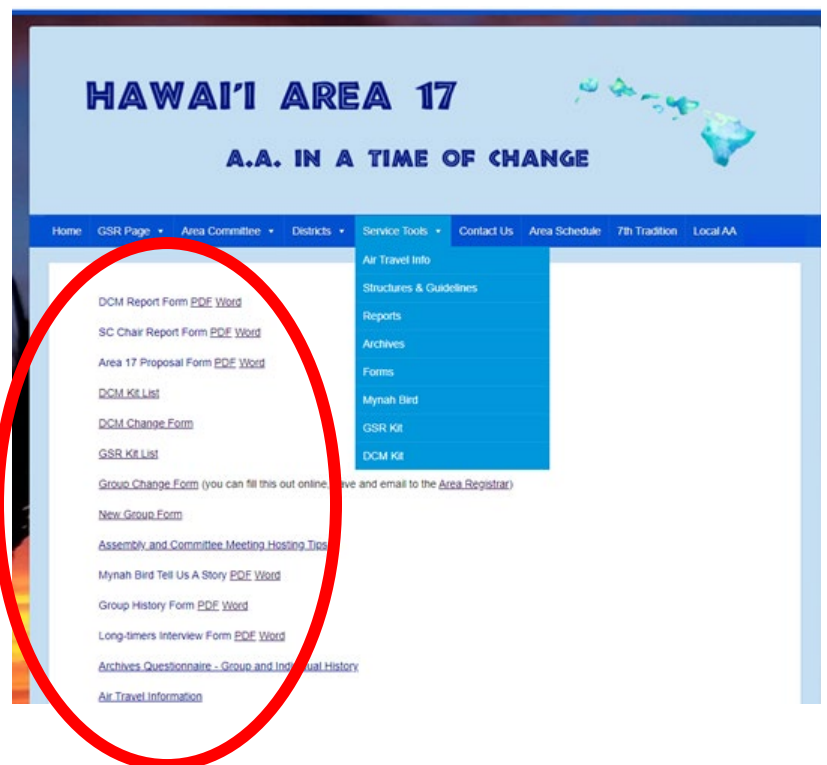
Local A.A.: links to intergroup websites on each island

What are YOU looking for?

- Form to submit your report for the next assembly?
- Form for SCC report?
- Form to change DMC on Record?
- Form to add / change a group in your district?
- Link to tell Mynah Bird a story?
- Help Archives tell the group story?
- Air travel information?'

ALL of the above... and more ... can be found at Service Tools tab on the Area website – see visual:

<https://area17aa.org/service-materials>



What the Mynah Bird needs from YOU!

- READ our Mynah Bird... answers can be found here.
- TELL A FRIEND about our Mynah Bird, distribute copies, keep it on your District agenda
- Send out the QR code for each issue to your home groups.
- HELP us with topics, stories, what was heard in a meeting and give us ideas for future issues!
- Send written submissions to our email:

MYNAHBIRD@AREA17AA.ORG

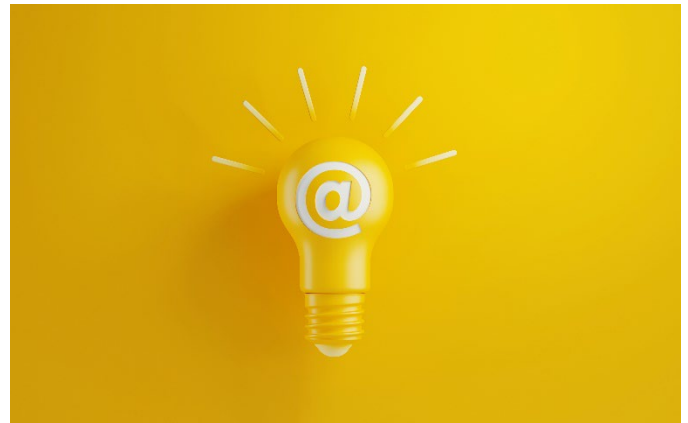


Share your Experience, Strength & Hope with the Mynah Bird

Topics (**below**) to inspire your mind

We have a form to make it easy!

<https://area17aa.org/panel63/wp-content/uploads/2021/01/Mynah-Bird-flyer.pdf>



- When the lights came on
- Pick a step!
- How service has enriched your life
- Giving freely of what you've found
- Spiritual maintenance, how you continue to grow spiritually
- Your favorite line, page, or chapter in the Big Book, 12 & 12 and why
- Favorite saying in A.A.
- Your first A.A. meeting ever
- How can we better carry the message
- Minority Opinion ... your point?
- A.A. in the time of Internet ... share your online / "zoom" growth stories
- Ask some of your attendees who attend your online meetings to submit a story of how Hawaii A.A. has touched their sobriety.
- Why the traditions are so important in today's world
- BEST A.A. approved literature that you rely on
- Which chapter of the BB helped you the most?
- Sponsorship story ... who is helping whom?